

Hosting an Icemen Event Information Sheet

The majority of Icemen events are held in conjunction with a non-qualifying competition but there have been stand-alone events.

Grant

U.S. Figure Skating will supply a grant of up to \$500 (receipts required).

Sample Schedule

On Ice

20-40 minutes of stroking, edges, and general warm-up exercises

20-30 minutes of spins

20-40 minutes of jumps

Remaining ice time

- open freestyle and/or
- relay races, limbo, and other on ice games

Off Ice

1-2 hour social event for male skaters and their parent(s)/guardian(s) in one of the facility's meeting rooms.

General Notes

The vast majority of Icemen events are held in conjunction with a non-qualifying competition so the ice time cost is already part of the competition.

Recruit local male coaches and/or local elite male skaters to help with the teaching of the on ice portion. Generally, the coaches donate their time.

U.S. Figure Skating can supply Icemen branded swag (gloves, skate towels, etc.) as participant gifts.

U.S. Figure Skating can ask one of the Icemen Ambassadors (<https://www.usfigureskating.org/skate/skating-opportunities/icemen>) to create a short welcome video.

It may be possible to schedule one of the Icemen Ambassadors to attend but it will be challenging given their schedules.

Additional Ways to Support Icemen

- Offer an Icemen freestyle session once a week or as often as possible.
- At your local competition, ask the Chief Referee to schedule all the boys' and mens' events together.
- Offer an Icemen group number in the rink or club's ice show.

Contact Information

For more information on how to develop Icemen programming at your rink or club, please contact Susi Wehrli McLaughlin (Senior Director, Membership) at swehrli@usfigureskating.org.

To learn more about the Icemen program, go to www.usfigureskating.org and click on Skate and Skating Opportunities.

See next page for Skating Magazine article about a successful Icemen event in Minnesota in 2022.

SUCCESSFUL ICEMEN EVENT HELD IN MINNESOTA

Seventeen athletes from 11 clubs across Minnesota participated in the Twin City Figure Skating Association (TCFSA)-sponsored Icemen event on March 13 at the Breck School Anderson Ice Arena in Minneapolis.

Open to male skaters of all levels, the event offered attendees the opportunity to work on their skating skills with guest coach Kelly Corcoran Smith, while building friendships at the same time.

"Kelly was so encouraging," skater Aiden Kim, said.

The athletes spent two hours on the ice working on their stroking, edges, turns, spins and jumps. They had some free time at the end of the session to have fun and bond.

"The skaters felt instant connections being with other male skaters," parent Dahan Kim, said. "It was so much fun and helpful in developing their skills."

Organizer Lisa Anne Venne, first vice president of the TCFSA and interclub in the state of Minnesota, said the event provided not only great instruction but inspiration.

"You never know who you are going to inspire," Venne said. "Anyone of them could



PHOTO BY WALLY GELECNISKY

become a national champion."

Following the on-ice session, attendees enjoyed a social event in one of the facility's meeting rooms.

TCFSA hopes to host other Icemen events in the fall of 2022, she said.

For other clubs looking to get involved in the Icemen program, there are a variety of ways to participate. Like TCFSA, clubs can host an Icemen event for skaters in the surrounding area, or include a boys group performance in a local ice show. Other ways to support Icemen include offering a

guys-only freestyle session once a week, or, at your local competition, work with the chief referee to schedule all the boys and men's events back to back. If possible, have an all-male judging panel for those events.

For more information on how to develop Icemen programming at your rink or club, contact Karissa Woienski, U.S. Figure Skating Program Manager, at kwoiensi@usfigureskating.org.

To learn more about the Icemen program, go to usfigureskating.org and click on Skate and Skating Opportunities.

PRODUCT SPOTLIGHT

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The Skating Sisters

The Livingston sisters, Everly, age 11; and Alydia, age 8, love figure skating. They have several accomplishments on Pic in-line skates. They were junior inline figure skating champions in 2021, USA Roller Sports National Virtual Invitational VI Open champions, World Inline Figure Skating Association World Open silver medalists and Urban Pic skate junior champions in 2021. They are coached on Pic skates by Natalie Motley in Charlottesville, Virginia, and on ice by Inna Volyanskaya from Ashburn Ice in Ashburn, Virginia. Ice honors for Everly include moves in the field gold and Virginia State Games juvenile silver; Alydia medaled in moves in the field.

They have a deep passion for traveling and hope to represent Team USA internationally in both U.S. Figure Skating and USA Roller

Sports at the senior level. You can follow their journey on Instagram and Facebook.

"We feel fortunate to have so many additional opportunities to skate and enjoy the great friends and experiences that come with Pic Frame inline skating," the girls' father, Peter, said. "We have tried other brands, but none are as light or promote good freestyle skating the way Pic Frame skates do. Having our Pic Skates™ has been such a blessing in terms of not missing practice when ice rinks were closed. Pic skates™ have become an integral part of our training. We love skating at all the outdoor ice rinks in the winter and our Pic skates™ allow us to have equally amazing skating experiences outdoors in the summer."

