FREE SKATE TEST JUDGING FORM
INTERMEDIATE (IF)

US FIGURE SKATING

Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

Strong, smooth edges and turns, combined with correct posture and effortless flow while utilizing the music and the ice surface are expected of the candidate in all types of free skating elements (jumps, spins and connecting steps). As specified in rule 6442, the following elements are required:

REQUIRED ELEMENTS		EXECUTED	COMMENTS
JUMP ELEMENTS (6)	**One single Axel or double Axel***		
	One double or triple jump*		
	One two-jump or three-jump combination including at least one double jump or one triple jump		
	Three additional jump elements each must include at least one listed jump, which may be any single, double or triple jump and may be the same as jumps already performed*		
SPINS (2)	**One spin combination** with at least one change of position and opt. change of foot (minimum 8 revolutions)**		
	One spin in one position with no change of foot (minimum 5 revolutions)**		
STEPS	**One step sequence** must be visible and identifiable and should use almost the full ice surface		

	MARK (-3 to +3)

Duration: 3:00 +/- 10 seconds
- For up to every +/- 10 sec in excess: penalty of one point (-1) deduction (6233 A)
- For each illegal element/movement: penalty of one point (-1) deduction (6233 B)

* Required jumps may be performed as solo jumps, or as part of the permitted jump combinations or sequences, but no jump element may count for more than one of the jump requirements.
**Both spins may have a flying entry.

- Extra elements may be added without penalty
- Two different elements may be reskated, if necessary.

Elements	
Skating	
Program	
DED	

Circle Test Result	Retry -9 to -1	Pass 0 to +3	Honors +4 to +6	Distinction +7 to +9	Total	

Judge's Signature _____ Name _____ Mbr # _____

Judging Panel Required	**Three-Judge Panel** (test result determined by majority)	**Single-Judge Panel**
	Three silver or higher rank singles test judges	N/A

Rev. 1/31/19