

TRIAL

U.S. FIGURE SKATING

FREE SKATE TRIAL JUDGING FORM

ADULT GOLD



Candidate's Name _____ Member # _____

Host Club _____ Date _____

Expectations for this test reflect a passing average that aligns with the juvenile free skate test. The candidate must skate the selected elements (jumps, spins and connecting steps) on good edges, with good form, continuous flow, strength and preciseness. The candidate must also skate to the music and utilize the ice surface. As specified in rule 4570, the following elements are required:

REQUIRED ELEMENTS		EXECUTED	COMMENTS				
JUMP ELEMENTS (5)	Four different single or allowable** double jumps two of which must be chosen from single Lutz, single Axel, double toe loop or double Salchow*						
	One two-jump or three-jump combination including two jumps with at least one rotation						
SPINS (3)	Three spins of a different character - Minimum 4 revolutions on each foot for spin with change of foot - Minimum 4 revolutions total for spin with no change of foot						
STEPS	One step sequence (may include moves in the field and spirals) – must be visible and identifiable and use almost the full ice surface					MARKS	
Duration: 2:40 maximum *May be performed as solo jumps, or as part of jump combinations or sequences, but no jump element may count for more than one of the jump requirements.. **Allowable double jumps are double toe loop and double Salchow. - Extra elements may be added without penalty. - Two different elements may be reskated, if necessary.			Passing Average: 3.0	T R I A L			
			Passing Total: 6.0				
			Technical Merit				
			Presentation				
Judge-in-Charge overwrite Total in ink	PASS	RETRY	Total				

Judge-in-Charge Signature _____ Member# _____

Trial Judge's Signature _____ Member # _____

Trial Judge's Club _____ Current Judging Status _____