

U.S. FIGURE SKATING FREE DANCE JUDGING FORM JUNIOR (JRFD)



Candidate's Name _____ Member# _____

Candidate's Club _____

Partner or 2nd Candidate's Name _____ Member# _____

Partner or 2nd Candidate's Club _____

Host Club _____ Date _____

| | MARK | COMMENTS | | |
|---|------|----------|-------|--|
| Technical Merit Difficulty and variety of steps, turns & movements in accordance with the rules. Cleanness and sureness, skating on edges with depth and flow, predominance of dance movements and holds which do not include pair skating moves | | | | |
| Presentation Appropriate music, timing, expression of the chosen rhythm, style & unison, choreography. | | | | |
| Total | | Pass | Retry | |

Passing Average: 4.0 Duration: 3:30 +/- 10 sec Vocal Music is permitted. Passing Total: 8.0

Required Elements must include the following:

- ___ ___ ___ **Lifts:** Either one short lift and one long lift or three short lifts. Short lifts must be of a different type. A long lift (not to exceed 12 seconds) can be chosen from the following: reverse rotational, serpentine or combination lift. The short lifts (not to exceed 6 seconds) are stationary, straight line, curve or rotational lift.
 - ___ *One additional lift (up to 6 seconds) is permitted (provided it is not illegal.)
- ___ **Spins:** One dance spin (chosen from spin or combination spin).
 - ___ **Spin:** Minimum 3 revolutions on one foot for each partner.
 - ___ **Spin Combination:** Minimum 3 revolutions on one foot for each partner for each part of the spin. There is allowed up to 1/2 rotation on two feet while changing to the other foot simultaneously by each partner.
 - ___ *One additional dance spin (spin or combination spin) is permitted.
- ___ **Step Sequence:** Two different types of sequences (in hold). One step sequence selected from group A and one selected from group B. The sequence should include a variety of steps and turns and must include brackets, counters, rockers and choctaws executed by both partners
 - ___ **Group A** - straight line step sequences:
 - Midline: skated along the full length of the center (long) axis of the ice surface.
 - Diagonal: skated as fully corner to corner as possible.
 - ___ **Group B** - curved step sequence (counter-clockwise or clockwise):
 - Circular: utilizing the full width of the ice surface on the short axis of the rink.
 - Serpentine: commences in either direction at the center (long) axis of the opposite end of the rink; pattern utilizing the full width of the ice surface.
- ___ **Synchronized Twizzles:** One set of synchronized twizzles, min. 2 revolutions each twizzle by both partners.

Judge's Signature _____ Member # _____