

# SOLO FREE DANCE JUDGING FORM SENIOR



Circle one: Standard (ZSRFD) or Adult 21+ (21ZSRFD) or Adult 50+ (50ZSRFD)

Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Candidate's Club \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

General requirements outlined for the gold pattern dance test apply equally to the enior solo free dance test. The program presented must conform to the rules for solo free dance. It must be difficult, varied and display originality. Choreography, expression and utilization of space must be excellent. For adult 21+ and adult 50+ candidates, see rules 8383 and 8384. A senior solo free dance program must include the following required elements, as specified in rule 8395:

REQUIRED ELEMENTS		EXECUTED	COMMENTS		
EDGE ELEMENTS	<b>One combination edge element</b> and no more, not to exceed 12 seconds and <b>two different short edge elements</b> and no more, not to exceed six seconds each. Edge elements must have different positions, but positions in the combination edge element may be repeated				
SPIN	<b>One choreographic dance spin</b> but no more, selected from <b>Choreographic Dance Spin</b> or <b>Choreographic Dance Combination Spin*</b>				
STEPS	<b>Two different types of step sequences**</b> one selected from Group A and one selected from Group B <b>1. Group A: Straight Line Step Seq.</b> midline or diagonal <b>2. Group B: Curved Step Seq. (CCW or CW):</b> circular or serpentine				
TWIZZLES	<b>Two different twizzle series</b> but no more, one series must have a different entry edge and different direction of rotation for the two twizzles; for both series, a minimum of two revolutions is required on each twizzle, no more than three steps are allowed between twizzles				
STOP	<b>One choreographic dance stop***</b> the stop must come at least 10 seconds after the start of the program and at least 10 seconds before the end of the program				
<b>Duration: 2:40 +/- 10 seconds</b> - For up to every +/- 10 sec in excess: penalty of one point (-1) deduction (8385) *8373(C) A choreographic dance spin is on one foot only. It must have a minimum of three revolutions and may include any number of changes of position. A choreographic dance combination spin must have a change of foot with a minimum of three revolutions on each foot, and may contain any number of positions on either foot. This element should relate to the music and enhance the overall program. No flying entries are permitted on any dance spin. **Each step sequence must fully utilize the ice surface, should include a variety of steps and turns and must include brackets, counters, rockers, choctaws and twizzles. Jumps of more than one-half rotation, stops, dance spins, pirouettes, pattern retrogressions and loops must not be included in any step sequence. ***8373(D) A choreographic dance stop is performed to express the character of the music through movements or dancing in place. The stop should be for a minimum of three seconds but not to exceed six seconds. - Two different elements may be reskated, if necessary.			<b>MARK (-3 to +3)</b>		
			<b>Elements</b>		
			<b>Skating</b>		
			<b>Program</b>		
			<b>DED</b>		
Circle Test Result	Retry -9 to -1	Pass 0 to +3	Honors +4 to +6	Distinction +7 to +9	Total

Judge's Signature \_\_\_\_\_ Name \_\_\_\_\_ Mbr # \_\_\_\_\_

Judging Panel Required	<b>Three-Judge Panel</b> (test result determined by majority)	<b>Single-Judge Panel</b>
	Three gold dance test judges	N/A