

I passed my Learn to Skate USA class!!!

What's next?

How can I keep skating?





Now that you've learned the basics, it's time to decide which areas of skating you want to try!



Learn to Skate USA, powered by Toyota, offers plenty of specialized classes, from hockey to speed skating, figure skating and synchronized skating – even Theatre On Ice! ***Try one or try them all.***

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Once you've mastered the basics in Learn to Skate USA, the Aspire Program is your next step!

The Aspire Program will guide you from Learn to Skate USA classes to learning more about U.S. Figure Skating. Aspire offers a fun training program in a group setting like you're used to, including both on- and off-ice training.

Check with your skating director for information about Aspire and your local figure skating club. From there, you can start taking U.S. Figure Skating skills tests and competing in U.S. Figure Skating sanctioned events. ***Who knows, you might even make the Olympic figure skating team some day!***



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I changed
my mind.
I want
to play
hockey!

Am I
ready
to join a
team?

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Start with the Learn to Skate USA hockey curriculum, then move to Intro to Hockey, Learn to Play or a similar program offered by your local USA hockey-sponsored association or facility. These classes will teach you the basic skills of stickhandling, shooting and passing the puck.

Ask your skating director about hockey programs at your rink, or check out one of USA Hockey's Try Hockey for Free days – they host them across the country twice a year!

Soon you'll be skating your way to teamwork, slapshots and maybe even the Stanley Cup.

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Whoa, slow down!
You can learn the basics
in the Learn to Skate
USA speed skating
curriculum.



USA SPEEDSKATING

Once you've learned the basics of speed skating in Learn to Skate USA, ask your skating director for information about local speed skating programs. Most speed skating clubs hold weekly practice sessions with a certified speed skating coach and will play host to fun social events, camps and races.

Once you start racing, you'll work toward competing at the national level in junior and senior races. Until then, each race has events for every age and skill level.

***Try short track, try long track
– just try to cross the finish line first!***

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