

U.S. FIGURE SKATING FREE SKATE TEST JUDGING FORM NOVICE (NF)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

The candidate must give a performance that is generally good. The preciseness of the footwork should be nearly faultless, body motions well timed with the music, and the flow and power very good in all free skating elements (jumps, spins and connecting steps). The program should fully utilize the ice surface, and no major or consistent errors should be in evidence. As specified in rule 4220, the following elements are required:

REQUIRED ELEMENTS		EXECUTED	COMMENTS	
JUMP ELEMENTS (6 ladies / 7 men)	One single, double or triple Axel*			
	Three different double or triple jumps*			
	One two-jump or three-jump combination including two jumps with at least two rotations			
	One (ladies)/two (men) additional jump element(s) must (each) include at least one listed jump, which may be any single, double or triple jump(s) and may be the same as a jump(s) already performed*			
SPINS (3)	One spin combination with at least one change of position and optional change of foot (minimum 10 revolutions)**			
	One flying spin with no change of foot or position (minimum 6 revolutions)			
	One additional spin of a different character (minimum 6 revolutions)**			
STEPS	One step sequence – must be visible and identifiable and use almost the full ice surface			
Duration: Ladies – 3:00 +/- 10 seconds; Men – 3:30 +/- 10 seconds Passing Average: 3.5 Passing Total: 7.0			MARK	
*May be performed as solo jumps, or as part of jump combinations or sequences, but no jump element may count for more than one of the jump requirements. **All spins may have a flying entry. - Extra elements may be added without penalty. - Two different elements may be reskated, if necessary.			Technical Merit	
			Presentation	
			Total	
			PASS	RETRY

Judge's Signature _____ Member # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three silver or higher rank singles test judges	N/A