# FREE DANCE JUDGING FORM
## NOVICE (NFD)

**US FIGURE SKATING**

Candidate's Name _____ Member # _____

Candidate's Club _____

2nd Candidate's Name _____ Member # _____

2nd Candidate's Club _____

Host Club _____ Date _____

General requirements outlined for the pre-silver pattern dance test apply equally to the novice free dance test. The program presented must conform to the rules for free dance. While technically a basic program demonstrating fundamental dance moves, it should have good edges and flow, good timing, some expression and display good form and unison. A refined presentation is not expected. As specified in rule 8432, the following elements are required:

| REQUIRED ELEMENTS | | EXECUTED | COMMENTS |
|---|---|---|---|
| **LIFTS** | **Either one combination lift or two different types of short lifts** the combination lift (up to 12 seconds) can be chosen from any combination lift; the short lifts (up to 7 seconds each) can be chosen from stationary, straight line, curve or rotational lift | | |
| **SPIN** | **One dance spin** but no more, selected from: **Spin:** minimum three revolutions on one foot by each partner **Combination Spin:** minimum three revolutions on one foot by each partner for each part of the spin* | | |
| **STEP SEQUENCE** | **One step sequence** in hold, selected from: circular, midline, diagonal or serpentine**; an additional step sequence (in hold or not touching) is permitted and may be performed before or after the required step sequence in hold | | |
| **TWIZZLES** | **One combination set of synchronized twizzles** minimum two revolutions in each twizzle by both partners | | |

| | MARK (-3 to +3) |
|---|---|

**Duration: 3:00 +/- 10 seconds**
- For up to every +/- 10 sec in excess: penalty of one point (-1) deduction (8334 A)
- For each illegal element/movement: penalty of one point (-1) deduction (8334 B)

*There is allowed up to one-half rotation on two feet while changing to the other foot simultaneously by each partner.

**The sequence must utilize the full ice surface. It should include a variety of steps and turns and must include three-turns, mohawks, brackets and counters executed by both partners.

- Required elements may be skated anywhere in the program except in the required step sequence.
- Two different elements may be reskated, if necessary.

| | MARK (-3 to +3) |
|---|---|
| **Elements** | |
| **Skating** | |
| **Program** | |
| **DED** | |

| Circle Test Result | Retry -9 to -1 | Pass 0 to +3 | Honors +4 to +6 | Distinction +7 to +9 | Total | |
|---|---|---|---|---|---|---|

Judge's Signature _____ Name _____ Mbr # _____

| Judging Panel Required | Three-Judge Panel (test result determined by majority) | Single-Judge Panel |
|---|---|---|
| | Three bronze or higher rank dance test judges | N/A |

*Rev. 9/18*