

U.S. FIGURE SKATING FREE SKATE TEST JUDGING FORM SENIOR (SRF)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

The candidate must give an excellent performance displaying power, strong edge control and depth, extension and precise footwork control in all aspects of the selected elements. The program should fully utilize the ice surface, have a change of pace and superbly express the mood and rhythm of music. Harmonious steps and connecting movements in time to the music should be maintained throughout the program. As specified in rule 4200, the following elements are required:

REQUIRED ELEMENTS		EXECUTED	COMMENTS	
JUMP ELEMENTS (7)	One single, double or triple Axel*			
	Four different double, triple or quadruple jumps, one of which must be a double Lutz, triple or quadruple jump*			
	Two two-jump or three-jump combinations, both including two jumps with at least two rotations			
SPINS (3)	One spin combination with at least one change of position (minimum 10 revolutions)**			
	One flying spin or spin with a flying entry (minimum 6 revolutions)**			
	One spin with only one position (minimum 6 revolutions)**			
STEPS	One step sequence – must be visible and identifiable and use almost the full ice surface			
CHOR	One choreographic sequence – must be clearly visible		MARK	
Duration: 4:00 +/- 10 seconds Passing Average: 4.5 Passing Total: 9.0			Technical Merit	
*May be performed as solo jumps, or as part of jump combinations or sequences, but no jump element may count for more than one of the jump requirements. **All spins may have a flying entry and/or change feet and must be of a different character.			Presentation	
- Extra elements may be added without penalty. - Two different elements may be reskated, if necessary.			Total	
			PASS	RETRY

Judge's Signature _____ Member # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three gold rank singles test judges	N/A