

**U.S. FIGURE SKATING  
FREE DANCE JUDGING FORM  
INTERMEDIATE (IFD)**



Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Candidate's Club \_\_\_\_\_

Partner or 2nd Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Partner or 2nd Candidate's Club \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

	MARK	COMMENTS		
<b>Technical Merit</b> Difficulty and variety of steps, turns & movements in accordance with the rules. Cleanness and sureness, Skating on edges with depth and flow, predominance of dance movements and holds which do not include pair skating moves.				
<b>Presentation</b> Appropriate music, timing, Expression of the chosen rhythm, style & unison, Choreography.				
<b>Total</b>		Pass	Retry	

Passing average: 3.2      Duration: 2:30 +/- 10 seconds      Vocal Music is permitted.      Passing Total: 6.4

Required elements must include the following:

- \_\_\_ **Lifts:** Two different short lifts (max six seconds), but no more, are required and may be selected from the following: stationary, straight line, curve or rotational lift. Long lift types are not permitted.
- \_\_\_ **Spins:** One Dance Spin but no more selected from the following types:  
 Spin: Minimum 3 revolutions on one foot for each partner  
Spin Combination: Minimum 3 revolutions on one foot for each partner for each part of the spin. Up to one-half (1/2) rotation on two feet while simultaneously changing to the other foot is allowed.
- \_\_\_ **Step Sequence:** One sequence from the following list: circular, midline and diagonal fully covering the ice. The sequence should include a variety of steps and turns and must include 3 turns, Mohawks and brackets executed by both partners.
- \_\_\_ **Synchronized Twizzles:** One synchronized twizzle, minimum 1 revolution by both partners.

Two different elements may be retried, if necessary.

Judge's Signature \_\_\_\_\_ Member # \_\_\_\_\_

Judging panel required: Three bronze or higher rank dance judges; or one silver or higher rank dance judge.