TRIAL
U.S. FIGURE SKATING
FREE DANCE TRIAL JUDGING FORM
JUNIOR

Candidate's Name_____ Member #_____

2nd Candidate's Name_____ Member #_____

Host Club_____ Date_____

General requirements outlined for the silver pattern dance test apply equally to the junior free dance test. The program presented must conform to the rules set forth for free dance. It must be moderately difficult, contain a good variety of movements, and be well composed and well placed on the ice surface.

OFFICIAL JUDGES				TRIAL	COMMENTS		
Technical Merit							
Presentation							
Total					Pass	Retry	Judge-in-Charge overwrite Total in ink

Judge-in-Charge Signature _____ Member# _____

Passing Average 4.0 Duration: 3:30 +/- 10 sec Passing Total 8.0

The following elements are required:

LIFTS: ____ ____ Either one combination lift or two different types of short lifts. The combination lift (maximum 12 seconds) can be chosen from any combination lift. The short lifts (maximum 7 seconds) can be chosen from stationary, straight line, curve or rotational.

SPINS: ____ One dance spin or combination spin:

***Spin*: Minimum three revolutions on one foot by each partner;**
Combination Spin: Minimum three revolutions on one foot by each partner for each part of the spin. There is allowed up to one-half rotation on two feet while changing to the other foot simultaneously by each partner.

STEP SEQUENCE:

____ One step sequence (in hold) (straight line or curved)

One pattern retrogression is permitted, but no more. If performed, it must not exceed two measures of music. Separations are permitted provided they are no more than two arms lengths in distance and do not exceed five seconds in duration. Loops are not permitted, but a narrow loop is an acceptable shape in the retrogression. Stops are not permitted. Dance spins and pirouettes are stops. Hand-in-hand hold is not permitted with fully extended arms. The pattern of the step sequence in hold must maintain the integrity or basic shape of the chosen pattern. Some deviations in the pattern are expected in order to complete the required turns.

SYNCHRONIZED TWIZZLES:

____ One combination set of synchronized twizzles, minimum two revolutions in each twizzle by both partners.

Extra elements may be added without penalty. Two different elements may be retried, if necessary.

Trial Judge's Signature _____ Member # _____

Trial Judge's Club _____ Current Judging Status _____

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