



Technical Notification 41

Dated: November 13, 2008

Synchronized Skating – Movements in Isolation Clarification – Free Skating Intermediate, Novice, Junior, Senior, Collegiate and Adult

RE: Clarification on free skating moves / elements executed in pairs during the movements in isolation element in the free skate programs for all levels.

In the movements in isolation element in the free skate program, skaters must execute the free skating move or free skating element feature as individuals, unless the feature being selected is a specific pairs element listed as a choice in the difficulty groups of features. These elements are found on page 7 of ISU Communication 1532 and include pair lifts (senior only), pair pivots and pair spins. No other free skating elements or moves may be done in pairs.

Example 1:

If the team chooses spread eagles for their free skating move in the movements in isolation, the skaters performing the spread eagle may not be attached to a partner when executing the spread eagle. Each skater must do the spread eagle independently.

Example 2:

The team may choose to have four pairs of skaters execute a pair camel spin as the free skating element in their moves in isolation. The pair camel spin is specifically listed in ISU Communication 1532 as a free skating move to be applied to the movements in isolation element.