



**INTERCOLLEGIATE TECHNICAL
RULEBOOK**

***GENERAL COMPETITION ANNOUNCEMENT AND
TECHNICAL RULES***

2013-14 SEASON

September, 2013

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SECTION 1: GENERAL COMPETITION RULES

Intercollegiate Competitions are U.S. Figure Skating nonqualifying competitions, as per Rule 3080 in the 2013-14 U.S. Figure Skating Rulebook. For singles free skate events, intercollegiate competitions will follow the nonqualifying competition “test track” format, where jump elements are restricted based on the required elements in the equivalent U.S. Figure Skating free skating test. Junior and Senior will offer a “championship” free skate event where the standard well balanced competition program rules will apply.

Statement of Commitment from U.S. Figure Skating’s Collegiate Program Committee:

Athletes participating in intercollegiate events are student-athletes. As such, education is the highest priority, and in all decision making matters, the committee and the LOC have a responsibility to minimize the days missed from school.

A. EVENTS

Free skate:	Preliminary, pre-juvenile, juvenile, intermediate, novice, junior, junior championship*, senior and senior championship*
Short program:	Intermediate, novice, junior and senior
Solo dance:	Preliminary, juvenile, intermediate, novice, junior, senior, gold and international
Team maneuver:	Low (preliminary-juvenile), medium (intermediate-novice) and high (junior-senior)
Synchronized skating:	Open collegiate and collegiate**

**Championship events are open to skaters who have passed the free skate test at the corresponding level (i.e.: junior championship skaters must have passed their junior free skate test and senior championship skaters must have passed their senior free skate test). Championship free skate events will consist of a free skate only under the well-balanced program requirements. All free skate events are single events and are not combined with a short program.*

***Synchronized skating events are offered at the discretion of the LOC. These events do not count toward team points and they do not count toward the maximum 35 starts.*

B. TEST LEVEL

Free skate and short program: Athletes must enter at the highest test level passed or may skate up one level unless one of the following exceptions apply:

1. A skater who has not tested may skate up two levels to compete in Preliminary.
2. In championship events, the skater must pass the test level required to compete at that level (no skating up).

Highest test passed is considered on the close of entry date for each competition. *(It is permissible for an athlete to enter the free skate and short program at different levels if skating up qualifies them for both).*

Dance: Athletes may skate up one level, with the exception of international level. To compete in international dance, skaters must have passed their gold dance test or international dance test.

Team maneuvers: Athletes may compete at their test level or any level higher.

Synchronized skating: All athletes on a collegiate team must have passed a minimum of the juvenile moves-in-the-field test. There is no test requirement or restriction for open collegiate.

C. ENTRY RESTRICTIONS

Each athlete may participate in a maximum of five (5) competitive events- one (1) free skate, one (1) short program, one (1) team maneuver and/or two (2) solo dances. Synchronized skating events do not count toward the five (5) starts.

Each participating college or university may have a maximum of 35 starts, including individual events and team maneuvers. Furthermore, each college may have no more than five entries in any of the senior events and no more than three entries in any other individual event. *(Championships events are considered separate events. Therefore, a college could enter five (5) athletes in a senior free skate, five (5) in a senior championship free skate and five (5) in a senior short program for a total of 15 starts in senior singles events).*

Men's and ladies events in singles short program and free skating will be separate events, but men and ladies may compete in the same solo dance event. Championship junior and senior events may be combined with the standard free skate events at the discretion of the referee and only in the occurrence of a single entry in one of the categories.

D. MUSIC

CDs are the only acceptable media. Free skate and short program music may have vocals. The competitor's program must be the only music on the CD and it must start at the beginning.

Music should be clearly marked with the athlete's name, college or university and event. Music must be turned in to the registration desk at least one hour before the event. Skaters are responsible for having a back-up copy available rinkside during their event.

E. AWARDS

Medals will be awarded to places one through three in each event.

F. SANCTIONS

1. By September 1st, the LOC Chair must apply for a sanction from the Regional Vice-Chair (the chair of the region in which a school resides) of the Competitions Committee. It is a one-page form that must be accompanied by a copy of the competition announcement flyer and this handbook. Failure to apply for and obtain a sanction could result in ineligibility of every skater who participates in the competition

G. ELIGIBILITY TO COMPETE

1. Athletes must be eligible members in good standing with U.S. Figure Skating, and may be members of the figure skating club of their choice.
2. Competitors must have a high school diploma or equivalent and be currently enrolled as a full-time student, as defined by the institution they attend as of the close of entry deadline for the event. This pertains to both undergraduate and graduate students.
3. Athletes may compete only for the college or university they are attending, except for synchronized team skating events, which follow the eligibility rules as set forth in the 2013 U.S. Figure Skating Rulebook, per rule 7280.
4. There is no minimum number of skaters required to form a team. One skater may compete representing his/her college.
5. Skaters who are also judges may not compete and judge at the same competition.

H. ENTRY FEES

Entry fees ***MUST*** accompany entry form(s). Schools will submit one collective payment by credit card on the online form to U.S. Figure Skating. U.S. Figure Skating will then distribute the entry fees to the LOC within seven (7) days of the close of entries. If there is an issue paying by credit card, please contact U.S. Figure Skating Headquarters. The intercollegiate competition entry form can be found at this link: <http://fs12.formsite.com/USFSAIT/intercollegiatereg/index.html>

- All singles events are \$50.
- Team maneuver events are \$60 per team.
- Synchronized team skating events are \$150 per team.
- Applications not submitted with the correct funds on the online form will be returned and NOT accepted, unless the team has made prior arrangements with U.S. Figure Skating Headquarters.
- Refunds will be granted until the close of entries. No refunds will be given after the entry deadline.

I. GROUP SIZES

No group will consist of more than 12 skaters. If more than 12 skaters are entered into one level, then the skaters will be split as evenly as possible, at the Chief Referee's discretion, into as many groups as necessary to keep each group no larger than 12 skaters. Exceptions to this will be at the Intercollegiate Championships where groups can be larger than 12 and will be split at the Chief Referee's discretion.

J. WARM-UP GROUPS

Warm-up groups for events will be posted at the start of the competition, but are subject to change up to 15 minutes prior to the start of an event due to withdrawals.

K. TEAM REGISTRATION FOR SEASON PARTICIPATION

All colleges and universities participating in intercollegiate competitions must register with U.S. Figure Skating Headquarters by filling out the **2014 Collegiate Registration Form**. There is no charge for this registration. If your school has not registered for the 2013-14 season, an online application can be found at: <http://www.usfsa.org/content/2013%20Intercollegiate%20Technical%20Rulebook,%20Final%20August%2028,%202013.pdf>

L. JUDGING SYSTEM

The 6.0 judging system will be used for all events and levels at intercollegiate competitions. The ISU judging system will not be used.

M. LENGTH OF COMPETITION

If the number of entries exceeds the available ice time for the competition, the LOC chair, in conjunction with the chief referee and with approval from the national vice chair for intercollegiate competitions on the Collegiate Programs Committee and the chair of the Collegiate Programs Committee, will choose one or more of the following methods to reduce the length of the competition. The choice may be in any order:

1. Reduce the number of starts per team.
2. Eliminate the ladies events with only one entry (the men's events will not be eliminated).
3. Eliminate the team maneuvers event(s).

If events are eliminated or cancelled, the LOC will refund the appropriate entry fees within 21 days of the decision.

***Note: Teams that qualify for the U.S. Intercollegiate Team Figure Skating Championships should be aware that the first day of competition extends for a longer duration than most**

other intercollegiate events. As such, skaters must be prepared for event times that can range from 7am or earlier to 11pm or later.

SECTION 2: SKATING REQUIREMENTS

A. Singles Definitions, General Criteria and Basic Requirements

4100 Singles Definitions, General Criteria and Basic Requirements

4101 Jump element: An individual jump, a jump combination or a jump sequence. (Example: An individual jump is counted as one jump element; a jump combination is counted as one jump element; a jump sequence is counted as one jump element.)

A. Individual jump: A jump performed by itself (i.e. not as a jump combination or sequence). Individual jumps are also referred to as solo jumps.

B. Jump combination: In a jump combination, the landing foot of a jump is the take-off foot of the next jump. Up to two three-turns on one foot between the jumps without touching the ice with the free foot (or even with a touch, but no weight transfer) keeps the element in the frame of this definition, allowing it still to be considered a combination (but with an error). A jump combination may consist of the same or different jumps.

1. If the jumps are connected with a non-listed jump, the element is called a jump sequence, regardless of how many listed jumps are done consecutively.

2. For all events judged under the 6.0 system, the half-loop will continue to be considered as a half revolution jump and will not count against the maximum number of jump elements allowed in the well-balanced program for these levels.

3. If the first jump of a two-jump combination fails to succeed and turns into a non-listed jump, the unit will still be considered as a jump combination.

C. Jump sequence: A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps and/or hops immediately following each other while maintaining the jump rhythm (knee). There can be no turns, steps, crossovers or stroking during the sequence. Turns are three-turns, twizzles, brackets, loops, counters and rockers. Steps are toe steps, chassés, mohawks, choctaws, curves with change of edge and cross-rolls.

1. A jump sequence consisting of only one listed jump together with other non-listed jumps is not considered a jump sequence, but will count as an individual jump.

D. Jump repetitions: Each free skate has different limitations on which jumps can be repeated; however, the following rules are consistently applied at each level:

1. Jumps with the same name but different numbers of revolutions are considered as different jumps. For example, a double loop is considered a different jump than a triple loop.

2. If a jump that is only allowed to be repeated as part of a jump combination or jump sequence is executed twice as a solo jump, the second execution will be counted as a jump sequence with only one jump included. If the maximum number of jump combinations or jump sequences has already been executed, the repeated solo jump will be treated as an additional element and therefore not considered.

3. If a jump is executed more times than allowed, the additional attempt will be treated as an additional element and will not be considered but will count toward the maximum number of jump elements. If the additional jump is executed in a combination or sequence, the entire combination or sequence will be treated as an additional element and will not be considered but will count toward the maximum number of jump elements.

4. Because the triple toe loop and the triple toe Walley jumps are very similar in nature and equal in value, the skater may execute only one or the other of them but not both.

E. Non-listed jump: See rule 1071 (A)(1)(d).

4102 Moves in the field: A sequence of movements such as turns, spirals, arabesques, spread eagles, Ina Bauers and flowing moves with strong edges, connected with linking steps

and footwork. Moves in the field will be judged as transitions rather than as separate elements.

4103 Spins: A spin must have the minimum number of revolutions; however, a spin with less than three revolutions is considered a skating movement and not a spin. For any spin with a change of foot, the change must be preceded and followed by a spin position with at least three revolutions. The minimum numbers of required revolutions must be counted from the entry of the spin until its exit (except the final wind-up in spins in one position and flying spins).

A. There are three basic spin positions:

1. Camel: Free leg backwards with the knee higher than the hip level; however, layback, Biellmann and similar variations are still considered as upright spins
2. Sit: The upper part of the skating leg at least parallel to the ice
3. Upright: Any position with the skating leg extended or almost extended which is not a camel position.
 - a. Layback spin: An upright spin in which head and shoulders are leaning backward with the back arched. The position of the free leg is optional.
 - b. Sideways leaning spin: An upright spin in which head and shoulders are leaning sideways and the upper body is arched. The position of the free leg is optional.

All spin positions not according to the above definitions are considered non-basic positions.

B. If a skater falls when entering a spin, a spin or spinning movement is allowed immediately after this fall for the purpose of filling time. This additional spin/spinning movement will not be counted as an element.

C. Types of spins

1. Spin combination: Must consist of changes of foot and/or position as specified. A change of foot and a change of position may be made either at the same time or separately.
2. Spin in one position: May change feet (if allowed), but may not change position. Non-basic positions are allowed and counted in the total number of revolutions.
 - a. The concluding upright position at the end of the spin (final windup) is not considered to be another position, regardless of the number of revolutions, as long as no additional feature (change of edge, variation of position, etc.) is attempted in the final windup.
3. Flying spin: A spin with a flying entrance, no change of foot and no change of position. Non-basic positions are allowed and counted in the total number of revolutions.
 - a. The concluding upright position at the end of the spin (final windup) is not considered to be another position, regardless of the number of revolutions, as long as no additional feature (change of edge, variation of position, etc.) is attempted in the final wind-up.
 - b. A spin that begins with a jump and also changes feet and/or position is considered a spin with a flying entry, not a flying spin.
 - c. When a spin is commenced with a jump, no rotation is permitted on the ice before the take-off.

E. Character: In a well-balanced free skate, each spin performed must have a different character. Character is also referred to as "nature".

1. A spin that begins with a backward entry and a spin that begins with a forward entry are considered to have the same character if they are otherwise the same type of spin. For example: a sit spin with a forward entry has the same character as a sit spin with a backward entry, and a spin combination with a change of foot and a forward entry has the same character as a spin combination with a change of foot and a backward entry.
2. A spin with a flying entry has a different character than a spin without a flying entry.
3. A spin with a change of foot has a different character than a spin without a change of foot.

4. All spin combinations without a change of foot and no flying entry are considered to have the same character, regardless of the number or types of positions. (The same is true for spin combinations with a flying entry – see paragraph 2 of this rule 4103 (E).)
5. All spin combinations with a change of foot and no flying entry are considered to have the same character, regardless of the number or types of positions and the number of changes of foot. (The same is true for spin combinations with a flying entry – see paragraph 2 of this rule 4103 (E).)

4104 Spiral: A position with one blade on the ice and free leg (including knee and foot) higher than the hip level. Spiral positions are classified according to the skating leg (right, left), edge (outside, inside), direction of skating (forward, backward) or position of the free leg (backward, forward, sideways).

A. Spiral sequence: Consists primarily of spirals. There must be at least two spiral positions held not less than three seconds each, or at least one spiral position held not less than six seconds. If this requirement is not fulfilled, the spiral sequence will have no value.

4105 Step sequences: A series of unprescribed steps, turns and/or movements. All step sequences should be executed according to the character of the music. Short stops in accordance with the music are permitted. Non-listed jumps and retrogression may also be included. Turns and steps must be balanced in their distribution throughout the sequence. Turns are three-turns, twizzles, brackets, loops, counters and rockers. Steps are toe steps, chassés, mohawks, choctaws, changes of edge, cross rolls and running steps. Patterns are not restricted.

A. Choreographic step sequence: Must fit the definition of a step sequence and fully utilize the ice surface.

B. Choreographic sequence: Consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements, etc. A choreographic sequence for ladies must include at least one spiral (not a kick) of any length. The sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted, but the sequence must fully utilize the ice surface. If this requirement is not fulfilled, the sequence will have no value.

C. Step sequence pattern:

1. Straight line step sequence: Commences at any place of the short barrier and goes to any place of the opposite short barrier, keeping the approximate shape of the straight line
2. Circular step sequence: Skated on a complete circle or oval utilizing the full width of the ice surface
3. Serpentine step sequence: Commences at the end of the ice surface, progresses in at least two bold curves and ends at the opposite end of the ice surface

4106 **Illegal elements/movements**

Somersault-type jumps, lying on the ice, and prolonged and/or stationary kneeling on both knees on the ice at any moment are illegal.

B. FREE SKATE EVENTS

1. Senior championship*

Test requirement: senior free skating test

Well balanced program requirements per Rule 4200

RULE 4200 - SENIOR MEN

Duration 4:30 +/- 10 seconds

Must contain the following elements in any order:

JUMPS Maximum of eight jump elements

- One must be an Axel-type jump

- Up to three may be jump combinations or jump sequences
- Jump combinations are limited to two jumps except that one jump combination may contain three jumps
- The number of jumps in a jump sequence is not limited
- Individual jumps can contain any number of revolutions
- A double Axel cannot be included more than twice (as a solo jump or as part of a combination/sequence)
- No more than two different triple and quadruple jumps can be repeated, and if repeated, at least one attempt must be as part of a jump combination or a jump sequence

SPINS Maximum of three spins

- One must be a spin combination with a minimum of 10 revolutions
- One must be a flying spin or a spin with a flying entry with a minimum of six revolutions
- One must be a spin with only one position with a minimum of six revolutions
- All spins must be of a different character
- In all spins, the change of foot is optional
- All spins may begin with a flying entry
- The number of different positions in the spin combination is not limited
- Each basic position must be held for a minimum of two revolutions to be counted
- The skaters have freedom to select the kinds of spins they intend to execute within the spin types required

STEP SEQUENCES

Maximum of one step sequence

- Must fully utilize the ice surface
- Jumps may be included in the step sequence
- Step sequences that are too short and barely visible cannot be considered as meeting the requirements of a step sequence, but additional step sequences connecting the various elements may be included at the discretion of the skater

CHOREOGRAPHIC SEQUENCE

Maximum of one choreographic sequence

- Must fully utilize the ice surface
- Choreographic sequence has to be performed later than the step sequence

RULE 4200 - SENIOR LADIES

Duration 4:00 +/- 10 seconds

Must contain the following elements in any order:

JUMPS - Maximum of seven jump elements

- One must be an Axel-type jump
- Up to three may be jump combinations or jump sequences
- Jump combinations are limited to two jumps except that one jump combination may contain three jumps
- The number of jumps in a jump sequence is not limited
- Individual jumps can contain any number of revolutions
- A double Axel cannot be included more than twice (as a solo jump or as part of a combination/sequence)
- No more than two different triple and quadruple jumps can be repeated, and if repeated, at least one attempt must be as part of a jump combination or a jump sequence

SPINS - Maximum of three spins

- One must be a spin combination with a minimum of 10 revolutions
- One must be a flying spin or a spin with a flying entry with a minimum of six revolutions
- One must be a spin with only one position with a minimum of six

- revolutions
- All spins must be of a different character
- In all spins, the change of foot is optional
- All spins may begin with a flying entry
- The number of different positions in the spin combination is not limited
- Each basic position must be held for a minimum of two revolutions to be counted
- The skaters have freedom to select the kinds of spins they intend to execute within the spin types required

STEP SEQUENCE

Maximum of one step sequence

- Must fully utilize the ice surface
- Jumps may be included in the step sequence
- Step sequences that are too short and barely visible cannot be considered as meeting the requirements of a step sequence, but additional step sequences connecting the various elements may be included at the discretion of the skater

CHOREOGRAPHIC SEQUENCE

Maximum of one choreographic sequence

- Must fully utilize the ice surface
- Choreographic sequence has to be performed later than the step sequence

2. Senior

Test requirement: junior or senior free skating test

Program Duration: Ladies — 4:00 +/- 10 seconds; Men — 4:30 +/- 10 seconds, to music of the skater's choice.

JUMPS – Maximum of eight jump elements for men and seven jump elements for ladies

- Any single jumps
- Must include at least four different double jumps, one must be a double Lutz
- Double Axel is NOT allowed
- No triple jumps permitted
- Maximum of three jump combinations or sequences
- Maximum of two of any same type jump

SPINS – Maximum of three spins of a different nature

- One must be a spin in one position with a minimum of six revolutions
- One must be a flying spin with a minimum of six revolutions
- One must be a spin combination consisting of all three basic spin positions and one change of foot with a minimum of two continuous revolutions in each basic position and minimum of five revolutions on each foot

STEP SEQUENCES

- Men: Two different step sequences
- Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence
 - See rules 4104 and 4105 for more descriptions above

3. Junior championship*

Test requirement: junior free skating test and no higher

RULE 4210 - JUNIOR MEN WELL-BALANCED FREE SKATE

4:00 +/- 10 seconds

Must contain the following elements in any order:

JUMPS Maximum of eight jump elements

- One must be an Axel-type jump
- Up to three may be jump combinations or jump sequences
- Jump combinations are limited to two jumps, except that one jump

- combination may contain three jumps
- The number of jumps in a jump sequence is not limited
- Individual jumps can contain any number of revolutions
- A double Axel cannot be included more than twice (as a solo jump or as part of a combination/sequence)
- No more than two different triple and quadruple jumps can be repeated, and if repeated, at least one attempt must be as part of a jump combination or a jump sequence

SPINS Maximum of three spins

- One must be a spin combination with a minimum of 10 revolutions
- One must be a flying spin or a spin with a flying entry with a minimum of six revolutions
- One must be a spin with only one position with a minimum of six revolutions
- All spins must be of a different character
- In all spins, the change of foot is optional
- All spins may begin with a flying entry
- The number of different positions in the spin combination is not limited
- Each basic position must be held for a minimum of two revolutions to be counted
- The skaters have freedom to select the kinds of spins they intend to execute within the spin types required

STEP SEQUENCE Maximum of one step sequence

- Must fully utilize the ice surface
- Jumps may be included in the step sequence
- Step sequences that are too short and barely visible cannot be considered as meeting the requirements of a step sequence, but additional step sequences connecting the various elements may be included at the discretion of the skater

RULE 4210 - JUNIOR LADIES WELL-BALANCED FREE SKATE

3:30 +/- 10 seconds

Must contain the following elements in any order:

JUMPS Maximum of seven jump elements

- One must be an Axel-type jump
- Up to three may be jump combinations or jump sequences
- Jump combinations are limited to two jumps except that one jump combination may contain three jumps
- The number of jumps in a jump sequence is not limited
- Individual jumps can contain any number of revolutions
- A double Axel cannot be included more than twice (as a solo jump or as part of a combination/sequence)
- No more than two different triple and quadruple jumps can be repeated, and if repeated, at least one attempt must be as part of a jump combination or a jump sequence

SPINS Maximum of three spins

- One must be a spin combination with a minimum of 10 revolutions
- One must be a flying spin or a spin with a flying entry with a minimum of six revolutions
- One must be a spin with only one position with a minimum of six revolutions
- All spins must be of a different character
- In all spins, the change of foot is optional
- All spins may begin with a flying entry
- The number of different positions in the spin combination is not limited
- Each basic position must be held for a minimum of two revolutions

to be counted

- The skaters have freedom to select the kinds of spins they intend to execute within the spin types required

STEP SEQUENCE Maximum of one step sequence

- Must fully utilize the ice surface
- Jumps may be included in the step sequence
- Step sequences that are too short and barely visible cannot be considered as meeting the requirements of a step sequence, but additional step sequences connecting the various elements may be included at the discretion of the skater.

4. Junior

Test requirement: novice or junior free skating test and no higher

Program duration: Ladies — 3:30 +/- 10 seconds; Men — 4:00 +/- 10 seconds, to music of the skater's choice.

JUMPS – Maximum of eight jump elements for men and seven jump elements for ladies

- **Any single jumps.**
- Double jumps may only include the double Salchow, double toe-loop, double loop and double flip
- No triple jumps
- Maximum of three jump combinations or sequences
- Maximum of two of any same type of jump

SPINS – Maximum of 3 spins of a different nature

- One must be a spin in one position with six revolutions
- One must be a flying spin with a minimum of six revolutions
- One must be a combination spin consisting of all three basic spin positions and one change of foot with a minimum two continuous revolutions in each basic position and minimum of five revolutions on each foot

STEP SEQUENCES

- One step sequence of advanced difficulty, covering the full ice surface
 - See rules 4104 and 4105 above for description

5. Novice

Test requirement: intermediate or novice free skating test and no higher

Program duration: 3:00 ladies; 3:30 men (+/- 10 sec.)

JUMPS – Maximum of seven jump elements for men and six jump elements for ladies

- Any single jumps
- Double jumps may only include the double Salchow, double toe-loop, and double loop.
- No triple jumps
- Maximum of three jump combinations or sequences
- Maximum of two of any same type jump

SPINS – Maximum of three spins of a different nature

- One must be a combination spin with at least one change of foot and at least one change of position with a minimum of five revolutions on each foot
- The other spins are the option of the skater with a minimum of six revolutions
- All spins may be flying spins

STEP SEQUENCES

- One step or spiral sequence
 - See rules 4104 and 4105 above for description

6. Intermediate

Test requirement: juvenile or intermediate free skating test and no higher

Program duration: 2:30 (+/- 10 sec.)

JUMPS – Maximum of six jump elements

- Any single jumps
- Double jumps may only include the double Salchow and double toe-loop
- No triple jumps
- Maximum of three jump combinations or sequences
- Maximum of two of any same type jump

SPINS – Maximum of two spins of a different nature

- One must be a flying spin with a minimum of five revolutions
- One must be a combination spin with at least one change of foot and at least one change of position with a minimum of four revolutions on each foot

STEP SEQUENCES

- One step sequence, fully utilizing the ice surface

7. Juvenile

Test requirement: pre-juvenile or juvenile free skating test and no higher

Program duration: 2:15 (+/- 10 sec.)

JUMPS - Maximum of five jump elements

- Any single jumps with not more than 1 ½ rotations (Axel permitted)
- Maximum of two jump combinations or sequences
- Maximum of two of any same type jump
- No double jumps permitted

SPINS – Maximum of two spins

- One spin in one position, no change of foot with a minimum of four revolutions
- One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions with a minimum of four revolutions on each foot
Only the solo spin may fly

STEP SEQUENCES

- One step sequence, fully utilizing the ice surface

8. Pre-Juvenile

Test requirement: preliminary or pre-juvenile free skating test and no higher

Program duration: 2:00 (+/- 10 sec.)

JUMPS – Maximum of five jump elements

- Jumps with not more than one rotation (no Axels)
- Maximum of two jump combinations or sequences
- Maximum of two of any same type jump
- No axels permitted

SPINS - Maximum two spins

- One spin in one position, no change of foot with a minimum of three revolutions
- One combination spin: forward camel spin to forward sit spin, change of foot optional with a minimum of six revolutions combined in forward sit and camel positions
- Spins may not fly

STEP SEQUENCES

- One step sequence, fully utilizing the ice surface

9. Preliminary

Test requirement: no test needed, but may not have passed higher than the preliminary test

Program duration: 1:30 (+/- 10 sec.)

JUMPS – Maximum of five jump elements

- Jumps with not more than one rotation
- No axels permitted
- Maximum of two jump combinations or sequences
- Maximum of two of any same type of jump

SPINS – Maximum of two spins

- One spin in one position, no change of foot, no flying entry with a minimum of three revolutions
- One consisting of a front scratch to back scratch, with exit on spinning foot optional with a minimum of three revolutions on each foot
- Flying spins are not allowed

STEP SEQUENCES -

1. Connecting moves and steps should be demonstrated throughout the program

C. SHORT PROGRAM EVENTS

The short program consists of required elements with connecting steps, as prescribed by the 2013-14 U.S. Figure Skating Rulebook. Program duration is maximum. There is no penalty for skating less music. Rules 4200-4230 will be adhered to, except for where noted below. As with free skates, athletes may skate up one level from their highest test passed.

FOR GROUP INFORMATION, ATHLETES ARE REQUIRED TO SEE THE 2013-14 U.S. FIGURE SKATING RULEBOOK

1. Senior:

- Program duration: 2:50 max
- Test requirement: junior or senior free skating test
- Required elements per rule 4200

RULE 4200 - SENIOR LADIES SHORT PROGRAM

Must contain the following seven elements in any order:

AXEL-TYPE JUMP

- One single, double or triple Axel
- If the double or triple Axel is executed, it may not be repeated as the solo jump or as either part of the jump combination

SOLO JUMP

- One double or triple jump immediately preceded by connecting steps and/or other comparable free skating movements
- If the double or triple Axel is executed, it may not be repeated as the solo jump or as either part of the jump combination

JUMP COMBINATION

- One jump combination consisting of two double jumps, a double and a triple jump (in either order) or two triple jumps
- The two jumps performed in the combination may be the same or different; however, the jumps included must be different than the solo jump and the Axel-type jump

FLYING SPIN

- One flying spin
- Minimum of eight revolutions in landing position or variation thereof
- Any type of flying spin is permitted, but the landing position must be different than the spin in one position
- The chosen position must be attained in the air, but the landing position may be different than the flying position

SPIN IN ONE POSITION

- One layback or sideways leaning spin
- Minimum of eight revolutions in position
- Any position is permitted as long as the basic layback or sideways leaning position is maintained for at least eight revolutions without rising to an upright position
- A Biellmann position, if executed, can only be executed after the skater has completed the eight required revolutions in the layback or sideways leaning position
- Cannot be commenced with a jump

SPIN COMBINATION

- One spin combination
- With only one change of foot
- At least two changes of position

- Minimum of six revolutions on each foot and two revolutions in each position
- Cannot be commenced with a jump, but the change of foot may be executed in the form of a stepover or a jump

STEP SEQUENCE

- One step sequence
- Must fully utilize the ice surface

RULE 4200 - SENIOR MEN SHORT PROGRAM

Must contain the following seven elements in any order:

AXEL-TYPE JUMP

- One single, double or triple Axel
- If the double or triple Axel is executed, it may not be repeated as the solo jump or as either part of the jump combination

SOLO JUMP

- One double, triple or quadruple jump immediately preceded by connecting steps and/or other comparable free skating movements
- A single spread eagle, spiral or free skating movement cannot be considered as meeting the requirements of connecting steps and/or other comparable free skating movements

JUMP COMBINATION

- One jump combination consisting of a two double jumps, a double jump and a triple jump (in any order), two triple jumps, a quadruple jump and a double jump or a quadruple jump and a triple jump (in any order)
- The two jumps performed in the combination may be the same or different; however, the jumps included must be different than the solo jump and the Axel-type jump

FLYING SPIN

- One flying spin
- Minimum of eight revolutions in landing position or variation thereof
- Any type of flying spin is permitted, but the landing position must be different than the spin in one position
- The chosen position must be attained in the air, but the landing position may be different than the flying position

SPIN IN ONE POSITION

- One camel spin or sit spin
- With only one change of foot, which may be executed in the form of a stepover or a jump
- Minimum of six revolutions on each foot
- Cannot be commenced with a jump

SPIN COMBINATION

- One spin combination
- With only one change of foot
- At least two basic positions
- Minimum of six revolutions on each foot and two revolutions in each position
- Cannot be commenced with a jump, but the change of foot may be executed in the form of a stepover or a jump

STEP SEQUENCE

- One step sequence
- Must fully utilize the ice surface

2. Junior

Program duration: 2:50max.

Test requirement: novice or junior free skating test and no higher

Required elements per rule 4210

RULE 4210 - JUNIOR MEN SHORT PROGRAM (2013-14)*

Must contain the following seven elements in any order:

AXEL-TYPE JUMP

- One single, double or triple Axel

- If the double or triple Axel is executed, it may not be repeated as the solo jump or as either part of the jump combination

SOLO JUMP

- One double or triple loop jump immediately preceded by connecting steps and/or other comparable free skating movements
- A single spread eagle, spiral or free skating movement cannot be considered as meeting the requirements of connecting steps and/or other comparable free skating movements

JUMP COMBINATION

- One jump combination consisting of two double jumps, a double jump and a triple jump (in either order) or two triple jumps
- The two jumps performed in the combination may be the same or different; however, the jumps included must be different than the solo jump and the Axel-type jump

FLYING SPIN

- One flying sit spin
- Minimum of eight revolutions
- The required flying position must be attained in the air, but the required eight revolutions can be executed in any variation of the landing position

SPIN IN ONE POSITION

- One camel spin
- With only one change of foot, which may be executed in the form of a step over or a jump
- Minimum of six revolutions on each foot
- Cannot be commenced with a jump

SPIN COMBINATION

- One spin combination
- With only one change of foot
- At least two basic positions
- Minimum of six revolutions on each foot and two revolutions in each position
- Cannot be commenced with a jump, but the change of foot may be executed in the form of a stepover or a jump

STEP SEQUENCE

- One step sequence
- Must fully utilize the ice surface

RULE 4210 - JUNIOR LADIES SHORT PROGRAM (2013-14)*

Must contain the following seven elements in any order:

AXEL-TYPE JUMP

- One single or double Axel
- May not be repeated as the solo jump or as either part of the jump combination

SOLO JUMP

- One double or triple loop jump immediately preceded by connecting steps and/or other comparable free skating movements
- A single spread eagle, spiral or free skating movement cannot be considered as meeting the requirements of connecting steps and/or other comparable free skating movements

JUMP COMBINATION

- One jump combination consisting of two double jumps, a double jump and a triple jump (in either order), or two triple jumps
- The two jumps performed in the combination may be the same or different; however, the jumps included must be different than the solo jump and the Axel-type jump

FLYING SPIN

- One flying sit spin
- Minimum of eight revolutions
- The required flying position must be attained in the air, but the required eight revolutions can be executed in any variation of the landing position

SPIN IN ONE POSITION

- One layback or sideways leaning spin
- Minimum of eight revolutions in position

- Any position is permitted as long as the basic layback or sideways leaning position is maintained for at least eight revolutions without rising to an upright position
- A Biellmann position, if executed, can only be executed after the skater has completed the eight required revolutions in the layback or sideways leaning position
- Cannot be commenced with a jump

SPIN COMBINATION

- One spin combination
- With only one change of foot
- At least two basic positions
- Minimum of six revolutions on each foot and two revolutions in each position
- Cannot be commenced with a jump, but the change of foot may be executed in the form of a stepover or a jump

STEP SEQUENCE

- One step sequence
- Pattern may consist of any pattern or shape
- Must fully utilize the ice surface

3. Novice

Program duration: 2:30max.

Test requirement: intermediate or novice free skating test and no higher

RULE 4220 - NOVICE MEN SHORT PROGRAM

Must contain the following six elements in any order:

AXEL-TYPE JUMP

- One single Axel or double Axel
- If the single or double Axel is executed, it may not be repeated as the solo jump or as either part of the jump combination

SOLO JUMP

- One double or triple jump immediately preceded by connecting steps and/or other comparable free skating movements
- A single spread eagle, spiral or free skating movement cannot be considered as meeting the requirements of connecting steps and/or other comparable free skating movements

JUMP COMBINATION

- One jump combination consisting of two double jumps or a double jump and a triple jump (in either order)
- The two jumps performed in the combination may be the same or different; however, the jumps included must be different than the solo jump and the Axel-type jump

SPIN IN ONE POSITION

- One camel spin or sit spin
- With only one change of foot, which may be executed in the form of a stepover or a jump
- Minimum of five revolutions on each foot
- Cannot be commenced with a jump

SPIN COMBINATION

- One spin combination
- With only one change of foot, at least one change of position and at least two basic positions (sit, camel, upright or any variation thereof)
- Minimum of five revolutions on each foot and two revolutions in each position
- Cannot be commenced with a jump, but the change of foot may be executed in the form of a stepover or a jump

STEP SEQUENCE

- One step sequence
- Must fully utilize the ice surface

RULE 4220 - NOVICE LADIES SHORT PROGRAM

Must contain the following six elements in any order:

AXEL-TYPE JUMP

- One single Axel or double Axel

- If the single or double Axel is executed, it may not be repeated as the solo jump or as either part of the jump combination

SOLO JUMP

- One double or triple jump immediately preceded by connecting steps and/or other comparable free skating movements
- A single spread eagle, spiral or free skating movement cannot be considered as meeting the requirements of connecting steps and/or other comparable free skating movements

JUMP COMBINATION

- One jump combination consisting of two double jumps or a double jump and a triple jump (in either order)
- The two jumps performed in the combination may be the same or different; however, the jumps included must be different than the solo jump and the Axel-type jump

SPIN IN ONE POSITION

- One layback or sideways leaning spin
- Minimum of six revolutions in position
- Any position is permitted as long as the basic layback or sideways leaning position is maintained for at least six revolutions without rising to an upright position
- A Biellmann position, if executed, can only be executed after the skater has completed the six required revolutions in the layback or sideways leaning position
- Cannot be commenced with a jump or change feet

SPIN COMBINATION

- One spin combination
- With only one change of foot, at least one change of position and at least two basic positions (sit, camel, upright or any variation thereof)
- Minimum of five revolutions on each foot and two revolutions in each position
- Cannot be commenced with a jump, but the change of foot may be executed in the form of a stepover or a jump

STEP SEQUENCE

- One step sequence
- Must fully utilize the ice surface

4. Intermediate

Program duration: 2:00max.

Test requirement: juvenile or intermediate free skating test and no higher

RULE 4230 - INTERMEDIATE SHORT PROGRAM

Must contain the following six elements in any order:

AXEL-TYPE JUMP

- One single Axel or double Axel
- If the single or double Axel is executed, it may not be repeated as the solo jump or as either part of the jump combination

SOLO JUMP

- One double or triple* jump immediately preceded by connecting steps and/or other comparable free skating movements
- A single spread eagle, spiral or free skating movement cannot be considered as meeting the requirements of connecting steps and/or other comparable free skating movements

*If a triple jump is executed as the solo jump, a triple jump cannot be included as either part of the jump combination

JUMP COMBINATION

- One jump combination consisting of a single jump and a double jump (in either order), two double jumps, a single jump and a triple* jump (in either order), or a double jump and a triple* jump (in either order)
- The two jumps performed in the combination may be the same or different; however, the jumps included must be different than the solo jump and the Axel-type jump

*If a triple jump is executed as either part of the jump combination, a triple jump cannot be executed as the solo jump

SPIN IN ONE POSITION

- One spin with only one position
- No change of foot
- Minimum of five revolutions in position
- May commence with a jump

SPIN COMBINATION

- One spin combination
- With only one change of foot, at least one change of position and at least two basic positions (sit, camel, upright or any variation thereof)
- Minimum of five revolutions on each foot and two revolutions in each position
- Cannot be commenced with a jump, but the change of foot may be executed in the form of a stepover or a jump

STEP SEQUENCE

- One choreographic step sequence
- Must fully utilize the ice surface

Note to athletes regarding test levels: Skaters must have passed the required U.S. Figure Skating test(s) to compete in championships events. Skaters who have not passed any U.S. Figure Skating tests may compete at the preliminary level. For all other events, skaters may skate at their U.S. Figure Skating test level or one level higher, regardless of whatever tests they may have taken in other organizations. Athletes who have passed tests through another ISU federation may contact U.S. Figure Skating to determine at what level they are eligible to compete.

D. TEAM MANEUVER EVENTS

Team maneuver events consist of teams of three to six athletes (any mix of male and female) from the same college or university each performing no more than two of the six required elements prescribed for their level.

Each college or university may enter only one team in each competitive level.

An athlete may compete for only one team. Athletes may skate up to any level they desire, but they may not compete on a team at a lower level than the highest test they have passed.

The event will be judged on a team basis. Athletes will have a general warm-up of STROKING ONLY for two minutes. There will also be individual warm-ups for each element for one minute. Teams will be assigned a place to line up along the barrier and must remain on the ice for their entire event. Elements will be skated individually, and the announcer will call the representative from each team when it is his or her turn to perform the prescribed element.

Note:

- If a team has one athlete perform more than two elements, any succeeding elements performed by that athletes will receive no value
- If a competitor performs an element higher than that listed, that element will receive no credit. For example, if the element specified is a Salchow jump and the competitor performs a double Salchow jump, no credit is given for this element.

High Team Maneuver (junior and senior: no test restrictions):

1. Axel or double Axel
2. A combination consisting of two double jumps or a triple jump and a double jump
3. A double or triple Lutz immediately preceded by connecting steps or other free skating moves
4. Flying spin (any position or entrance)
5. Combination spin (one change of foot and at least one change of position)
6. Serpentine step sequence utilizing the entire ice surface

Intermediate Team Maneuver (intermediate and novice: skaters may not have passed higher than the novice free skating test.)

1. Axel
2. A combination jump consisting of a single and a double jump or two double jumps.
3. Double loop, flip or Lutz immediately preceded by connecting steps or other free skating movements
4. Camel spin with a change of foot (forward camel to backward camel spin)
5. Spin combination (one change of foot and at least one change of position)
6. Straight line step sequence utilizing the entire ice surface

Low Team Maneuver (preliminary - juvenile: skaters may not have passed higher than the juvenile free skating test)

1. Salchow
2. Waltz jump-toe loop combination jump (no turns or steps in between)
3. Axel
4. Combination spin: camel spin to sit spin (no change of foot)
5. Upright spin (optional free foot position, may have one change of foot)
6. Circular step sequence (utilizing the full ice surface)

E. SOLO DANCE EVENTS

The dances performed will rotate within the conferences for intercollegiate competitions. Each event will have one required dance.

The dances will rotate as follows:

Conference competition #1	Conference competition # 2	Conference competition # 3
Required dance: Dance #1	Required dance: Dance # 2	Required dance: Dance #3
U.S. Intercollegiate Championships: Dance #1 will be skated		

Solo dance levels, test requirements and dances to be skated:

Passing a dance test refers to having passed all of the dances at a particular level. Athletes may compete at their highest test passed, or one level higher, with the exception of the international level. Athletes must have passed a minimum of their gold test to compete at that level. Athletes who have not passed any dance tests may compete in preliminary.

Level	Skater must have passed the following dance test:	Dances to be skated
Preliminary	Preliminary dance test	1. Canasta Tango 2. Dutch Waltz 3. Rhythm Blues
Juvenile	Pre-bronze dance test	1. Swing Dance 2. Fiesta Tango 3. Cha Cha
Intermediate	Bronze dance test	1. Hickory Hoedown 2. Willow Waltz 3. Ten Fox
Novice	Pre-silver dance test	1. 14 Step 2. Foxtrot 3. European Waltz
Junior	Silver dance test	1. American Waltz 2. Rocker Foxtrot 3. Tango
Senior	Pre-gold test	1. Blues 2. Paso Doble 3. Killian
Gold	Gold test dance test	1. Quickstep 2. Argentine Tango 3. Viennese Waltz
International	Gold or international	1. Silver Samba 2. Rhumba 3. Tango Romantica

Notes on the conduct of the competition:

All dance events may be double-paneled at the discretion of the referee. When there are more than 12 athletes in a solo dance event, the event will be split at the discretion of the Chief Referee, so no flight has more than 12 skaters. Exceptions to this rule can occur at the Intercollegiate Championships where groups can be larger than 12 at the discretion of the Chief Referee. Ladies will skate the ladies steps and men will skate the men's steps, no exceptions.

Athletes will perform two (2) patterns of each dance except the following: 14- Step, Killian and Quickstep, the skaters will perform three (3) patterns of those dances. All athletes should start their patterns facing the judges unless otherwise directed to by the referee.

F. SYNCHRONIZED TEAM SKATING EVENTS

Synchronized skating events at the collegiate and open-collegiate levels are offered. All U.S. Figure Skating rules will apply.

Collegiate:

Program duration: 4:00 (+/-) 10 sec.

Number of athletes: 12-20, all of whom must be full-time college or university students

Test requirement: All athletes must have passed at least the juvenile moves in the field test

Well balanced program requirements: In accordance with rule 7280

Well balanced program standards and remarks: In accordance with rule 7150

Illegal elements: In accordance with rule 7160

Open collegiate:

Program duration: 3:00 (+/-) 10 sec.

Number of athletes: 8-16, all of whom must be full-time college or university students

Test requirement: Athletes may be at any test level

Well balanced program requirements: In accordance with rule 7290

Well balanced program standards and remarks: In accordance with rule 7150

Illegal elements: In accordance with rule 7160

Note: Synchronized skating will not be offered at the U.S. Figure Skating Intercollegiate Team Championships.

SECTION 3: AWARDED TEAM POINTS

Points will be earned for the first five places in each category as follows:

(Note: Under no circumstances will points be awarded for pairs)

First place	5 Points
Second place	4 Points
Third place	3 Points
Fourth place	2 Points
Fifth place	1 Point

If only **one skater/team** enters a category and that skater skates a demonstration/exhibition, one (1) point will be awarded.

If only **two skaters/teams** enter a category, points will be awarded as follows:

First place	3 Points
Second place	2 Points

If **three skaters/teams** enter a category, points awarded will be as follows:

First place	3 Points
Second place	2 Points
Third place	1 Point

If **four skaters/teams** enter a category, points awarded will be as follows:

First place	4 Points
Second place	3 Points
Third place	2 Points
Fourth place	1 Point

Championship junior and senior freeskate and International Dance

Each skater placing 1-5 will receive two (2) additional bonus points.

Ties

In the case of a tie, skaters will share the available points. For example, competitors tied for first place will share the 5 points for first plus the 4 points for second so that each athlete would earn four-and-one-half (4 ½) points.

Adjustments in available points due to withdrawals

The number of athletes in an event will be based on entries as of **seven (7) days prior to the start of the event**. Withdrawals after this date will not affect the number of available points to the athletes who complete the competition.

Substitutions, additions and changes to the team

All substitutions, changes and/or additions must be made through U.S. Figure Skating Headquarters staff members, who oversee collegiate programs. Substitutions to a team's roster, for medical reasons only, will be considered five (5) days prior to the start of competition. Substitutions may only be made into the event and the level originally entered, and only by a replacement skater who is qualified for that level. Additions or changes to the roster are not permitted after the close of entries; this includes changes to levels or events entered. No late entries will be accepted after the registration deadline for any reason. Points will only be awarded to athletes who complete the competition. No points will be awarded to an athlete who withdraws for any reason, under any circumstances. **U.S. Figure Skating and the National Vice Chair for Intercollegiate Skating have the authority and responsibility to enforce this rule.**

RESPONSIBILITY OF THE PARTICIPATING TEAMS

It is each participating team's responsibility to review the competition schedule for accuracy within 72 hours of receipt, and to notify the competition chair of any errors.

SECTION 4: QUALIFICATION FOR THE U.S. INTERCOLLEGIATE TEAM FIGURE SKATING CHAMPIONSHIPS

A. AWARDING POINTS

At each intercollegiate conference competition, teams earn qualifying points based on their overall finish at the competition. Teams may only earn qualifying points at competitions within their own conference.

Qualifying points are awarded as follows:

First place	5 Points
Second place	4 Points
Third place	3 Points
Fourth place	2 Points
Fifth place	1 Point

A college or university's qualifying points from each of the three intercollegiate conference competitions within their conference will be added together.

The three teams with the highest total qualifying points in each conference will qualify for the U.S. Intercollegiate Team Figure Skating Championships. Any individual athlete from a qualifying team who has competed in at least two intercollegiate conference competitions is eligible to represent the team at U.S. Intercollegiate Team Figure Skating Championships should the team qualify. Athletes on qualifying teams may compete in any events for which their test level qualifies them.

B. TIEBREAKER

If two or more teams are tied for a particular place in points, the following tiebreakers will be used, in this order:

1. The team that had placed higher overall at MORE competitions during the competitive season wins the tie, if still tied:
2. If a tie still exists, the cumulative point totals the team members earned throughout the season wins the tie

C. WAIVERS

1. INDIVIDUAL ATHLETES

An individual athlete on a qualifying team, who has competed in at least one intercollegiate competition may apply for a waiver to be able to compete with his or her team at the U.S. Intercollegiate Team Figure Skating Championships.

The request for the waiver must be filled out online at usfigureskating.org to be submitted to the national vice chair for intercollegiate competitions on the Collegiate Programs Committee **at least four (4) weeks prior to the start of the U.S. Intercollegiate Team Figure Skating Championships**. Only one submission per team will be accepted, so please have all necessary documents in hand when filling out the forms. The request must state the reason the athlete was unable to participate in at least one other competition with documentation supporting that reason (i.e. doctor's note for illness or injury, transcript for study abroad). Acceptable reasons include but are not limited to, injury, illness, mandatory exams, conflicting U.S. Figure Skating qualifying competitions, etc. The national vice chair will determine whether or not the waiver will be granted in conjunction with the chair of the Collegiate Programs Committee.

Note: Waiver requests will not be accepted from any athlete who has not competed in an intercollegiate competition during the season. Skaters must have competed in at least one event. There will be no exceptions to this rule.

2. TEAMS

Teams wishing to qualify for the U.S. Intercollegiate Team Figure Skating Championships must compete in all three intercollegiate conference competitions within their conference.

If a team is not able to attend a competition for reasons, that include but are not limited to, weather problems or mandatory exams, the team may apply for a waiver from the national vice chair for intercollegiate competitions on the Collegiate Programs Committee. The team will be required to document the reasons it was unable to send any representatives to the competition. In order to apply for this waiver, it is mandatory that the team compete in at least two intercollegiate competitions. The national vice chair will determine whether or not the waiver will be granted in conjunction with the chair of the Collegiate Programs Committee.

Even if the waiver is granted, the team will still receive zero points for the competition it omitted. Only the points earned in the events the team participated in will be counted toward qualification to the U.S. Intercollegiate Team Figure Skating Championships.

Automatic byes to the U.S. Intercollegiate Team Figure Skating Championships are not granted for any reason.

D. ACCEPTING AN INVITATION TO PARTICIPATE

The three teams with the highest total qualifying points in each conference will be invited to compete in the U.S. Intercollegiate Team Figure Skating Championships. Invitations will be sent from U.S. Figure Skating and teams are required to accept or decline the invitation to participate within the specifications listed in the email.

E. DECLINING AN INVITATION TO PARTICIPATE

If a team declines its invitation to compete in the U.S. Intercollegiate Team Figure Skating Championships, the next team in that conference will be invited. Teams must notify Brenda Glidewell, U.S. Figure Skating Director of Skating Programs, (bglidewell@usfigureskating.org) in writing within seven days of receiving their invitation to participate.

SECTION 5: CONTACT INFORMATION

LOC chair and chief referee:

Email addresses and phone numbers for these individuals are found on U.S. Figure Skating Online: <https://www.usfigureskating.org/Programs.asp?id=89>

Chair, Collegiate Programs Committee:

Katherine Specht katherine.specht@gmail.com

National Vice Chair for Intercollegiate Skating, Collegiate Programs Committee:

Kristin Zinsmeister: kzinsmei@gmail.com

Director, Skating Programs, U.S. Figure Skating:

Brenda Glidewell

E-mail: bglidewell@usfigureskating.org

Phone: (719) 635-5200 ext. 436

Fax: (719) 635-9548 attn: B. Glidewell