



FOUR CONTINENTS SELECTION PROCEDURES

The Four Continents Team is defined as those athletes selected to represent the United States in the ISU Four Continents Championships.

1. SELECTION SYSTEM

- 1.1. Provide the minimum eligibility requirements for an athlete to be considered for nomination to the Four Continents Team:
 - 1.1.1. Age:
All athletes selected for the Four Continents Team must be ISU senior age eligible
 - 1.1.2. Membership:
Athletes must be current members in good standing of U.S. Figure Skating at the time of their selection.
 - 1.1.3. ISU Minimum Technical Score:
Athletes/teams must reach a minimum technical score in both segments (SP/RD, FS/FD) in an ISU recognized international competition during the ongoing competition season or immediately preceding season. The minimum technical scores can be reached in either the same or two different international competitions. The minimum technical score must be reached before the Four Continents entry deadline.
- 1.2. Provide a comprehensive, step-by-step description of the method that explains how athletes will go through the selection process to become Four Continents Team members.

The Four Continents Championships has open entries, and each ISU Member is entitled to enter up to a maximum of three (3) entries for each event.

The International Committee Discipline Subcommittees will formally meet as soon as practical, after the conclusion of the competition at the U.S. Figure Skating Championships for each respective discipline (women, men, ice dance, pairs) or at the conclusion of all of the Championships disciplines to determine the respective nominees and selections to the Four Continents Team and substitute athletes in ranked order. A quorum of the International Committee Discipline Subcommittee must vote in order for the selected members for the Four Continents Team to be official. A quorum is defined as a 2/3 majority of the IC Discipline Subcommittee present either in person or via ZOOM and/or telephone conference call. A 2/3 majority vote of the IC Discipline Subcommittees (present or via conference call) is needed to determine the selections and substitute athletes.

Any member of the International Committee that has a conflict of interest (including, but not limited to, an athlete, coach or a family member of an athlete being considered for a nomination to the Four Continents Team) must declare a conflict of interest, recuse themselves and not influence others regarding the discussions, meetings and voting concerning their specific discipline. In addition, and for clarification, any member of the International Committee that is a judge, technical official or referee of the current U.S. Figure Skating Championships and/or a member of the skating club of an athlete being considered must disclose this information, but they will remain eligible to participate in the selection process.

A. The athlete/team will submit a declaration form to U.S. Figure Skating Headquarters at least two weeks prior to the start of the U.S. Figure Skating Championships with their intent to compete at the Four Continents Championships. If the plan to compete at the Four Continents Championships changes after submitting the form, the athlete/team or their primary coach must notify the International Committee Chair and the Senior Director, Athlete High Performance (in writing) prior to the start of the International Committee selections meetings for the athlete/team's discipline.

B. The Four Continents Team members will be determined as follows:

To create a pool of athletes to be considered for selection to the Four Continents Team, the International Committee will take into consideration the performances (which can include performance data, placement, competitive depth of field, and element markers) at the events listed below in priority order:

- 2023 U.S. Figure Skating Championships
- 2022 ISU Grand Prix Final
- 2022 ISU World Figure Skating Championships
- 2022 Grand Prix Series
- 2022 Challenger Series

- 2022 ISU Senior International Events listed on the 2022-23 ISU calendar of events that are assigned by the International Committee (IC Discipline Subcommittees) during the 2022-23 season
- 2022 U.S. Figure Skating Championships
- 2022 ISU Junior Grand Prix Final
- 2022 Domestic Senior International Events including:
 - 2022 Philadelphia Summer International
 - 2022 Cranberry Cup International
 - 2022 Lake Placid Ice Dance International
 - 2022 John Nicks Pairs Challenge at Middle Atlantics
- 2022 Junior Grand Prix Series

* Note: Of the ISU International Events listed on the 2022-23 ISU calendar of events assigned by the IC Discipline Subcommittees, events must meet the criteria for Eligible Events as defined by the ISU in Communication #1629 (<https://www.isu.org/figure-skating/rules/fsk-communications/1625-1629-world-standing-sandp-id/file>), page 4, paragraphs C.1.4 and C.2.3 to be used as part of the selection process.

The names of the eligible athletes/teams placing in the top 5 at the current U.S. Figure Skating Championships will be automatically placed into the pool of athletes/teams being considered for the Four Continents Team. Consideration will be given to add additional athletes/teams to the pool by reviewing the events above in priority order and adding other events due to extenuating circumstances as approved by the respective International Committee Discipline Subcommittee. Discussion on, and the selection of the pool of athletes identified by the International Committee Discipline Subcommittee, will be limited to the competitions listed above.

The athletes/teams that will have the best chance for success at the Four Continents Championships to win the maximum number of medals and/or athletes/teams that will benefit by providing the opportunity to accumulate valuable world standings points and season's best scores needed to qualify them for the following season's Grand Prix Series will be considered for selection.

If any of the athletes selected to the Four Continents Championship Team do not obtain the ISU minimum technical score requirements for both segments (SP/RD, FS/FD) 21 days before the first day (first official practice day) of the Four Continents Championships (same as entry deadline), the next ranked athlete/couple who has achieved the minimum technical score in both segments (SP/RD, FS/FD) will be selected to the Four Continents Championship Team.

Skaters who qualified to compete but did not compete or complete both segments of the competition at any of the events listed above due to injury or illness, verified by U.S. Figure Skating medical personnel, may still be considered for selection by petitioning to the International Committee for nomination to the Four Continents Team. A petition in writing

for consideration must be submitted to the International Committee Chair prior to the International Committee meeting for the petitioner's prospective event.

To be considered for selection by petition, the athlete must be able to prove competitive readiness by performing complete competition programs (SP/RD, FS/FD) with all planned program elements by a specified date, as approved and reviewed by a monitoring panel to be determined by the International Committee. In addition, U.S. Figure Skating medical personnel must verify that the athlete(s) will be physically ready to compete at the Four Continents Championships.

From the pool of eligible athletes/teams in the competitions listed above in priority order, athletes/teams with extenuating circumstances and petition athletes/teams, the respective International Committee Discipline Subcommittee will nominate the Four Continents Team plus up to four (alternate) substitute athletes/teams in a ranked order, per ICR 3.06.

A schedule of the International Committee's selections meetings will be posted onsite at the U.S. Figure Skating Championships and on U.S. Figure Skating's website no later than 24 hours before the first event of the U.S. Figure Skating Championships.

2. DISCRETIONARY SELECTION (if applicable)

2.1. Provide rationale for utilizing discretionary selection:

To field the most competitive team, U.S. Figure Skating's International Committee will take into consideration the results and performances from the events named in section 1.2 to determine athletes who have demonstrated the ability to medal at the current ISU World Figure Skating Championships and have requested additional preparation for the current ISU World Figure Skating Championships, athletes/teams that will have the best chance for success at the Four Continents Championships to win the maximum number of medals, and athletes/teams that need valuable world standings points and season's best scores to qualify for the following season's Grand Prix Series.

It has been the experience of U.S. Figure Skating that the athletes who have had success at the international level are those who have demonstrated consistent performances as opposed to the athletes who have only a single great performance. Therefore, by not having the selection process based solely on one event, U.S. Figure Skating can select the best athletes to represent the United States at the Four Continents Championships. In addition, if there is an injury or illness that would prevent a dominant athlete from competing at one of the ten events listed in section

1.2, the petition process allows U.S. Figure Skating to consider for selection all the best representatives for the Four Continents Championships.

- 2.2. List the discretionary criteria and explain how they will be used:
See section 1.2

The performance data provided to the International Committee to enhance their discussion for the nomination of the athletes/teams will include competition results and other reports/data relating to detailed results sheets of the competitions listed in priority order in section 1.2. The data derived from the detailed result sheets from the events as outlined in 1.2 will provide a body of work within a twelve-month period that will demonstrate the athlete's/team's consistency and ability to achieve medal potential scores at the 2023 Four Continents Championships. The data derived from protocols from the list of events, looking at consistency, competitiveness, and trending scores, will be a primary focus on discussing the ranking of the athletes/teams and determining who will be the best athletes that will have the most performance impact at the 2023 Four Continents Championships.

- 2.3. Provide the purpose of the International Committee for making discretionary selections:

The purpose of U.S. Figure Skating's International Committee is to select the U.S. Figure Skating Team that wins the maximum number of international medals and berths possible by strategically providing competition experience, and by identifying and supporting the best qualified future prospects to develop and achieve the ultimate goal of Olympic and World podium results.

3. REMOVAL OF ATHLETES

- 3.1. U.S. Figure Skating has jurisdiction over selected athletes. An athlete who is selected to the Four Continents Team by U.S. Figure Skating may be removed for any of the following reasons, as determined by U.S. Figure Skating:

- 3.1.1. Voluntary withdrawal. Athlete must submit a written letter to U.S. Figure Skating Executive Director.
- 3.1.2. Athlete fails to sign the U.S. Figure Skating Athlete Agreement and/or Competition Readiness Agreement.
- 3.1.3. Athlete fails to comply with U.S. Figure Skating's Code of Ethics and/or Code of Conduct (Part of U.S. Figure Skating's Athlete Agreement in Attachment A)

- 3.1.4. An athlete loses an adjudicated violation of WADA, ISU, and/or USADA anti-doping protocol, policies and procedures, as applicable.
- 3.1.5. If an athlete refuses verification of his/her illness or injury by an approved U.S. Figure Skating physician (or medical staff), his/her injury will be assumed to be disabling and he/she may be removed.
- 3.1.6. A petition athlete is unable to meet the requirements outlined in section 1.2 (B).
- 3.1.7. Athlete/couple fails to obtain the minimum technical score requirements for the ISU Four Continents Championships in both segments (SP/RD, FS/FD) at an ISU recognized international competition.
- 3.1.8. Injury or illness as referenced below:
Per U.S. Figure Skating's Competition Readiness Agreement, any athlete injured and/or ill to the extent that requires surgery and/or ongoing medical treatment and/or is otherwise unable to train consistently, effectively, and according to their seasonal plan, and which may therefore jeopardize the athlete's ability to compete for Team USA, the athlete agrees to communicate the situation to U.S. Figure Skating Senior Director, Athlete High Performance, with a copy to U.S. Figure Skating Director, High Performance Medical and Performance Services and U.S. Figure Skating Manager, Team USA. Under such circumstances, the athlete authorizes U.S. Figure Skating to request a Return to Play Plan & Status Report. Upon receiving the Return to Play Plan & Status Report, U.S. Figure Skating may share the information with the International Committee Chair and the Chair of the Sports Science and Medicine Committee and/or the Vice Chair of Medical Services for the Sports Science and Medicine Committee. This information will be handled with the utmost discretion and will be used to enable U.S. Figure Skating to help facilitate access to services that may support the athlete's effort to recover.

In addition, any injury/illness occurring after selection of the 2023 Four Continents Team must be reported to medical@usfigureskating.org within 24 hours of occurrence and/or knowledge (whichever occurs first) of the injury/illness by the athlete and/or coach. The Senior Director, Athlete High Performance and the International Chair will be notified by the Director, High Performance Medical and Performance Services regarding the injury/illness. Depending on the severity of the injury or illness, the athlete authorizes U.S. Figure Skating to request a Return to Play Plan & Status Report from the Director, High Performance Medical and Performance Services. After the review of the Return to Play & Status Report, U.S. Figure Skating reserves the right to assemble an injury/illness evaluation group and meet via conference call.

The evaluation group shall include:

- U. S. Figure Skating, Senior Director of Athlete High Performance
- Director, High Performance Medical and Performance Services
- Medical representative for U.S. Figure Skating
- U.S. Figure Skating International Committee Chair
- Athlete's physician diagnosing the injury or illness
- Primary coach of the athlete

The athlete or the parents of the athlete, if a minor, may also participate in the meeting to discuss the injury or illness. The athlete will also be provided with the option to have an athlete representative as part of the medical evaluation group; however, this is not mandatory as such evaluations concern protected health information.

The purpose of the evaluation group is to provide the athlete, in a confidential manner, a support mechanism to communicate factual information to aid in the recovery and allow the athlete to compete at the highest level at the 2023 Four Continents Championships. The athlete's support staff (medical team, coach, etc.) will develop a plan to provide:

- A timeline for recovery and training that will achieve the performance goal agreed upon by the evaluation group.
- A timeline for communication on the progress of the athlete.

The primary coach of the next replacement (alternate) athlete and / or the replacement athlete may be notified by the International Committee Chair that a replacement may be needed depending on the severity of the injury or illness with a timeline to be determined.

If the athlete is unable to progress in the timeline approved by the evaluation group, the coach and athlete must notify the Senior Director, Athlete High Performance and a follow-up conference call will be arranged to discuss the options for the athlete. The USOPC AAC representative for U.S. Figure Skating will be included in this meeting. At this point the athlete will decide whether to withdraw, or if the athlete decides that he/she is not ready to withdraw from the event, then the following will occur:

- 1) The evaluation group will work with the athlete and support staff to adjust the timeline, or
- 2) If it is determined by the evaluation group, in its sole discretion, that it is not in the best interest of the athlete and/or U.S. Figure Skating for the athlete to attend the Four Continents Championships, the evaluation group will recommend to the International Committee Chair that the athlete is replaced by the next (substitute) substitute athlete. The Chair of the International Committee will take the recommendation of the evaluation group to a vote by the appropriate Discipline Group to replace the athlete.

An athlete who is removed from the Team pursuant to this provision has the right to a hearing per U.S. Figure Skating's Constitution and Bylaws. The U.S. Figure Skating Bylaws and Grievance and Disciplinary Procedures (Article XXV) can be found on the U.S. Figure Skating website [HERE](#).

4. SUBSTITUTION OF ATHLETES

- 4.1. Describe the selection and approval process for determining substitute athlete(s) should a vacancy occur:

Using the criteria listed in section 1.2, substitute athletes will be determined via a ranking list put together by U.S. Figure Skating's International Committee taking all of the events listed in section 1.2 into consideration and announced at the time of the Four Continents Team selections.

A substitute athlete(s) will be submitted to the ISU by U.S. Figure Skating as determined by the ranking list per discipline provided by the International Committee – as described above and in section 1.2.

5. SUPPORTING DOCUMENTS

U.S. Figure Skating will retain the approved Selection Procedures and all supporting documents, including evaluation forms, etc., and data from the selection process for six months past the date of the conclusion of the Four Continents Championships.

6. REQUIRED DOCUMENTS

The following documents are required to be signed by an athlete prior to the selection meeting as a condition of participation on the Four Continents Team and are included as attachments: The U.S. Figure Skating Athlete Agreement (Attachment A) and Competition Readiness Agreement (Attachment B) are required to be adhered to as a condition of participation in the Four Continents Championships. If the athlete was not provided the documents prior to the selection meeting, the athlete will have up to 48 hours to submit the required signed documents from the time of the announcement of selection to the Four Continents Team.

7. PUBLICITY/DISTRIBUTION OF PROCEDURES

U.S. Figure Skating's Four Continents Team selection procedures (complete and unaltered) will be posted/published by U.S. Figure Skating in the following locations:

7.1. U.S. Figure Skating's Members Only website: www.usfsaonline.org

7.2. U.S. Figure Skating's website: www.usfigureskating.org

8. ANNOUNCEMENT OF SELECTION

A text will be sent to the athletes competing in or petitioning for selection in their respective Championship event at the 2023 Toyota U.S. Figure Skating Championships. The text will notify them that the selections are posted in a password protected site which only they have access to. Ten minutes after the notification to the athletes, the Four Continents selections will be posted on U.S. Figure Skating's website. If an athlete or team would like to discuss the process of determining the team with the Chair of the International Committee and/or the Discipline Vice Chair, a meeting will be set up in person or virtually within 24 hours of the notification of the team selection.

9. ANTI-DOPING REQUIREMENTS

Athletes must adhere to all WADA, ISU, and USADA anti-doping protocols, policies and procedures, as applicable. This includes participation in Out-of-Competition Testing as required by WADA, ISU and USADA rules, as applicable.

10. DEVELOPMENT OF SELECTION PROCEDURES

The following committee/group was responsible for creating these Selection Procedures:

The athlete selection procedures were created by U.S. Figure Skating's Executive Director, Senior Director of Athlete High Performance, International Committee Chair, International Committee Management Subcommittee, and Athletes Advisory Committee Chair.

The following committee/group was responsible for approving these Selection Procedures: These procedures were subsequently approved by U.S. Figure Skating's International Committee and Athletes Advisory Committee, with final approval from U.S. Figure Skating's Board of Directors.

11. U.S. FIGURE SKATING BYLAWS AND GRIEVANCE PROCEDURES

The U.S. Figure Skating Bylaws and Grievance and Disciplinary Procedures (Article XXV) can be found on the U.S. Figure Skating web site [HERE](#).

12. INTERNATIONAL DISCLAIMER

These procedures are based on ISU rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in International Skating Union (ISU) rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to U.S. Figure Skating. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

If any force of nature, or force majeure, should cause the alteration or cancellation of any of the selection events listed in this document, these selection procedures will be revised.