Synchronized Skating Team Definitions

Requirements for each level of Synchronized Team Skating

Rules for each synchronized team level as per the U.S. Figure Skating Rulebook, Rules 9400-9530. All ages are as of the preceding July 1 competitive season. All team requirements must be met by the close of entries.

For complete rules, please see the current U.S. Figure Skating Rulebook.

The moves in the field levels listed below are for the 2020-2021 season ONLY.

For more information, please refer to Technical Notification 250.

Snowplow Sam Synchro: A team of 5-12 skaters. No skaters may have passed higher than a preliminary test.

Synchro Skills 1,2, or 3: A team of 8-16 skaters. No skaters may have passed higher than a preliminary test.

Preliminary: A team of 8-16 skaters. All skaters must be under 12.

Pre-juvenile: A team of 8-16 skaters. The majority of the team must be under 13.

Open juvenile: A team of 8-16 skaters. All skaters must be under the age of 20.

Juvenile: A team of 12-20 skaters. Skaters must be under 13 and have passed the preliminary moves in the field test.

Intermediate: A team of 12-20 skaters. Skaters must be under 18 and have passed the pre-juvenile moves in the field test.

Novice: A team of 12-20 skaters. Skaters must be under 16, with the exception of four skaters who may be 16 or 17. All skaters must have passed the juvenile moves in the field test.

Junior: A team of 12-16 skaters. Skaters must be at least 13 years old and under 19. All skaters must have passed intermediate moves in the field test.

Senior: A team of 16 skaters. Skaters must be at least 15 years old and have passed the novice moves in the field test.

Collegiate: A team of 12-20 skaters. Skaters must be enrolled in a college or degree program as full-time students and have passed the pre-juvenile moves in the field test.

Open Collegiate: A team of 8-16 skaters. Skaters must be enrolled in a college or degree program as full-time students.

Adult: A team of 12-20 skaters. All skaters must be 21 years or older, with the exception that up to four skaters may be 18, 19, or 20. All skaters must have passed at least one of the following tests: pre-preliminary moves in the field, adult pre-bronze moves in the field, preliminary figure or preliminary dance.

Open Adult: A team of 8-16 skaters. All skaters must be 18 years or older.

Masters: A team of 12-20 skaters. All skaters must be 25 years or older, with the majority of the team 30 years or older.

Open Masters: A team of 8-16 skaters. All skaters must be 25 years or older, with the majority of the team 30 years or older.

We create and cultivate opportunities for participation and achievement in figure skating.