USFSA JUDGING FORM

TRIAL **Senior Free Skating** **TRIAL**

The candidate must give an excellent performance displaying power, strong edge control and depth, extension and precise footwork control in all aspects of the selected elements. The program should fully utilize the ice surface, have a change of pace and superbly express the mood and rhythm of the music. Harmonious steps and connecting movements in time to the music should be maintained throughout the program.

Candidate's Name _____ USFSA #_____
Host Club_____ Date _____

OFFICIAL JUDGES				TRIAL	COMMENTS		
Technical Merit							
Presentation							
Total					**Pass**	**Retry**	**Judge-in-Charge overwrite Total in ink**

Judge-in-Charge Signature _____ USFSA # _____
Passing Average 4.5 Duration: Ladies 4 minutes -- Men 4 1/2 minutes Passing Total 9.0

The following elements are required:

JUMPS: At least four (4) different double or triple jumps, **one of which must be a double Lutz.** If the skater elects to do triple jumps, only one may be repeated in combinations or jump sequences.

_____ Double Lutz.

_____ _____ _____ _____

_____ _____ Two different jump combinations consisting of two double jumps or a double and a triple jump (no turn or change of foot between jumps).

SPINS: At least four different spins (solo spins must be minimum 6 revolutions in position).

_____ One **must** be a flying spin.

_____ One must be a spin combination consisting of at least two positions and at least one change of foot (minimum 10 total revolutions).

_____ _____ Two additional spins.

STEPS: _____ One serpentine step sequence of very advanced difficulty with complex sequences of turns in the field which cover the entire ice surface and include counters and rockers.

_____ Connecting moves and steps should be demonstrated throughout the program.

Trial Judge's Signature _____ USFSA #_____

Trial Judge's Club _____ Current Judging Status _____

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