U.S. FIGURE SKATING MOVES IN THE FIELD JUDGING FORM PRE-JUVENILE (PJM)



The fundamentals of ice skating must be demonstrated, although not necessarily mastered. Good edges, flow, power, extension and posture are required and must be strongly emphasized.

Candidate's Name			Member #		
Candidate's Club					
Host Club					
	MARK			COMMENTS	
Forward & Backward power stroking			Focus: (fv	vd) power, extension, (bkwd) power, edge quality	
Move begins w/ skater performing 4 alternating fwd crossovers separated by strong FI edge transitions. End pattern consists of 2 fwd crossovers followed by a LFO open stroke; then a RFI open mohawk followed by 1 or 2 bkwd crossovers. End pattern steps should be performed w/ even cadence except the LFO open stroke, which should be held for 2 counts. The 2nd side of pattern resumes w/ 4 bkwd crossovers separated by 2-foot transitions, aka power push. Should take care to perform transitions on 2 solid inside edges. 2nd end pattern consists of 3-5 bkwd crossovers.					
FO-BI three-turns in the field				Focus: edge quality	
Fwd three-turns alternating to bkwd three-turns covering the length of arena. One length of arena wi start with RFO-LBI 3-turns. Number of sets of three-turns will depend on length of arena and strength of skater. On second length of arena skater performs LFO-RBI three-turns. End sequence and introductory steps are optional. Move may start with either foot.	· I				
FI-BO three-turns in the field				Focus: edge quality	
First length of arena skater will perform RFI-LBO three-turns. On second length of arena skater will perform LFI-RBO three-turns. Number of sets of three-turns will depend on length of arena and strength of skater. End sequence and introductory steps are optional. Move may start with either foot.					
Fwd & Bkwd power change of edge pulls Skater will perform consecutive power change of edge pulls - FIO to FOI - for full length of arena fol- lowed by bkwd change of edge pulls - BOI to BIO - for the second length of arena. Skater will change feet at center of arena. End sequence and intro steps are optional.				Focus: power	
Backward circle 8				Focus: edge quality	
Begins w/ skater pushing from standing start onto a BO edge & completing one BO figure 8. Upon returning to center at completion of 2nd circle, a BI figure 8 by pushing onto BI, repeating the previously skated circle. Circles should be equal in size & approx. 3 times skater's height. May mark center. Move may start with either foot.					
Five-step mohawk sequence				Focus: edge quality, extension	
Skater will perform alternating fwd inside mohawks skated in consecutive half circles. Each series consists of a 5-step sequence. The skater will skate one length of the ice with four to five lobes.					
Total		Pass	Retry		
Passing Average 2.7 Only one element	may be re	tried at	the end	Passing Total 16.2 of the test, if necessary.	
Judge's SignatureMember #					

Judging panel required: Three bronze or higher rank singles/pairs or dance judges who are certified to judge MIF tests.