



Technical Notification 214

Dated: August 16, 2018

Re: Adult Skating Test Rule Changes – Adult Silver Free Skate, Adult Silver Pairs and Adult Bronze Pairs Tests

Implementation Date: September 2, 2018

The Adult Skating, Pairs, Singles and Tests Committees, and the Board of Directors have approved the following amendments to the test requirements for the Adult Silver Free Skate, Adult Silver Pairs and Adult Bronze Pairs Tests regarding jump sequences and combinations. All other requirements remain as printed in the [2018-19 U.S. Figure Skating Rulebook](#).

6541 Elements for the Championship Adult Silver and Adult Silver Free Skate and Free Skate Test

CHAMPIONSHIP ADULT SILVER AND ADULT SILVER WELL-BALANCED FREE SKATE & TEST 2:10 maximum time <i>Note: The following requirements are valid beginning Sept. 2, 2018.</i>		
PROGRAM	Competition: Must contain the following elements in any order.	Test: Must follow competition requirements, in addition to the minimum requirements below.
JUMPS	Maximum of five jump elements <ul style="list-style-type: none"> • Up to two jump elements may be jump combinations or jump sequences • One jump combination may contain three jumps, and the other may contain only two jumps • A jump sequence is any listed jump immediately followed by an Axel-type jump. • Non-listed jumps of not more than one revolution performed as part of connecting footwork preceding single jumps are permitted • Each jump may be repeated only once and only in combination or sequence • All single jumps, including single Axel, are permitted • No double or triple jumps are permitted 	Five jump elements, which must include: <ul style="list-style-type: none"> • Three different single jumps, two of which must be chosen from single loop, single flip, single Lutz, or single Axel* • One two-jump or three-jump combination including two single jumps • One jump sequence or additional jump combination consisting of <u>waltz jumps</u> or <u>jumps of one full revolution</u>. <p>*Required jumps may be performed as solo jumps, or as part of the permitted jump combinations and sequences</p>

All other requirements remain as printed in the [2018-19 U.S. Figure Skating Rulebook](#), page 203.

7541 Elements for the Adult Silver Pairs Free Skate and Free Skate Test

ADULT SILVER PAIRS WELL-BALANCED FREE SKATE & TEST 2:50 maximum time		
PROGRAM	Competition: Must contain the following elements in any order	<i>Effective beginning September 2, 2018 - Test:</i> Must contain the following elements in any order
JUMP COMBINATION/SEQUENCE	Maximum of one jump combination or jump sequence <ul style="list-style-type: none"> • Single jumps only • Maximum of two jumps in combination • A jump sequence is any listed jump immediately followed by an Axel-type jump. 	One jump combination or sequence (<u>consisting of two single jumps*</u>) *Single Axels are permitted. No multi-rotation jumps (in combination, sequence, solo jump or throw jump)

All other requirements remain as printed in the [2018-19 U.S. Figure Skating Rulebook](#), page 233.

7551 Elements for the Adult Bronze Pairs Free Skate and Free Skate Test

ADULT BRONZE PAIRS WELL-BALANCED FREE SKATE & TEST 2:30 maximum time		
PROGRAM	Competition: Must contain the following elements in any order	<i>Effective beginning September 2, 2018 - Test:</i> Must contain the following elements in any order
JUMP COMBINATION/SEQUENCE	Maximum of one jump combination or jump sequence (single jumps only) <ul style="list-style-type: none"> • No single Axel, double or triple jumps are permitted • Maximum of two jumps in combination • A jump sequence is any listed jump immediately followed by an Axel-type (waltz) jump. 	One jump combination or sequence of jumps (<u>consisting of a waltz jump and a single jump or two single jumps*</u>) *No single Axels or multi-rotation jumps (in combination, sequence, solo jump or throw jump)

All other requirements remain as printed in the [2018-19 U.S. Figure Skating Rulebook](#), page 234.