

EVENT: Adult Jumps Challenge

General event parameters:

1. Each jump may be attempted twice; the best attempt will be counted.
2. Adult silver and lower will be skated ½ ice; adult gold – masters junior/senior will be skated on full ice

Level	Time	Elements
Adult Beginner	1:15 max	<ol style="list-style-type: none"> 1. Mazurka or ballet jump 2. Waltz jump
Adult Pre-Bronze	1:15 max	<ol style="list-style-type: none"> 1. Toe loop jump 2. ½ flip, ½ Lutz or ½ loop
Adult Bronze	1:15 max	<ol style="list-style-type: none"> 1. Single Salchow 2. Single toe loop 3. Any single jump + single toe loop combination (No Axels allowed)
Adult Silver	1:15 max	<ol style="list-style-type: none"> 1. Single flip 2. Single loop 3. Single/single combination (Axel is permitted)
Adult Gold	1:15 max	<ol style="list-style-type: none"> 1. Single Axel or waltz jump 2. Single Lutz 3. Jump combination that may include any single jump, double toe loop, or double Salchow. May include only one double jump.
Masters Intermediate/Novice	1:30 max	<ol style="list-style-type: none"> 1. Single Axel or waltz jump 2. Salchow (single or double), toe loop (single or double) or loop (single or double) 3. Jump combination that may include any single jump, double toe loop, double Salchow, or double loop
Masters Junior/Senior	1:30 max	<ol style="list-style-type: none"> 1. Loop jump (single or double) or flip jump (single or double) 2. Lutz (single or double) 3. Jump combination that may include any single or double jump