

MOVES IN THE FIELD JUDGING FORM ADULT PRE-BRONZE (APBM)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

Expectations for adult 21+ and adult 50+ candidates align with the pre-preliminary moves in the field test. The purpose of this test is to encourage beginning adult skaters to learn the fundamentals of ice skating. No great deal of technical ability, carriage or flow is expected. Candidates must show knowledge of the steps, fairly good edges and some evidence of good form (rule 5111).

PATTERNS	ELEMENTS TEST STANDARDS / EXPECTATIONS		
	<p>1. Forward Perimeter Stroking <i>continuous flow & strength, extension</i></p> <ul style="list-style-type: none"> • Stroking (shallow edges w/ some flats OK) • Sustained glide w/ extension of free leg • Some evidence of good posture • Skater balanced over the skating foot <ul style="list-style-type: none"> • CCW • CW <p><i>Intro steps optional, 4-8 straight strokes, Xovers around ends, full ice, 1 lap-both dir.</i></p>		
	<p>2. Basic Consecutive Edges <i>edge quality</i></p> <ul style="list-style-type: none"> • Complete ½ circles (4-6) w/ equal lobes • Starting edge close to perpendicular to axis • Some evidence of good posture & body position <ul style="list-style-type: none"> • FO • FI • BO • BI <p><i>Standing start (R or L) 4-6 ½ circles, alt. feet, using an axis line, in order listed.</i></p>		
	<p>3. Forward & Backward Crossovers <i>continuous flow & strength</i></p> <ul style="list-style-type: none"> • Ability to maintain flow - correct blade use through the push • Good posture / Transition is important <p><i>Intro steps opt. (CCW or CW start), F Xovers in a figure 8 pattern, transition between F circles on one ft. (4-6 Xovers per circle recommended). F to B circle transition: SR, CE, opMo followed by B Xovers in a figure 8 pattern (4-6 B Xovers per circle).</i></p>		
	<p>4. Waltz Eight <i>edge quality</i></p> <ul style="list-style-type: none"> • Some control of positions & edges / Control after 3-turn • Awareness of rhythmic motion (waltz timing) - circle approx. cut into thirds <ul style="list-style-type: none"> • R • L <p><i>Intro steps opt. (R or L start) may mark the center, using large circumference circles, completing 2 patterns on ea. ft., performed w/ control.</i></p>		
	<p>5. Forward Right & Left Foot Spirals <i>extension</i></p> <ul style="list-style-type: none"> • Extended leg held (approx. 4 sec.) at hip level or higher • Back arched and good form • Steadiness - no pronounced lapses in balance <ul style="list-style-type: none"> • R • L <p><i>Intro steps opt. (R or L start) spirals down length of ice surface, maintaining a spiral position on ea. ft. for approx. 4 sec. w/ extended leg held at hip level or higher, may be on flats.</i></p>		
<p>Only one element may be reskated at the end of the test, if necessary.</p>	<p>Circle Test Result</p>	<p>Retry</p>	<p>Pass</p>

The entire test will be marked on a "pass" or "retry" basis only, and individual marks will not be awarded. The "pass" or "retry" will be arrived at by consideration of the composite of each element in relation to the whole.

Judge's Signature _____ Name _____ Mbr # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three bronze or higher rank test judges certified to judge Moves in the Field II	One bronze or higher rank test judge certified to judge Moves in the Field II