

**U.S. FIGURE SKATING
SPECIAL OLYMPICS/THERAPEUTIC SKATING
BRONZE MOVES IN THE FIELD TEST (SOBM)**



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

A Special Olympics/Therapeutic Skating test may be given to any Special Olympics or therapeutic skating athlete who is registered with a Special Olympics or therapeutic skating program. A Special Olympics or therapeutic skating athlete may be assisted during the test by a coach or another athlete from the boards or on the ice. The purpose of this test is to continue the encouragement of beginning skaters to learn the fundamentals of ice skating. The candidate must show knowledge of the steps and a good sense of flow.

	COMMENTS		
Crossovers in a Figure Eight Skater will perform four to six forward crossovers in a figure eight pattern. The transition between circles should be on one foot. Upon completing the forward figure eight, the skater will perform a swing roll and change of edge to an open mohawk in order to turn around and continue the figure eight pattern with four to six backward crossovers per circle. May start in either direction. Introductory steps are optional.	Forward		
	Backward		
Forward Spirals or Lunges Skater will perform right and left foot spirals down the length of the rink maintaining a spiral position on each foot for approximately four seconds with extended leg held at the hip level or higher; or the skater will perform right and left foot lunges down the length of the rink maintaining a lunge position on each foot for approximately four seconds. May be on flats and may start on either foot. Introductory steps are optional.	Right Foot		
	Left Foot		
Basic Consecutive Backward Edges Starting from a standing position, skater will perform four to six half circles, alternating feet, using an axis line such as a hockey line. The skater may start each set on either foot, but they must be skated in the order listed.	Outside		
	Inside		
Alternating Forward Three-Turns Starting from a standing position the skater will perform alternating forward outside three-turns for the width of the rink. The skater will then perform forward inside alternating three-turns for the second width of the rink. The size of the rink and strength of the skater will determine the number of three-turns skated. May start on either foot.	Outside		
	Inside		
Mohawk The skater will perform a right forward inside edge to left backward inside edge open mohawk. The free leg should be extended before and after the turn. (There is no diagram for this move.)			
Result	Pass	Retry	

The entire test will be marked on a "pass" or "retry" basis only, and individual marks will not be awarded. The "pass" or "retry" will be arrived at by consideration of the composite of each element in relation to the whole. Any number of elements may be reskated at the request of the Judge-In-Charge.

Judge's Signature _____ Member # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
		Three bronze or higher rank singles/pairs or dance test judges who are certified to judge moves in the field II