

2023-24 Adult Spins Challenge – This chart reflects the rules in place for the 2023-24 season, which begins July 1, 2023



General event parameters:

1. All events are skated on half ice.
2. Spins may be skated in any order. Connecting steps are allowed but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
3. All spins may fly unless otherwise noted.
4. Minimum number of revolutions are noted.
5. Spins are called in a program-like fashion, therefore, spin variations may not be repeated, unless allowable by the calling specifications for that level.
6. Features will be awarded in accordance with ISU communications; for exceptions, see Domestic Singles Calling Clarifications for No Test - Intermediate.
7. Calling Procedures will follow the 2023-24 Adult Calling Clarifications.
8. Time Violations - for up to every 5 seconds in excess = -0.5.

LEVEL	SPIN 1	SPIN 2	SPIN 3	LEVELS	NOTES
Adult Beginner 1:30 max.	Pivot Forward or Backward Inside or Outside FPv or BPv	Upright Two-Foot Spin 2FtUSp Minimum 2 revs	n/a	Max Level 1	Spins may not have a flying entry
Adult Pre-Bronze 1:30 max.	Upright One-Foot Spin Without change of foot USp Minimum 3 revs	Upright Two-Foot Spin 2FtUSp Minimum 3 revs	n/a	Max Level 1	Spins may not have a flying entry
Adult Bronze 1:30 max.	Upright One-Foot Spin Without change of foot USp Minimum 3 revs	Solo Spin Without change of foot SSp, CSp or LSp Minimum 3 revs Must be different from the Upright Spin	n/a	Max Level 1	Spins may not have a flying entry
Adult Silver 1:30 max.	Solo Spin Without change of foot USp, LSp, SSp or CSp Minimum 3 revs	Second Solo Spin <u>Must be different basic position from the first</u> With or without change of foot USp, LSp, SSp, CSp, CUSp, CLSp, CSSp, CCSp Minimum 3 revs per foot	Combination Spin With at least one change of position Without change of foot CoSp Minimum 2 revs in each position	Max Level 2	

LEVEL	SPIN 1	SPIN 2	SPIN 3	LEVELS	NOTES
Adult Gold 1:30 max.	Solo Spin Without change of foot USp, LSp, SSp or CSp Minimum 4 revs	Second Solo Spin <u>Must be different basic position from the first</u> With or without change of foot USp, LSp, SSp, CSp, CUSp, CLSp, CSSp, CCSp Minimum 4 revs per foot	Combination Spin With at least one change of position With change of foot CCoSp Minimum 2 revs in each position and 4 revs per foot	Max Level 3	
Masters Intermediate-Novice 1:30 max.	Solo Spin With or without change of foot USp, LSp, SSp, CSp, CUSp, CLSp, CSSp, CCSp Minimum 5 revs if one foot, 4 revs per foot if change of foot	Second Solo Spin <u>Must be different basic position from the first</u> With or without change of foot USp, LSp, SSp, CSp, CUSp, CLSp, CSSp, CCSp Minimum 5 revs if one foot, 4 revs per foot if change of foot	Combination Spin With at least one change of position With change of foot CCoSp Minimum 2 revs in each position, Minimum 4 revs per foot	Max Level 4	
Masters Junior-Senior 1:30 max.	Solo Spin With or without change of foot USp, LSp, SSp, CSp, CUSp, CLSp, CSSp, CCSp Minimum 5 revs if one foot, 4 revs per foot if change of foot	Second Solo Spin <u>Must be different basic position from the first</u> With or without change of foot USp, LSp, SSp, CSp, CUSp, CLSp, CSSp, CCSp Minimum 5 revs if one foot, 4 revs per foot if change of foot	Combination Spin With at least one change of position With change of foot CCoSp Minimum 2 revs in each position, Minimum 4 revs per foot	Max Level 4	