

MOVES IN THE FIELD TRIAL JUDGING FORM PRELIMINARY (PM)



Candidate's Name _____ Member # _____

Host Club _____ Date _____

The purpose of this test is to continue the encouragement of beginning skaters to learn the fundamentals of ice skating. The candidate must show knowledge of the steps and a good sense of power (speed and flow). Attention should be given to depth of edges and proper curvature of lobes (rule 5102).

PATTERNS	ELEMENTS						MARK (-3 to +3)			
	TEST STANDARDS / EXPECTATIONS						TJ	JIC	J#2	J#3
	1. Forward & Backward Crossovers power • Ability to increase power - correct blade use through the push • Stroked not stepped - starting to see knee bend & rise • Good posture / Transition is important <i>Intro tests opt. (CCW or CW start). F Xovers in a figure 8 pattern, transition between F circles on one ft. (4-6 Xovers per circle recommended). F to B circle transition: SR, CE, opMo followed by B Xovers in a figure 8 pattern (4-6 B Xovers per circle).</i>									
	2. Consecutive Outside & Inside Spirals extension, edge quality • Controlled extension (hip level or higher) held for majority of arc • Control after spirals, stepping on an axis (short 2-ft. transition) • Some evidence of the development of good form <i>Intro steps opt. (R or L start) FO spirals first length of ice surface, opt. fwd Xovers around end, FI spirals second length, (min. of 4 spirals ea. length) extended leg should be at hip level or higher (# of spirals depends on size of ice & strength of skater).</i>									
	3. Forward Power Three-Turns power • Basic flow & power, weight shift push on transitions - power from BI edge • Correct edges - after 3-turn stepping on a BI edge • Well formed lobes - ability to maintain axis <i>Intro step opt. (R or L start) FO 3 to a balance position followed by a B Xover (3-6 sets depending on size of ice & strength of skater) opt. B Xovers around end, second length of ice surface repeat on other foot.</i>									
	4. Alternating Forward Three-Turns edge quality • Push-off to new lobe close to perpendicular to axis • 3-turns placed at top of lobes / Control: 3-turn exits & transitions • Controlled, correct edges / lobes similar in size <i>Standing start (R or L) alt. FO 3-turns for width of ice surface, followed by FI 3-turns for second width of ice surface (# of 3-turns depends on size of ice & strength of skater).</i>									
	5. Forward Circle Eight edge quality, continuous flow • Round circles, similar in size / Edge push • Body control during position changes (sense of organization in repetition) <i>Standing start (R or L) may mark center, pushing onto a FO edge, one FO figure 8. Upon returning to center at completion of 2nd circle, a FI figure 8 by pushing onto FI, repeating previously skated circle. Circles should be equal in size & approx. 3x skater's height.</i>									
	6. Alternating Bkwd Crossovers to BO Edges power, extension • Good speed, posture & ice coverage (ability to accelerate) • Control during sustained extensions / Equal lobes • Some evidence of development of good form <i>Intro steps opt. alt. B Xovers to BO edges in consecutive 1/2 circles for one length of ice surface (4-5 lobes).</i>									
Only one element may be reskated at the end of the test, if necessary.	Circle Test Result	Retry -18 to -1	Pass 0 to +6	Honors +7 to +12	Distinction +13 to +18	Total				

JIC overwrite TJ result in ink.

TJ: Trial Judge's Signature _____ Name _____ Mbr# _____

Trial Judge's Club _____ Current Judging Status _____

JIC: Judge-in-Charge Signature _____ Name _____ Mbr# _____

J#2: Judge #2 Name (Mbr#) _____ J#3: Judge #3 Name (Mbr#) _____