



2018-2019 Adult Competitions Technical Panel Study Guide

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Reference Material

The following documents are required:

- Adult Well balanced program requirements
 - [2018-2019 Adult Singles WBP Elements](#)
 - [2018-2019 Adult Pairs WBP Elements](#)
 - [2018-2019 Adult Pattern Dances](#)
 - [2018-2019 Adult Partnered Free Dance Elements](#)
- [2018-2019 Adult Calling Clarifications](#)
- [ISU Document #2186 – Singles and Pair Skating Scale of Values, Levels of Difficulty, Guidelines for Marking GOE and Addition Remarks](#)
- [ISU Document #2148 \(revised\) – Ice Dance Requirements for Technical Rules](#)
- [ISU Document #2188 – Ice Dance Calling Specifications and Marking Guides](#)
- [ISU IJS Handbook – Singles](#)
- [ISU IJS Handbook – Pairs](#)
- [ISU IJS Handbook – Dance](#)

Each of these documents can be located using the hyperlinks above and on the U.S. Figure Skating website.

The ISU documents govern all aspects of IJS calls except those specified in the US Figure Skating Adult Calling Clarifications, which supersede any ISU rules

- The 2018-2019 Adult Calling Clarifications supersede the 2017-2018 Adult Calling Clarifications.
- Technical Notification #136 - Singles - Spins - Clarification of Difficult Variations for Upright and Layback Spins (9/26/13) is still valid.

Study Aid

Singles Information

Spin in one position with change of foot.

The information here regards a spin in one position executed on both feet

Category: SPIN

Codes: CSSp / FCSSp / CCSp / FCCSp

Adult Calling Clarification (ACC) Description:

- If two continuous revolutions in a basic position are not achieved on at least one foot, the spin will receive no value.
- If there are two continuous revolutions in a basic position on only one foot, the spin may receive a minimum Level Base (B) and a maximum Level 2 depending on features achieved (up to two) and provided at least three revolutions are achieved on both feet.

If, in a camel or a sit spin, two continuous revolutions in a basic position are achieved on both feet, *even with no other features achieved*, the spin will receive a Level 1. This feature may be awarded *twice* per program if executed in different basic positions (once in a CSSp or FCSSp and once in a CCSp or FCCSp). This feature will be counted on the second foot. If additional features are achieved, the criteria from ISU Communication #2186 will be applied, i.e.:

- Basic position achieved on both feet + no feature = Level 1
- Basic position achieved on both feet + one feature = Level 2
- Basic position achieved on both feet + two features (two features on first foot, or one feature on first foot and one feature on second foot) = Level 3
- Basic position achieved on both feet + three features (two features on first foot and one feature on second foot) = Level 4
- Basic position achieved on both feet + four features = Level 4

All other spin criteria from ISU Communication #2186 will be applied.

The rationale is to allow a basic spin to receive a minimum of Level 1 if a basic sit or camel spin is executed for at least two revolutions on both feet. The credit for the feature is applied to the second foot because it is not achieved until two revolutions in the basic position have been achieved on the second foot. This assignment of the feature to the second foot follows the precedent set in features #2 (change of foot executed by jump), #7 (all three positions executed on the second foot), and #8 (both directions immediately following each other in sit or camel spin).

This feature may be awarded twice per program if executed in different basic positions, once in a camel position (CCSp or FCCSp) and once in a sit position (CSSp or FCSSp). This feature will not be awarded

twice if the second attempt is in the same position as the first, even if one of the spin codes begins with F (CCSp and FCCSp, or CSSp and FCSSp).

The skater may then attempt and achieve up to a level 4 utilizing other features from the current list in ISU Communication #2186.

Combination Spin (CoSp) and Combination Spin with Change of Foot (CCoSp)

Category: SPIN

Codes: CoSp / CCoSp

ACC Description:

- **CoSp and CCoSp:** If there is only one basic position for two continuous revolutions, the spin will receive a Level Base (B), and a V will be assigned. If there is only one basic position for two continuous revolutions and less than three revolutions on one of the feet, the spin will receive a Level Base (B) and a V will be assigned. Combination spins with no basic position for two continuous revolutions will receive no value.

This rule is intended to allow the skater to receive some credit for a performed spin. GOEs from the judges will reflect the quality of the skated element.

Maximum Spin Levels

Category: SPINS

Codes: All Spin Codes

Levels:	Adult Pre-Bronze and Adult Bronze	Maximum Level 1
	Adult Silver	Maximum Level 2
	Adult Gold	Maximum Level 3
	Masters Intermediate-Novice Masters Junior-Senior	Maximum Level 4

Adult Calling Clarifications Description of maximum levels:

	0 Basic Positions Achieved	1 Basic Position Achieved	2 Basic Positions Achieved	3 Basic Positions Achieved	No Basic Position on One Foot	<u>Not 3 Revs on Each Foot</u>
One position spin, no change of foot	Base	Any (B-4)	N/A	N/A	N/A	<u>N/A</u>
One position spin, with change of foot	No Value	Upright (B-4) Camel & Sit (1-4)* <small>*If the BP is achieved on each foot</small>	N/A	N/A	Any (B-2)	<u>Upright (B-4)V</u> <u>Camel & Sit (1-4)V*</u> <small>*If the BP is achieved on each foot</small>
CoSp	No Value	CoSpBV	CoSp(B-4)V	CoSp(B-4)	N/A	<u>N/A</u>
CCoSp	No Value	CCoSpBV	CCoSp(B-4)V	CCoSp(B-4)	CCoSp(B-4)	<u>CCoSp(B-4)V</u>

Waltz Jump

Category: JUMPS

Codes: 1Wz

ACC Description: **ALL ADULT LEVELS** – A Waltz Jump (1Wz) is an Axel-type jump and will receive credit if attempted as an obvious jump element.

As adults may not be able or willing to attempt the single Axel, the Waltz jump can be used to fulfill the Axel-type jump requirement.

There must be an obvious jump to meet the requirement, allowing for waltz jump-type hops to be utilized in the required step sequence and connecting steps without counting against the skater’s maximum number of jump elements. However, if there is an obvious jump attempt within the Choreographic Step Sequence, this will be called by the Technical Specialist.

The Base Value for the Waltz jump is 0.30 points and judges will grade the element using the GOE marking guidelines for jumps.

Choreographic Step Sequence

Category: STEP SEQUENCE

Codes: ChSt

For all levels, there is no required pattern for the Choreographic Step Sequence, but it must be visible and identifiable. There is no requirement to perform a ChSt at Pre-Bronze. For Bronze and Silver the pattern must cover at least half of the ice surface and for Gold, Masters Intermediate-Novice, and Masters Junior-Senior, it must cover the full ice surface. If the pattern fails to meet this criterion, then the element will have NO VALUE.

Pairs Information

Twist Lifts and Lifts

Category: PAIRS - LIFTS

Codes: (Group) Li

ACC Description:

- **Adult Bronze, Adult Silver and Centennial:**
Twist lifts and lifts will be evaluated in accordance with the U.S. Figure Skating well-balanced program requirements for adult pairs and the current juvenile/intermediate lift features.
Variation of the lady's position, no-handed, one-handed, overhead, carry and combination lifts and lifts that include a carry feature are not permitted. If one of these is executed the lift in question will be called at a Level Base (B) and given the 2.0 points illegal element deduction. If a pair executes a Group 1 lift, the release of the lady's hands after the lift extension has been achieved is not a violation of this rule.
- **Adult Gold and Masters:**
Twist lifts and lifts will be evaluated in accordance with the U.S. Figure Skating well-balanced program requirements for adult pairs. Levels of Difficulty for adult features 1-4 will be evaluated in accordance with the current juvenile/intermediate lift features. Levels of Difficulty for adult features 5-9 will be evaluated in accordance with the criteria for junior pairs in ISU Communication #2186.

Similar to standard track lower level pairs, Adult pairs use the developmental features. However, because some of the higher level adult pairs teams wish to execute ISU features on lifts, the developmental lift features are evaluated with the Juvenile/Intermediate lift criteria, and the ISU lift features are executed with the ISU criteria.

REVIEW: 2018-2019 Adult Calling Specifications Page 6

Solo Spins

Category: SPINS

Codes: All

ACC Description:

- The current calling clarifications for Juvenile Pairs and Juvenile/Intermediate features will apply. The designation V, as described in ISU Communication #2186, will apply only to solo spin combinations and not to flying spins.
- **Spin in one position, no change of foot:**
 - Spin must have at least two continuous revolutions in a basic position by both partners (at the same time, in the same basic position). If this requirement is not achieved, the spin will receive no higher than a Level Base (B), and features will not be awarded.

- **Spin in one position with change of foot**
 - Spin must have at least two continuous revolutions in a basic position by both partners (at the same time, in the same basic position) on one foot to achieve a Level Base (B). If this requirement is not achieved, the spin will receive no level and no value.
 - Spin must have at least two continuous revolutions in a basic position by both partners (at the same time, in the same basic position) on both feet to achieve Levels 1-4.
- **Combination spin with/without change of foot**
 - The minimum requirement for a Level Base (B) in a solo combination spin with or without a change of foot is only one basic position (two continuous revolutions in a basic position).
 - In the case that two or more positions are clearly attempted, but only one basic position is achieved, the call will be Combination Spin (with a change of foot) Level Base (B) (CoSpBV or CCoSpBV).
 - **For spins with a change of foot:**
 - The basic position can be executed on either foot.
 - A minimum of three revolutions on each foot is required by both partners. Otherwise, the number of positions executed (two or three) does not limit the level of the spin.

Adult Calling Clarifications Description of maximum levels:

Number of basic positions achieved	0	1	2	3	No basic on one foot
One position spin No change of foot	Base	Any (B-4)	N/A	N/A	N/A
One position spin with change of foot	No Value	Any (B-4)	N/A	N/A	Base
CoSp	No Value	CoSpBV	CoSp(B-4)V	CoSp(B-4)	N/A
CCoSp	No Value	CCoSpBV	CCoSp(B-4)V	CCoSp(B-4)	CCoSp(B-4)

These rules match the developmental criteria used in the standard track calling specifications.

Pair Spins and Pair Combination Spins

Category: PAIR SPINS

Codes: PSp / PCoSp

ACC Description:

- The current Juvenile/Intermediate features will apply.
- **Pair Spin:** If a team elects to perform a pair spin, the V does not apply. One basic position for two continuous revolutions by each partner is required for the pair spin to receive a value.
- **Pair Combination Spin:** At least one change of foot and one basic position (two continuous rotations) by each partner is required for the pair combination spin to receive a value.
 - If only one basic position is executed by both partners, the spin will receive no higher than a Level Base (B), the designation V will apply and features will not be awarded.
 - If only two basic positions are executed by both partners, the designation V will apply. The level of the spin is not limited if two basic positions are executed by both partners. A change of position directly from basic to basic is not required.
 - If the team attempts a PCoSp but, due to an error, fails to achieve 3 revolutions before or after the change of foot, the attempted change of foot can be disregarded by the technical panel. The element is identified as a PSp, and leveled according to the features achieved on the foot with at least 3 revolutions. However, if a PSp has already been attempted, no value will be given to the second PSp per the WBP requirements.

Adult Calling Clarifications Description of maximum levels:

Number of basic positions achieved	0	1	2	3	No basic on one foot
PSp	No Value	PSp (B-4)	PSp (B-4)	PSp(B-4)	N/A
PCoSp	No Value	PCoSpBV	PCoSp(B-4)V	PCoSp(B-4)	PCoSp(B-4)

Waltz Jump and Throw Waltz Jump

Category: JUMPS THROWS

Codes: 1Wz 1WzTh

A visible and obvious waltz jump (1Wz) or Throw Waltz Jump (1WzTh) will receive credit in Adult Bronze ONLY.

Dance Information

Pattern Dance

Category: PATTERN DANCE

Codes: Based on Pattern Dance

ACC Description:

- For a sequence/segment to be called, at least 75% of the steps by both partners must be completed (No Key Points, No Level Base).
- Required Number of Sequences – U.S. Figure Skating Rule 8075
 - Adults dance a reduced number of sequences for the following dances: Canasta Tango, Cha Cha, Dutch Waltz, Fiesta Tango, Fourteenstep, Foxtrot, Hickory Hoedown, Kilian, Paso Doble, Quickstep, Rhumba, Rhythm Blues, Rocker Foxtrot, Ten-Fox, Viennese Waltz and Willow Waltz
- Required Number of Sequences Not Skated – U.S. Figure Skating Rule 8075 (A)
- Side to Start Error Calling Specifications – U.S. Figure Skating Rule 8076

Synchronized Twizzles

Category: SYNCHRONIZED TWIZZLES

Codes: pSTw

ACC Description:

- **Synchronized Twizzle Calling Specifications and Basic Requirements (No Level Base):**
 - **Basic Requirements:** Both partners complete at least one full rotation for the twizzle. The synchronized twizzle will be identified but given no level when one or both partners skate less than one full rotation each.
- **Calling Specifications:**
 1. If one or both partners touch(es) the free foot down during the execution of the turn, the level will be assessed in accordance with the number of clean rotations before the touchdown.
 2. If the skaters perform a three-turn, check rotation and then start a twizzle, the entry edge and the number of rotations of that twizzle will be counted after the three-turn from the starting edge of the proper twizzle.
 3. If there is a full stop before the twizzle, the level of the twizzle will be reduced by one level.
 4. Synchronized twizzle executed as a spin or as checked three-turns:
 - If up to one rotation becomes a spin or checked three-turns, the synchronized twizzles will be reduced by one level.
 - If more than one rotation becomes a spin or checked three-turns, the synchronized twizzles will be called Level 1.

Level 1	Level 2	Level 3	Level 4
Synchronized Twizzles that do not meet the criteria for Level 2, 3 or 4 requirements but meet the basic requirements for the Juvenile and Adult Free Dance Synchronized Twizzle.	<p>Option 1 Twizzles at least 2 full rotations (for both partners) AND Started with a forward edge (for both partners)</p> <p>Option 2 Twizzles at least 1 full rotation (for both partners) AND Started with a backward edge (for both partners)</p>	<p>Option 1 Twizzles at least 3 full rotations (for both partners) AND Started with a forward edge (for both partners)</p> <p>Option 2 Twizzles at least 2 full rotations (for both partners) AND Started with a backward edge (for both partners)</p>	<p>Option 1 Twizzles at least 4 full rotations (for both partners) AND Started with a forward edge (for both partners)</p> <p>Option 2 Twizzles at least 3 full rotations (for both partners) AND Started with a backward edge (for both partners)</p>

Synchronized Twizzles *will* be called for each skater per ISU Communication #2188 Part 1.5

1.5.1. ADDITIONAL PRINCIPLES OF CALLING

1. A Combination Set of Twizzles is evaluated as one unit with a Level given for each partner.
2. The first performed Set of Twizzles shall be identified as the required Set of Twizzles (Combination Set of Sequential Twizzles in Rhythm Dance (NOTE: there is no Rhythm Dance in Adult Skating) and Combination Set of Synchronized Twizzles in Free Dance) and for each partner given a Level, or No Level if the requirements for Basic Level are not met. The first Set of Twizzling Movements performed after the required Set of Synchronized Twizzles shall be identified as Choreographic Twizzling Movement (NOTE: there are no Choreographic Twizzling Movements in Adult Skating). Subsequent Sets of Twizzles shall not be identified.
3. If a loss of control with additional support by one or both partners (touch down by free leg/foot and/or hand(s)) occurs after a Twizzle has commenced and the Twizzle continues after touchdown (without interruption), only the rotations before the touchdown shall be considered for Level for the partner(s) who performed the error.
4. Error(s) resulting in a lower Level are evaluated per Partner.
5. If any part of first two Twizzles becomes a Pirouette or checked Three Turns, its Level shall be reduced:
 - by one Level if one of the two Twizzles become Pirouettes or checked Three Turns (considered separately for each partner);
 - by two Levels if both Twizzles become Pirouettes or checked Three Turns (considered separately for each partner.)
6. If there is a full stop before the first or the second Twizzle, the Level of the Set of Twizzles shall be reduced by one Level per stop (considered separately for each partner.)
7. If there is more than the permitted number of steps between required Set of Twizzles, the Level shall be reduced by 1 Level (considered separately for each partner.)

Self Exam

Singles Questions

Question 1

Question: What is the maximum level for an Adult Step Sequence?

- A: StSq1
- B: StSq2
- C: StSqB
- D: None of the above.

Answer: D - Adults do not have a leveled Step Sequence. They have a Choreographed Step Sequence. [2018-2019 Adult well-balanced program requirements.](#)

Question 2

Question: In Championship Masters Intermediate-Novice what is the maximum number of elements allowed?

- A: 7 jump elements, 3 spins, 1 step sequence
- B: 6 jump elements, 2 spins, 2 step sequences
- C: 6 jump elements, 3 spins, 1 step sequence
- D: 5 jump elements, 3 spins, 1 step sequence

Answer: C - 6 jump elements, 3 spins, 1 step sequence. [2018-2019 Adult Singles Free Skating Requirements](#)

Question 3

Question: When a skater performs a CSSp or CCSp, on what foot is the feature for achieving the basic position for at least 2 revolutions on both feet counted?

- A: First foot
- B: Second foot
- C: Neither foot. The feature is counted as long as it is performed on both feet.

Answer: B - Second foot. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 2\)](#)

Question 4

Question: A skater performs the following spin: C (2), S (2) / U (2) What should the call be?

- A: CoSpBV
- B: CoSp No Value
- C: CCoSpBV
- D: CCoSp No Value

Answer: C – CCoSpBV. [2018-2019 Adult Calling Clarifications Page 2](#)

Question 5

Question: What is the maximum level a Silver level skater can attain in a spin?

- A: Level 1
- B: Level 2
- C: Level 3
- D: Level 4

Answer: B – Level 2. [2018-2019 Adult Calling Clarifications Page 2](#)

Question 6

A skater performs a sit spin for 3 revolutions then changes feet and does another basic sit spin for 3 revolutions. The call is:

- A: SSp
- B: SSpB
- C: CSSp1
- D: CSSp2
- E: CSSp3
- F: CSSp4

Answer: C - CSSp1. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 1\)](#)

Question 7

Question: In a CoSp or CCoSp, if there is only one basic position for two continuous revolutions, the spin will receive what call?

- A: No Level
- B: Level Base (B) and assigned a V
- C: Level Base (B)
- D: Maximum allowed level based on attained features and assigned a V

Answer: B - Level Base (B) and assigned a V. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 2\)](#)

Question 8

Question: True or false? A Waltz jump in all Adult levels will receive credit.

- True
- False

Answer: True. An obvious Waltz jump attempt will receive credit. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 2\)](#)

Question 9

Question: A skater does the following spin: CS (3), CF (1.5) / C(7) What is the call?

- A: CSSpB
- B: CCSp2
- C: CSSp2
- D: CSSp1

Answer: B - CCSp2. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 1\)](#)

Question 10

Question: A skater does the following jumping pass:

Single Lutz followed by a single Euler (half loop) where he/she then steps out of the landing and the perform a single salchow

What is the called jump pass

- A - 1Lz + 1Lo + SEQ + 1S*
- B - 1Lz + 1Eu + SEQ + 1S*

Answer: B- 1Lz + 1Eu + SEQ + 1S*. [2018-2019 ISU Technical Panel Handbook \(Singles Skating\) – page 22](#)

Pairs Questions

Question 11

Question: What is the deduction for every fall?

- A - 0.25 per skater per fall
- B - 0.5 per skater per fall
- C - 0.5 per team per fall
- D - 1.0 per skater per fall

Answer: B - The deduction for every fall is 0.5. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 3\)](#)

Question 12

Question: Levels of Difficulty for Twist Lifts and Lifts for features 1 through 4 will be evaluated based on what standard track level?

- A - Juvenile/Intermediate
- B - Intermediate/Novice
- C - Novice/Junior
- D - Junior/Senior

Answer: A - Juvenile/Intermediate. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 3\)](#)

Question 13

Question: Which of the following features are not allowed in Twist Lifts or Lifts?

- A: Variation of the lady's position
- B: No-handed
- C: One-handed
- D: Overhead
- E: Combination lifts
- F: All of the above
- G: None of the above

Answer: F - All of the above. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 3\)](#)

Dance Questions

Question 14

Question: At least __ (a) __ of the steps by __ (b) __ partners for a pattern sequence/segment must be called to receive credit.

- A: (a) 50% (b) one
- B: (a) 50% (b) both
- C: (a) 75% (b) one
- D: (a) 75% (b) both

Answer: D - (a) 75% (b) both. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 8\)](#)

Question 15

Question: True or false? In a synchronized twizzle, both partners must complete at least one full rotation to receive credit:

- True
- False

Answer: True. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 9\)](#)

Controller Questions

Question 16

Question: All Adult Singles programs receive a 10% bonus on jumps successfully performed after the halfway point in the program per Special Regulations Rule 353, as written in ISU Communication 2176

- True
- False

Answer: FALSE - Only Adult Silver and higher freestyle programs receive a bonus. US Figure Skating Rulebook, Rule [1071.A.8.d.i](#). In the junior and senior singles short program and the juvenile, intermediate, novice, junior, senior, adult silver and higher singles free skate events, the base values (but not the grade of execution) of all jump elements started in the second half of the program will be multiplied by a special factor of 1.1 in order to give credit for even distribution of difficulties in the program. However, only the last one jump element executed in the second half of the junior and senior singles short program, and the last three jump elements executed in the second half of the juvenile, intermediate, novice, junior, senior, adult silver and higher singles free skate events count for this factor.

Question 17

Question: What is the fall deduction for Adult Singles?

- A - Pre-Bronze 0.25, Bronze through Masters Junior/Senior 0.5
- B - Pre-Bronze through Masters Junior/Senior 0.5
- C - Pre-Bronze 0.5, Bronze through Masters Junior/Senior 1.0

Answer: A - Pre-Bronze 0.25, Bronze through Masters Junior/Senior 0.5. [2018-2019 Adult Skating – Calling Clarifications for Adult and Masters Singles, Pairs and Ice Dance \(page 1\)](#)