

TRIAL U.S. FIGURE SKATING MOVES IN THE FIELD TRAIL JUDGING FORM PRELIMINARY



Candidate's Name _____ Member # _____

Host Club _____ Date _____

The purpose of this test is to continue the encouragement of beginning skaters to learn the fundamentals of ice skating. The candidate must show knowledge of the steps and a good sense of power (speed and flow). Attention should be given to depth of edges and proper curvature of lobes.

OFFICIAL JUDGES Name / Number				T R I A L	Passing Average: 2.5 Passing Total: 15.0			
					COMMENTS			
Forward & Backward Crossovers Start with fwd crossovers in a figure 8 pattern-it is expected skater will perform transition between circles on one foot. 4-6 crossovers per circle are recommended. Upon completing forward figure 8, perform a swing roll & change of edge to an open mohawk in order to turn around and continue the figure 8 pattern with 4-6 backward crossovers per circle. Introductory steps are optional.					Focus: power			
Consecutive outside & inside spirals Rt & lft foot spirals. Outside edge spirals skated for first length of the arena. Optional fwd crossovers may be utilized at end of arena. Fwd inside edge spirals will be skated for second length of the arena. Exact number of spirals depends on size of arena and strength of skater, Minimum of 4 spirals down each length of arena. Extended leg should be at hip level or higher. Intro steps optional.					Focus: extension, edge quality			
Forward power three-turns Fwd outside 3-turns to a balance position followed by a bkwd crossover. 3-6 sets of 3-turns will be skated depending on length of ice. May begin move with rt or lft foot 3-turns. On second length of arena, 3-turns skated on the opposite foot. Intro steps & bkwd crossovers around end of arena are optional.					Focus: power			
Alternating forward three-turns From standing position, alternating fwd outside 3-turns for width of arena. Then fwd inside alternating 3-turns for second width of arena. Size of arena and strength of skater determines number of 3-turns skated. Move may start on either foot.					Focus: edge quality			
Forward circle 8 Begins w/ skater pushing from standing start onto a FO edge & completing one FO figure 8. Upon returning to center at completion of 2nd circle, a FI figure 8 by pushing onto FI, repeating previously skated circle. Circles should be equal in size & approx. 3 times skater's height. May mark center. Start on either foot					Focus: edge quality, continuous flow			
Alternating bkwd crossovers to bkwd outside edges Alternating bkwd crossovers to bkwd outside edges in consecutive 1/2 circles for one length of the rink. Four or five lobes should be skated. Introductory steps optional.					Focus: edge quality			
Result					Pass	Retry	Judge-in-Charge overwrite Result in ink	

Judge-in-Charge Signature _____ Member # _____

Trial Judge's Signature _____ Member # _____

Trial Judge's Club _____ Current Judging Status _____