

**U.S. FIGURE SKATING
SPECIAL OLYMPICS/THERAPEUTIC SKATING
GOLD MOVES IN THE FIELD TEST (SOGM)**



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

A Special Olympics/Therapeutic Skating test may be given to any Special Olympics or therapeutic skating athlete who is registered with a Special Olympics or therapeutic skating program. A Special Olympics or therapeutic skating athlete may be assisted during the test by a coach or another athlete from the boards or on the ice. Expectations for this test reflect a passing average that aligns with the fundamentals of ice skating. Skater should demonstrate, although not necessarily master, the following good edges, flow, extension and form.

	COMMENTS		
<p>Eight-Step Mohawk Sequence 2 sequences counterclockwise, then 2 sequences clockwise. Step order is: Fw crossover into a LFO mohawk, followed by LBI, RBO, LBI cross forward and RFI. Should maintain march cadence (one beat per step). Between the circles is a two-beat left foot transition. Introductory steps are optional. May start on either foot.</p>			
<p>Free Skate Cross Strokes Free skate cross strokes the length of the ice surface. Fw cross strokes skated one length of rink and bw cross strokes skated the second length of rink. Introductory steps and end patterns are optional. May start on either foot.</p>	Forward		
	Backward		
<p>RF Changes of Edge and LF Three-Turns A RFO to I change of edge into LFI three-turn, followed by a RFI to O change of edge into LFO three-turn. Performed down length of rink, in sequence. Maximum of 4 introductory steps.</p>			
<p>LF Changes of Edge and RF Three-Turns A LFO to I change of edge into RFI three-turn, followed by a LFI to O change of edge into RFO three-turn. Performed down length of rink, in sequence. Maximum of 4 introductory steps.</p>			
<p>Backward Crossovers to BO Edges Alternating bw crossovers to BO edges in consecutive half circles for one length of the rink. 4 or 5 lobes should be skated. Introductory steps are optional.</p>			
<p>Backward Circle Eight Push from a standing start onto a BO edge and complete one BO figure eight. Upon returning to center at the completion of the second circle, skater will perform a BI figure eight by pushing onto a BI edge, thereby repeating the previously skated circle. Circles should be equal in size and approximately 3 times skater's height. May mark center. May start on either foot.</p>			
Result	Pass	Retry	

The entire test will be marked on a "pass" or "retry" basis only, and individual marks will not be awarded. The "pass" or "retry" will be arrived at by consideration of the composite of each element in relation to the whole. Any number of elements may be reskated at the request of the Judge-In-Charge.

Judge's Signature _____ Member # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
		Three bronze or higher rank singles/pairs or dance test judges who are certified to judge moves in the field II