

U.S. FIGURE SKATING FREE DANCE JUDGING FORM ADULT AND MASTERS BRONZE



Candidate's Name _____ Member # _____

Candidate's Club _____

2nd Candidate's Name _____ Member # _____

2nd Candidate's Club _____

Host Club _____ Date _____

Test is (circle one): Adult (ABFD) or Masters (MBFD)

General requirements outlined for the standard and masters bronze pattern dance test apply equally to the adult and masters bronze free dance test, respectively. The program presented must conform to the rules for free dance. The free dance should incorporate a variety of holds, steps and turns from the pre-bronze and bronze pattern dance tests. Very basic unison and dance timing will be expected. Original dance holds and maneuvers are permitted.

	MARK	COMMENTS		
Technical Merit				
Presentation				
Total		Pass	Retry	

Passing Average: Adult 2.6 / Masters 2.4 Duration: not to exceed 2:25 Passing Total: Adult 5.2 / Masters 4.8

The couple must demonstrate a basic knowledge of the following four required elements:

- ___ **Spin:** One dance spin (hold and position optional), minimum 2 revolutions on 1 foot by each partner simultaneously.
- ___ **Step Sequence:** One diagonal step sequence in dance hold covering at least 3/4 of the ice surface. The sequence should include a variety of steps and turns and must include three-turns and mohawks executed by both partners.

Two additional required elements are to be chosen from the following three types:

- ___ **Lift:** One short lift (maximum 7 seconds) from the following: stationary, straight line, curve or rotational. Combination lifts (maximum 12 seconds) are not allowed.
- ___ **Circular step sequence** in dance hold(s). The sequence must be a complete circle utilizing the full width of the ice surface (on the short axis of the rink). The circle must be complete and closed.
- ___ **Twizzles:** Either synchronized twizzles or a series of synchronized twizzles, minimum 1 revolution by both partners simultaneously.

Extra elements may be added without penalty. Two different elements may be retried, if necessary.

Judge's Signature _____ Member # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
		Three bronze or higher rank dance test judges