

FREE DANCE JUDGING FORM

ADULT 21+ AND ADULT 50+ GOLD

Circle one: Adult 21+ (21GFD) or Adult 50+ (50GFD)



Candidate's Name _____ Member # _____

Candidate's Club _____

2nd Candidate's Name _____ Member # _____

2nd Candidate's Club _____

Host Club _____ Date _____

General requirements outlined for the adult 21+ and adult 50+ gold pattern dance test apply equally to the adult 21+ and adult 50+ gold free dance test, respectively. The program presented must conform to the rules for free dance. It must show difficulty with a variety of holds, steps and turns from the pre-gold and gold pattern dances executed with some sophistication and confidence. Original dance holds and maneuvers are encouraged. Good dance timing, expression and unison should be demonstrated. Full utilization of the ice is expected. The couple must demonstrate good to excellent knowledge of the following required elements, as specified in rule 8354:

REQUIRED ELEMENTS		EXECUTED	COMMENTS		
LIFTS	Either one combination lift or two different types of short lifts the combination lift (not to exceed 12 seconds each) can be chosen from any combination lift; the list of short lifts (not to exceed seven seconds) are: stationary, straight line, curve or rotational lift				
	One dance spin selected from the following types: Spin: minimum three revolutions on one foot by each partner Spin Combination: minimum three revolutions on one foot by each partner for each part of the spin*				
	One step sequence in dance hold chosen from circular, midline or diagonal and fully utilizing the ice surface**				
	Synchronized Twizzles either synchronized twizzles or a series of synchronized twizzles, minimum one revolution by both partners simultaneously for each twizzle				
Duration: not to exceed 3:10 - For up to every 10 sec. in excess: penalty of one point (-1) deduction (8334 A) - For each illegal element/movement: penalty of one point (-1) deduction (8334 B) *There is allowed up to one-half rotation on two feet while changing to the other foot simultaneously by each partner. **The step sequence should include a variety of steps and turns and must include three-turns, mohawks and brackets executed by both partners. - Extra elements may be added without penalty; two different elements may be reskated, if necessary.			MARK (-3 to +3)		
			Elements		
			Skating		
			Program		
			DED		
Circle Test Result	Retry -9 to -1	Pass 0 to +3	Honors +4 to +6	Distinction +7 to +9	Total

Judge's Signature _____ Name _____ Mbr # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three silver or higher rank dance test judges	N/A