

# TRIAL U.S. FIGURE SKATING MOVES IN THE FIELD TRIAL JUDGING FORM ADULT GOLD



Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

Candidates must give a strong performance showing strong true edges, smooth turns, correct posture and effortless flow.

OFFICIAL JUDGES Name / Number				T R I A L	Passing Average: Adult 3.0, Masters 2.8 Passing Total: Adult 18.0, Masters 16.8			
					COMMENTS			
<b>Stroking: Forward Power Circles</b> From a standing position, fwd crossovers progressively increasing in foot speed & acceleration throughout move, from a slow but gradually accelerating pace to fully accelerated crossovers. As skater accelerates circle circumference increases. Circles performed both in counterclockwise and clockwise directions. No more than fifteen crossovers to be utilized.					Focus: quickness, continuous flow and strength			
<b>Stroking: Backward Power Circles</b> From a standing position, backward crossovers progressively increasing in foot speed and acceleration throughout move, from a slow but gradually accelerating pace to fully accelerated crossovers. As skater accelerates circle circumference increases. Circles performed both in counterclockwise and clockwise directions. No more than fifteen crossovers to be utilized.					Focus: continuous flow and strength			
<b>Forward Double 3-Turns</b> Consecutive fwd double 3-turns on 1/2 circles w/ alternating feet. 4-6 half circles depending on length of arena & strength of skater. Sequence begins w/ FO double 3-turns covering the first length of the arena. FI double 3-turns cover the second length. Introductory steps and end patterns optional.					Focus: edge quality			
<b>Backward Double 3-Turns</b> Consecutive bkwd double 3-turns on 1/2 circles w/ alternating feet: 4-6 half circles depending on length of arena & strength of skater. Sequence begins w/ BO double 3-turns covering first length of arena. BI double 3-turns cover second length of arena. Introductory steps and end patterns optional.					Focus: edge quality			
<b>Backward circle 8</b> Begins w/ skater pushing from standing start onto a BO edge & completing one BO figure 8. Upon returning to center at completion of 2nd circle, a BI figure 8 by pushing onto BI, repeating the previously skated circle. Circles should be equal in size & approx. 3 times skater's height. May mark center. Move may start with either foot.					Focus: extension			
<b>Brackets in the Field</b> 2 sets of turns on 1/2 circles RFO-LBI down approx. 1/2 the length of arena, continuing down remaining length performing 2 sets of turns LFO-RBI w/ optional step to transition to LFO edge. Once completed repeat entire sequence performing 2 sets of turns LFI-RBO down approximately 1/2 the length of the arena & 2 sets of turns RFI-BO down remaining length with an optional step to transition to RFI edge. Introductory steps optional.					Focus: continuous strength and flow			
<b>Result</b>					Pass	Retry	Judge-in-Charge overwrite Result in ink	

Judge-in-Charge Signature \_\_\_\_\_ Member # \_\_\_\_\_

Trial Judge's Signature \_\_\_\_\_ Member # \_\_\_\_\_

Trial Judge's Club \_\_\_\_\_ Current Judging Status \_\_\_\_\_