

U.S. FIGURE SKATING MOVES IN THE FIELD JUDGING FORM ADULT PRE-BRONZE (APBM)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

The purpose of this test is to encourage beginning adult skaters to learn the fundamentals of ice skating. No great deal of technical ability, carriage or flow is expected. Candidates must show knowledge of the steps, fairly good edges and some evidence of good form.

		COMMENTS	
<p>Forward Perimeter Stroking</p> <p>Four to eight straight strokes depending on the length of the ice, with crossovers around the ends, using the full ice surface and for one full lap of the arena (in both directions). Introductory steps are optional.</p>	Primary Focus: Continuous Flow and Strength		Secondary Focus: Extension
<p>Basic Consecutive Edges</p> <p>Starting from a standing position, four to six half circles, alternating feet, using an axis line such as a hockey line.</p>	Primary Focus: Edge Quality		
	Forward outside edges		
	Forward inside edges		
	Backward outside edges		
<p>Forward and Backward Crossovers</p> <p>Forward Crossovers: Four to eight per circle - two full figure eights are required. Backward Crossovers: Four to eight per circle - two full figure eights are required. A one or two foot glide may be utilized when changing circles. May be done along width or length of arena. Introductory steps optional.</p>	Primary Focus: Continuous Flow and Strength		
	Forward:		
	Backward:		
<p>Waltz Eight</p> <p>Two patterns on each foot - performed with control. Introductory steps optional.</p>	Primary Focus: Edge Quality		
<p>Forward Three-Turn Pattern</p> <p>Forward 3-turn pattern: On the first length of the arena skater will perform RFI to LFO 3-turns followed by a cross over and a step forward. The second length of the arena, skater will perform LFI to RFO 3-turns followed by a cross over then a step forward. Four to six sets of 3-turn lobes will be skated depending on the size of the arena. End sequence and introductory steps optional. Skater may begin with either foot.</p>	Primary Focus: Edge Quality		
Result	Pass	Retry	

The entire test shall be marked on a "Pass" or "Retry" basis only, and individual marks are not awarded. The "Pass" or "Retry" shall be arrived at by consideration of the composite of each element in relation to the whole. The judge-in-charge may request a reskate of only one element, upon the request of a member of the panel should it change the overall evaluation of the test from a "Retry" to a "Pass."

Judge's Signature _____ Member # _____

Judging panel required:

One or three bronze or higher rank singles/pairs judges or dance judges who are certified to judge MIF tests.