

Step & Choreo Sequences – This chart reflects the rules in place for the 2023-24 season, which begins July 1, 2023



General Event Parameters:

1. Levels are based on the skaters' highest Excel, Well-Balanced or Skate United skating skills test passed.
2. Skaters may skate up one level.
3. Music of skater's choice, including vocal music, not to exceed the maximum (less time is fine).
4. Skaters perform one step sequence and one choreographic sequences; any shape or pattern is permitted; skaters must make it clear when their first sequence ends, and their second sequence begins.
5. Step sequences must meet the requirements listed for higher than level base if using IJS.
6. Skaters are encouraged to focus on edge quality, clarity of turns, multi-directional, one-foot skating as well as creativity, musicality and individuality.
7. Time Violations:
 - a. IJS – for up to every 5 seconds in excess: excel beginner, excel high beginner and no test through intermediate = -0.5; novice through senior = -1.0
 - b. 6.0 – for up to every 10 seconds in excess: all levels = 0.1

LEVEL	HIGHEST SKATING SKILLS TEST	REQUIRED ELEMENTS
Pre-Preliminary 1:00 max.	Pre-Preliminary	<ol style="list-style-type: none"> Step Sequence (<i>use code: ChSt – confirmed or not confirmed</i>) – At least 3 clean turns, steps and edges (three-turns: forward, backward, outside, inside, different feet count as different; and mohawks) Choreographic Sequence (ChSt – confirmed or not confirmed then pChSq – confirmed or not confirmed as of Dec. 1, 2023) – At least 2 different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the 2 or more different movements together.
Preliminary 1:00 max.	Standard or Skate United Preliminary	<ol style="list-style-type: none"> Step Sequence (<i>use code: ChSt – confirmed or not confirmed</i>) – At least 3 clean turns, steps and edges (three-turns: forward, backward, outside, inside, different feet count as different; and mohawks) Choreographic Sequence (ChSt – confirmed or not confirmed then pChSq – confirmed or not confirmed as of Dec. 1, 2023) – At least 2 different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the 2 or more different movements together.
Pre-Juvenile 1:00 max.	Standard or Skate United Pre-Bronze	<ol style="list-style-type: none"> Step Sequence (<i>use code: ChSt – confirmed or not confirmed</i>) – Minimum at least 4 different clean turns, steps and edges (three-turns: forward, backward, outside, inside, different feet count as different; mohawks, brackets, twizzles, choctaws) Choreographic Sequence (ChSt – confirmed or not confirmed then pChSq – confirmed or not confirmed as of Dec. 1, 2023) – At least 2 different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the 2 or more different movements together.
Juvenile and Open Juvenile 1:30 max.	Standard or Skate United Bronze	<ol style="list-style-type: none"> Step Sequence (<i>use code: ChSt – confirmed or not confirmed then StSq – Max Level 1 as of Dec. 1, 2023</i>) – <ul style="list-style-type: none"> Minimum variety for level 1: <ul style="list-style-type: none"> at least 5 different difficult turns and steps (brackets, twizzles, counters, rockers, loops, choctaws). Choreographic Sequence (ChSt – confirmed or not confirmed then pChSq – confirmed or not confirmed as of Dec. 1, 2023) – At least 2 different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the 2 or more different movements together.
Intermediate 1:30 max. IJS max Level 2	Standard or Skate United Pre-Silver	<ol style="list-style-type: none"> Step Sequence (StSq Max Level 2) – <ul style="list-style-type: none"> Minimum variety for level 1: <ul style="list-style-type: none"> At least 5 different difficult turns and steps (brackets, twizzles, counters, rockers, loops, choctaws). Simple variety for level 2: <ul style="list-style-type: none"> At least 7 different difficult turns and steps (three turns, mohawks) and rotations in either direction (left and right) with full body rotation covering at least 1/3 of the pattern in total for each rotational direction. Choreographic Sequence (ChSq – confirmed or not confirmed) – At least 2 different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the 2 or more different movements together.

LEVEL	HIGHEST SKATING SKILLS TEST	REQUIRED ELEMENTS
Novice 2:00 max.	<u>Standard or Skate United Silver</u>	<ol style="list-style-type: none"> 1. <u>Step Sequence (StSq Max Level 4)</u> – see Step Sequence requirements in ISU Communication #2558 2. <u>Choreographic Sequence (ChSq – confirmed or not confirmed)</u> – at least 2 different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the 2 or more different movements together.
Junior 2:00 max.	<u>Standard or Skate United Pre-Gold</u>	<ol style="list-style-type: none"> 1. <u>Step Sequence (StSq Max Level 4)</u> – see Step Sequence requirements in ISU Communication #2558 2. <u>Choreographic Sequence (ChSq – confirmed or not confirmed)</u> – at least 2 different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the 2 or more different movements together.
Senior 2:00 max.	<u>Standard or Skate United Gold</u>	<ol style="list-style-type: none"> 1. <u>Step Sequence (StSq Max Level 4)</u> – see Step Sequence requirements in ISU Communication #2558 2. <u>Choreographic Sequence (ChSq – confirmed or not confirmed)</u> – at least 2 different movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Steps and turns may be used to link the 2 or more different movements together.