<table>
<thead>
<tr>
<th>Existing Users (Individuals who have a U.S. Figure Skating member or nonmember account)</th>
<th>New Users (Individuals who do not have a U.S. Figure Skating member or nonmember account)</th>
</tr>
</thead>
</table>
| 1. Log into [https://www.usfsaonline.org/](https://www.usfsaonline.org/).  
2. Click “Login” in the upper right corner.  
3. Enter your username and password, then click “Login.”  
4. Click the red “Compliance is NOT COMPLETE!” bar. If you do not have a red bar, click the person icon next to Welcome [Name]!  
5. Click the red “Begin” button next to SafeSport™ Training.  
2. Click “Login” in the upper right corner.  
3. Enter your username and password, then click “Login.”  
4. Click [here](https://www.usfsaonline.org/) for instructions to register for a U.S. Figure Skating account.  
5. Accept the SafeSport Terms and Conditions. |
7. When directed to the training, click next to advance through the training. Upon completion, your U.S Figure Skating member account should update automatically within 3 hours. If it doesn’t, please email skatesafe@usfigureskating.org.