

How to Qualify for Regionals

To qualify to compete at regional championships, certain U.S. Figure Skating test requirements are required for each event. There are also age requirements.

For example, a child competing at the juvenile singles level must be younger than 13 and have passed the juvenile free skating and juvenile moves in the field tests. Children wishing to compete in pre-juvenile dance must be 13 or younger and have passed two preliminary dance and the preliminary moves in the field tests.

Usually, the first event in which a child will compete at a regional competition is pre-juvenile. Pre-juvenile is a non-qualifying event; that is, skaters placing in pre-juvenile do not advance to sectional or U.S. Championships. Pre-juvenile skaters must be younger than 13 and have passed the pre-juvenile free skating and pre-juvenile moves in the field tests. (To qualify to take a free skating test, a skater must first pass the corresponding moves test.)

Plan way in advance if you wish your child to compete at the regional championships

If you want your child to compete at the regional championships before he or she is too old to qualify for a certain event, take the time to plan on passing the tests required way before the entry deadline. Children who start skating early in life may have more time to spend competing at a certain level. Remember, passing U.S. Figure Skating tests take much time and practice – sometimes years – so reaching any level that is eligible for a regional competition is quite an accomplishment.

Read the U.S. Figure Skating Rulebook to understand the age requirements and levels as you plan your child's competition career.