

# FREE SKATE TEST JUDGING FORM ADULT SILVER (SFR)



Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Candidate's Club \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

Expectations for this test align with the pre-juvenile free skate test. The fundamentals of free skating must be demonstrated, although not necessarily mastered. Good edges, flow, strength, extension and form are required for all of the elements of free skating (jumps, spins and connecting moves). The program should utilize the ice surface and demonstrate some relationship with the music. As specified in rule 6541, the following elements are required:

REQUIRED ELEMENTS		EXECUTED	COMMENTS			
JUMP ELEMENTS (5)	<b>Three different single jumps</b> two of which must be chosen from single loop, single flip, single Lutz or single Axel*					
	<b>One two-jump or three-jump combination</b> including two single jumps					
	<b>One jump sequence or additional jump combination</b> consisting of waltz jumps or jumps of one full revolution					
SPINS (2)	<b>Two spins of a different character**</b> -Minimum 3 revolutions each spin -If spin has a change of foot: minimum 3 revs. on each foot					
STEPS	<b>One step sequence (may include moves in the field and spirals)</b> utilizing at least one-half of the ice surface					
<b>Duration: 2:10 maximum</b> - For up to every 10 sec in excess: penalty of one point (-1) deduction (rule 6233) - For each illegal element/movement: penalty of one point (-1) deduction (rule 6233)			<b>MARK</b> (-3 to +3)			
*Required jumps may be performed as solo jumps, or as part of jump combinations or sequences, but no jump element may count for more than one of the jump requirements. **If a skater performs a sit spin or a camel spin, the position must be recognizable but does NOT need to achieve a basic position as defined in rule 6103 (A).					Elements	
- Extra elements may be added without penalty. - Two different elements may be reskated, if necessary.					Skating	
					Program	
			DED			
Circle Test Result	Retry -9 to -1	Pass 0 to +3	Honors +4 to +6	Distinction +7 to +9	Total	

Judge's Signature \_\_\_\_\_ Name \_\_\_\_\_ Mbr # \_\_\_\_\_

Judging Panel Required	<b>Three-Judge Panel</b> (test result determined by majority)	<b>Single-Judge Panel</b>
	Three bronze or higher rank singles test judges	N/A