

Pre-Preliminary Moves in the Field

The purpose of this test is to encourage beginning skaters to learn the fundamentals of ice skating. No great deal of technical ability, carriage or flow is expected. The candidate must show knowledge of the steps, fairly good edges and some evidence of good form.

Candidate's Name _____ USFSA # _____

Host Club _____ Date _____

OFFICIAL JUDGES				T R I A L	COMMENTS		
					Pass	Retry	Judge-in-Charge overwrite Result in ink
Forward Perimeter Stroking Four to eight straight strokes with crossovers around ends for one full lap of the arena, both clockwise and counter clockwise directions. Introductory steps optional.					Primary Focus: Power Secondary Focus: Extension		
Basic Consecutive Edges Starting from a standing position, four to six half circles, alternating feet, using an axis line. Forward outside edges Forward inside edges Backward outside edges Backward inside edges					Primary Focus: Edge Quality		
Forward Right and Left Foot Spirals Spirals to be skated down the length of the arena and held for approximately 4 seconds with extended leg held at hip level or higher. Skater may be on flats. Introductory steps optional.					Primary Focus: Extension		
Waltz Eight Two patterns on each foot - performed with control. Introductory steps optional.					Primary Focus: Edge Quality		
Result					Pass	Retry	Judge-in-Charge overwrite Result in ink

Judge-in-Charge Signature _____ USFSA # _____

The entire test shall be marked on a "Pass" or "Retry" basis only, and individual marks are not awarded. The "Pass" or "Retry" shall be arrived at by consideration of the composite of each element in relation to the whole. At the end of these moves only one element may be retried, if necessary.

Trial Judge's Signature _____ USFSA# _____

Trial Judge's Club _____ Current Judging Status _____