



Technical Notification 42

DATED: March 19, 2009

Adult Singles and Pairs Clarifications – Spins, Lifts and Pivot/Death Spirals

The following clarifications will apply at the 2009 U.S. Adult Figure Skating Championships

SPINS

Spin Clarifications for all Adult Free Skates – Singles and Pairs

A spin occurs when the skater completes a total of three revolutions. If this requirement is not fulfilled, the attempted spin has no value.

A change of foot occurs when the skater has completed three revolutions before and three revolutions after the change of foot.

Adult Gold and all Adult Masters Free Skate (singles and pairs)

- A. Spin in one position without change of foot
If a basic position is not attained, the skater/team shall receive no higher than a level one and variations shall not be awarded.
- B. Spin in one position with a change of foot
If a basic position is not attained on either foot regardless of variations attempted, the skater/team shall receive no higher than a level one and variations shall not be awarded.
- C. Flying spin in one position
If a basic position is not attained, the skater/team shall receive no higher than a level one and variations shall not be awarded.
- D. Combination spin with or without change of foot
The technical panel will follow ISU requirements in determining the skater's/team's level of difficulty. There must be at least two revolutions in a basic position to achieve at least a level one spin.

In all spins at least two revolutions are required in any attempted position for the position to be considered.

LIFTS

Full Extension Requirement: U.S. Figure Skating Rule 4030E(2) *Pairs FS Generally* requires that for a lift to be a complete lift, it must include full extension of the lifting arm for the type of lift concerned. It is clarified that Group 1 and Group 2 lifts will be evaluated in the following manner:

- Group 1 Lifts: Full extension of one arm (lifting arm) by the man is required to receive higher than level one.
- Group 2 Waist Loop Lift: Full extension is optional, but the man must have full extension by both arms to receive higher than level one.

Lifts with Carry Feature: U.S. Figure Skating Rule 4033E(5) *Pairs FS Generally* states that for senior and junior pairs events only, one of the required lifts may include a carry. In the remarks for senior pairs free skate (U.S. Figure Skating Rule 4042B(2)A) it states that one of the allowed lifts may include a carry in senior and junior pairs only. All adult pairs rules (U.S. Figure Skating rules 4110-4125) are silent as to whether one of the required lifts may include a carry. It is therefore clarified that only senior and junior pairs may include a carry in one of the required lifts. If an adult pair executes a required lift with a carry, the lift will receive no value and be considered an illegal element. Further a lift that does not rotate and travels down the ice at full extension will be considered a carry and therefore an illegal element at all levels.

Per rules 3434A(5) and 3435A(2)(q)(iii) a two-point deduction will be taken for each illegal element under the IJS system. In 6.0 events a 0.1 deduction will be taken by the judges in each mark (rule 2045C).

Lift Revolutions: U.S. Figure Skating rules require that lifts must have a minimum of two revolutions of the lady, and a minimum one and maximum of three and one half revolutions of the man. However, for adult pair events a lift in which the lady rotates one complete revolution will be considered a legal lift. If a lift does not achieve this revolution requirement, the lift will receive no value. Further a lift that is between one and two revolutions for the lady will receive no higher than level one regardless of features attempted.

The release of the lady's arm from the man's shoulder is a not a feature in Group 1 lifts.

Adult Pairs Repeat of Lifts: U.S. Figure Skating Rules 4111, 4116 and 4121 state that adult pairs free skate must contain a maximum of three different lifts. The use of the word "different" is clarified to mean the pair team may not repeat a lift with the same takeoff. Lifts within the same IJS code (Groups 1-4) may be repeated as long as the takeoff is different (Axel vs. Lutz for Group 1, star vs. platter for Group 3, press vs. back press for Group 4, etc). Lifts from Group 5 must have different codes.

DEATH SPIRAL/PIVOT SPIRAL

Pivot Spirals: It is clarified that all pivot spirals will be coded as death spirals based on the lady's edge (FiDS, BiDS, FoDS, BoDS). All one-handed pivot spirals will be called at a level one regardless of additional features. Two-handed pivot spirals will be called no value. In a pivot spiral, a minimum $\frac{1}{2}$ revolution in low pivot position is required by the man.

Death Spiral Revolutions: In the death spiral, a minimum one-half revolution in low pivot position is required by the man and lady.

It is clarified that the level of a death spiral without one-half revolution of the man and lady in the low position (same time) cannot be more than level one.

It is further clarified that the following IJS features may be achieved on a death spiral only after a half revolution in the low position is achieved by the man and lady:

- #2 – Change of lady's arm hold (one-half revolution with first hold, one revolution with second hold).
- #3 – Change of man's arm hold (one-half revolution with first hold, one revolution with second hold).
- #4 – Difficult variation of the lady's position during the death spiral (at least one full revolution in this variation after one-half revolution).
- #5 – One and one half revolutions of the lady in the death spiral.
- #6 – Additional revolution of the lady in the death spiral position after one and one half revolutions (counts as many times as repeated).

It is further clarified that the following IJS features may be achieved by gold, masters, and championship pairs performing a death spiral only if it is followed by a half revolution in the low position by the man and lady:

- #1 – Difficult entry (or difficult exit following one-half revolution)