

# U.S. FIGURE SKATING MOVES IN THE FIELD JUDGING FORM JUNIOR



**Circle one:** Standard (JRM), Adult Candidate (AJRM), Masters Candidate (MJRM)

The candidate must give a performance that is generally very good in all respects. Focus should be on power, flow, edge quality and line and footwork control.

Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Candidate's Club \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

	MARK	COMMENTS
<p><b>Fwd &amp; Bkwd outside rockers</b></p> <p>Fwd outside rockers followed by 2 bkwd cross strokes to bkwd outside rocker. Bkwd outside rocker is followed by 2 fwd outside cross strokes to forward outside rocker. Option of starting first length with either right or left fwd rocker. Second length performed with fwd &amp; bkwd outside rockers on opposite foot. End sequence is optional. There should be 2 fwd &amp; 2 bkwd rockers.</p>		Focus: edge quality, power
<p><b>Fwd &amp; Bkwd inside rockers</b></p> <p>Fwd inside rockers followed by bkwd inside rolls to bkwd inside rocker. Bkwd inside rocker is followed by fwd inside rolls to forward inside rocker for length of arena. Option of starting first length with either right or left fwd rocker. Second length performed with fwd &amp; bkwd inside rockers on opposite foot. Intro steps &amp; end sequence are optional. There should be 2 fwd &amp; 2 bkwd rockers.</p>		Focus: edge quality, power
<p><b>Power pulls</b></p> <p>Sequence of 3 power pulls followed by 2 quick twisting rockers. Sequence then repeated consecutively down entire diagonal of arena. Then performed on opposite diagonal of arena on other foot. Total of 3-4 sequence per foot. Introductory and end steps are optional.</p>		Focus: power, quickness
<p><b>Choctaw Sequence</b></p> <p>Choctaw sequence that covers entire diagonal length of arena &amp; then repeated on second diagonal. Sequence performed with two consecutive choctaws that are then performed in opposite direction. Introductory steps are optional.</p>		Focus: edge quality, power
<p><b>Backward loop pattern</b></p> <p>OUTSIDE: Begins from standing start w/ RFO3 to 3 BI rolls. Last BI roll followed by LBIO change edge to LBO loop. Small change edge to push RBI to 3 more BI rolls followed by RBIO change edge to RBO loop. INSIDE: Begins from standing start w/ RFI3 to 3 bkwd outside cross strokes. Third cross stroke immediately connected to LBOI change edge to LBI loop. Small change edge to push to 3 more BO cross strokes, starting w/ RBO. Third cross stroke immediately connected to RBOI change edge to RBI loop. Both sequences repeated 2x down length of arena. Move may start on either foot.</p>		Focus: edge quality, continuous flow
<p><b>Straight line step sequence</b></p> <p>Begins from standing start w/ 2 open strokes R &amp; L. RFO rocker &amp; cross fwd to LBI rocker immediately to LFI counter. RBO double twizzle to LFO chasse to LFO swing counter. Cross in front to RBI followed by 3 clockwise toe steps &amp; another cross in front RBI. Fwd to LFI &amp; changes lobe w/ 1 1/2 revolution RFI twizzle followed immediately by edge pull to change edge to RBI double 3. Pushes to LBI rocker followed by LFI rocker then RBI loop. Sequence repeated starting on other foot. Move may start on either foot.</p>		Focus: edge quality, continuous flow
<b>Total</b>		Pass   Retry

Passing Average

Passing Total

Standard:	4.0	24.0
Adult:	3.8	22.8
Masters:	3.6	21.6

**Only one element may be retried at the end of the test, if necessary.**

Judge's Signature \_\_\_\_\_ Member # \_\_\_\_\_

Judging panel required: Three gold or higher rank singles/pairs or dance judges who are certified to judge MIF tests.