U.S. Figure Skating is excited to announce the first national training and education program to bring together competitive athletes, coaches, officials, and parents for a multi-day event focusing on skill development, performance development, character development, and pursuing excellence in the sport!

NATIONAL COACHES COLLEGE
Coaches from all disciplines are welcome to attend a three-day National Coaches College featuring classroom sessions, on-ice sessions for coaches only, and observation of athlete sessions from some of the top faculty in the U.S. and the world.

Access to Excellence will also include the U.S. Figure Skating National Technical Panel Training and Testing, held in parallel and in conjunction with the National Coaches College, providing an opportunity for coaches and officials to network and learn together. National Coaches College attendees can stay to observe the Athlete Acceleration Training Camp on Saturday, May 18th at no additional cost.

THE “FIGURE 8s” for COACHES – CORE FOCUS AREAS of ON and OFF-ICE SESSIONS

EDGE-u-cation
On and off-ice sessions addressing body alignment, core coordination and skating skill development

Jump Zone & Spin Space
Sessions that include technique tips for a solid foundation in teaching jumps and spins

IJS Application For All Disciplines
Sessions with technical specialists on understanding technical rules and applying that knowledge to teaching skills

Component Campus
Sessions on how judges apply program components as well as practical

NATIONAL COACHES COLLEGE SCHEDULE

WEDNESDAY, MAY 15
Classroom Sessions
Keynote Speaker
Coach + Officials Sessions
Skating Director Track
Welcome Reception

THURSDAY, MAY 16
Classroom sessions
Collaborative Coaching Sessions
On-ice Sessions (Coach only)
On-ice observation of Tech. Panel Training

FRIDAY, MAY 17
Classroom sessions
Guided Observations of Athlete Acceleration Camp Athlete Sessions

SATURDAY, MAY 18
Optional Observations of Athlete Acceleration Camp Athlete Sessions

MAY 15–18, 2024
COLORADO SPRINGS, COLORADO
DOUBLETREE WORLD ARENA & BROADMOOR ICE HALL
application in teaching athletes to maximize their component marks

**Equipment Boot Camp**
Sessions to assist coach understanding the impact of boot and blade care, maintenance, and selection on performance.

**Character Development**
Best practices and principles for coaches; strategies for incorporating character qualities in coaching.

**On Solid Ground**
Sessions focusing on sports science, strength and conditioning, and mental training.

**Strategy & Professional Development**
Collaborative working sessions, including SkateSafe, DEI, and USOPC programming.

**FACULTY**
Featured faculty include two-time Olympian and reigning U.S. men’s silver medalist, Jason Brown; Ikaika Young, Gracie Gold, Jeff DiGregorio, Peter Johannson, Yuka Sato, Darlene Cain, Debbie Stoery, Ashley Cain, Polina Edmunds, Kristin Fraser and Saga Krantz, among many more!

Performance and Dance experts include Dancing with the Stars professional, and EMMY nominated Choreographer, Dmitry Chaplin, and Top 5 Dancer on the FOX Hit TV Show, “So You Think You Can Dance,” Randi Strong.

This is in addition to a great line-up of officials, including Emilie Billow, ISU official and member of the ISU Singles & Pairs Technical Committee, ISU judge Jenny Mast, ISU judge and technical controller Robert Rosenbluth, and Lauren O’Toole, Athlete Services Group Coordinator and Elliot Schwartz, Performance Innovation Lead at the USOPC and U.S. Figure Skating official. Other programming includes equipment experts, SkateSafe and DEI faculty, and finally, sports science.

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**REGISTRATION INFORMATION**

**REGISTRATION FEE: $475**
Three full days for educational sessions: Classroom, collaboration, on-ice, and athlete observation
Welcome reception with officials and faculty
Coaches may stay to observe the Athlete Acceleration Training Camp on Saturday, May 18th at no cost
PSA will provide 24 credits for coaches looking to bring their ratings active before July 1, 2024

**TO REGISTER: CLICK HERE**

**HOTEL INFORMATION**
DoubleTree By Hilton – Colorado Springs
Access to Excellence Group Rate & Booking Link – CLICK HERE