



## Technical Notification 230

Dated: June 20, 2019

Re: Synchronized Skating - Program Component Factors

This notification supersedes Technical Notification #223.

The Program Components are as follows:

Juvenile	Intermediate, Novice, Collegiate, Adult, Masters, Junior, Senior
<ul style="list-style-type: none"><li>• Skating Skills (33.3%)</li><li>• Performance (33.3%)</li><li>• Interpretation (33.3%)</li></ul>	<ul style="list-style-type: none"><li>• Skating Skills (20%)</li><li>• Transitions (20%)</li><li>• Performance (20%)</li><li>• Composition (20%)</li><li>• Interpretation (20%)</li></ul>

Per the U.S. Synchronized Skating Development and Technical Committee, the Program Component factors for all components are listed as follows:

**Juvenile free skate – 1.9**

**Intermediate free skate – 1.2**

**Novice free skate – 1.6 (per ISU Communication #2238)**

**Collegiate free skate – 1.6 (per U.S. Figure Skating rule 9000)**

**Adult free skate – 1.1**

**Masters free skate – 1.0**

Per ISU Special Regulations & Technical Rules for Synchronized Skating, the Program Component factors for all components are listed as follows:

**Junior short program – 0.8**

**Junior free skate – 1.6**

**Senior short program – 0.8**

**Senior free skate – 1.6**