TRIAL JUDGING FORM
SOLO FREE DANCE
ADULT BRONZE 50+ (50BZSFD)

US FIGURE SKATING

Candidate's Name _____ Member # _____

Host Club _____ Date _____

Expression must be at least equivalent to that of a standard candidate at one test level below (rule 8384). Strong development of extension, carriage, flow/speed and depth of edge will not be demanded; however, basic balance, form and skating sills must be adequate to achieve comfortable performance of the steps and elements. The purpose of this test is to encourage beginning dancers to learn the fundamentals of free dance. General requirements outlined for the preliminary pattern dance test apply equally to the adult bronze solo free dance test. The program presented must conform to the rules for solo free dance. The program should display fairly good edges and some evidence of good form. An adult bronze solo free dance must include the following required elements, as specified in rule 8392 (A).

REQUIRED ELEMENTS		EXECUTED	COMMENTS				
EDGE ELEMENT	**One short edge element** not to exceed seven seconds						
SPIN	**One solo dance spin*** solo dance combination spin not permitted						
STEP	**One step sequence**** from the following list: circular, midline or diagonal						
TWIZZLES	**One twizzle** (not a series) minimum one revolution			**MARK (-3 to +3)** J#1, J#2 or J#3 overwrite TJ results in ink			

Duration: 1:40 +/- 10 seconds
- For up to every +10 sec in excess: penalty of one point (-1) deduction (8385)

*8373(C) A solo dance spin is on one foot only. It must have a minimum of three revolutions and may include any number of changes of position. This element should relate to the music and enhance the overall program. No flying entries are permitted on any dance spin.

**The step sequence must fully utilize the ice surface. It should include a variety of steps and turns and must include three-turns and mohawks. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern regressions and loops must not be included.

- Extra elements may be added without penalty. Two different elements may be reskated, if necessary.

	TJ	J#1	J#2	J#3
Elements				
Skating				
Program				
DED				

Circle Test Result	**Retry** **-9 to -1**	**Pass** **0 to +3**	**Honors** **+4 to +6**	**Distinction** **+7 to +9**	**Total**			

TJ: Trial Judge's Name _____ Mbr# _____ Current Test Appt _____

J#1: Judge #1 Name _____ J#2: Judge #2 Name _____

J#3: Judge #3 Name _____

J#1, J#2 or J#3 Signature _____   *Rev. 10/1/2023*