

U.S. FIGURE SKATING FREE SKATE TEST JUDGING FORM ADULT SILVER (SFR)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

Expectations for this test reflect a passing average that aligns with the pre-juvenile free skate test. The fundamentals of free skating must be demonstrated, although not necessarily mastered. Good edges, flow, strength, extension and form are required for all of the elements of free skating (jumps, spins and connecting moves). The program should utilize the ice surface and demonstrate some relationship with the music. As specified in rule 4580, the following elements are required:

REQUIRED ELEMENTS		EXECUTED	COMMENTS	
JUMP ELEMENTS	One single loop (must be performed as a solo jump, not in combination/sequence)			
	One single flip (must be performed as a solo jump, not in combination/sequence)			
	One single jump chosen from single Salchow, single toe loop, single Lutz or single Axel (must be performed as a solo jump, not in combination/sequence)			
	One jump combination consisting of two single jumps* (no turn or change of foot between jumps)			
	One jump sequence consisting of jumps of one-half or one full revolution			
SPINS	One camel spin (minimum 3 revolutions in position)			
	One spin combination with only one change of position (minimum 2 revolutions in each position and 6 revolutions total)**			
STEPS	Connecting moves and steps should be demonstrated throughout the program			
Duration: 2:10 maximum Passing Average: 2.7 Passing Total: 5.4			MARK	
*Single jumps are single Salchow, single toe loop, single loop, single flip, single Lutz and single Axel. **Must include two of the following positions: camel, sit or upright. Change of foot is optional and, if performed, must include a minimum of 3 revolutions on each foot. - Extra elements may be added without penalty. - Two different elements may be reskated, if necessary.			Technical Merit	
			Presentation	
			Total	
			PASS	RETRY

Judge's Signature _____ Member # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three bronze or higher rank singles test judges	N/A