



Welcome to the Wonderful World of Skating

We are making your skater a champion for life. So, what can skating do for you? Through skating, your child can:

- Acquire an appreciation for an active, healthy lifestyle
- Develop self-esteem, self-confidence, self-discipline and self-reliance by mastering and performing skating skills
- Learn to manage stress, perform under pressure, and test emotional and physical balance
- Develop social skills with other children and adults
- Learn about managing success and disappointment
- Learn about playing fairly and being a good sport
- Learn respect for others

While pursuing self-improvement and achievement, skaters transcend themselves and become better people or **CHAMPIONS FOR LIFE**. The life lessons learned through skating outweigh any material rewards they might receive. Our role as parents is to be supportive of their dreams. The U.S. Figure Skating Parents Committee is here to help you along in this adventure. You can find representatives in your region by contacting the Parents Committee Chair. We are here as another resource into the world of skating. Welcome on board!

Pam Dawson, Chair
U.S. Figure Skating Parents Committee
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“We watched our son win a silver medal at the 1992 Olympics – at that moment our lives changed forever! That medal was made possible by an organization that cared enough to create a learning program that builds on levels of accomplishment from the first step on the ice to the trip to the Olympics, and a possible future career. Take advantage of the most economical method of learning to ice skate, and join us as we continue to work for other children to become CHAMPIONS FOR LIFE!”

-B.L. and Bob Wylie, parents of Paul Wylie, 1992 Olympic silver medalist

“Sport is an incredible teacher for life. Of course, as a child you don't know that or care; you just want to have fun. As I look back on my years of skating, I can see clearly how helpful the structure of Basic Skills classes was for me. The sport of figure skating was a great teacher in life for me; starting in Basic Skills made it even better.”

-John Zimmerman, U.S. pairs champion, World pairs bronze medalist, Olympic competitor

“The Basic Skills program opened the door for me to near-endless opportunities in figure skating. Basic Skills was the beginning of a lifetime adventure for me. Basic Skills introduced me to a sport that has taken me all over the world.”

-Ryan Jahnke, U.S. medalist, international and World competitor