

# MOVES IN THE FIELD TRIAL JUDGING FORM ADULT BRONZE



Circle One: Adult 21+ (21ABM), Adult 50+ (50ABM)

Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

Expectations for adult 21+ candidates align with the preliminary moves in the field test. The purpose of this test is to continue the encouragement of beginning adult skaters to learn the fundamentals of ice skating. The candidate must show knowledge of the steps and a sense of continuous flow and strength. Attention should be given to depth of edges and proper curvature of lobes (rule 5112). For adult 50+ candidates, see rule 5034.

PATTERNS	ELEMENTS TEST STANDARDS / EXPECTATIONS					MARK (-3 to +3)				
	<b>1. Fwd &amp; Bkwd Perimeter Power Stroking</b> <i>continuous flow &amp; strength</i> • All Xovers same quality - solid edge pushing / Good ice coverage • Lobes on axis (strong FI & BI) / Weight shift push on BI 2-ft. transition  <i>Intro steps opt. 4 alt. F Xovers separated by strong FI transitions, end pattern (even cadence): 2 F Xovers, LFO (2 counts) opS RFI opMo, 1-2 B Xovers, 2nd side: 4 alt. B Xovers separated by 2-ft. transitions (power push) on 2 solid BI edges (2nd end: 3-5 B Xovers).</i>									
	<b>2. Forward Power Three-Turns</b> <i>continuous flow &amp; strength</i> • Basic flow & strength, weight shift push on transitions - strength from BI edge • Correct edges - after 3-turn stepping on a BI edge • Well formed lobes - ability to maintain axis  <i>Intro step opt. (R or L start) FO 3 to a balance position followed by a B Xover (3-6 sets depends on size of ice &amp; strength of skater) opt. B Xovers around end, second length of ice surface repeat on other foot.</i>									
	<b>3. Alternating Bkwd Crossovers to BO Edges</b> <i>continuous flow &amp; strength</i> • Good speed, posture & ice coverage (ability to accelerate) • Control during sustained extensions / Equal lobes • Some evidence of development of good form  <i>Intro steps opt. alt. B Xovers to BO edges in consecutive 1/2 circles for one length of ice surface (4-5 lobes)</i>									
	<b>4. Forward Circle Eight</b> <i>edge quality, continuous flow</i> • Round circles, similar in size / Edge push • Body control during position changes (sense of organization in repetition)  <i>Standing start (R or L) may mark center, pushing onto a FO edge, one FO figure 8. Upon returning to center at completion of 2nd circle, a FI figure 8 by pushing onto FI, repeating previously skated circle. Circles should be equal in size &amp; approx. 3x skater's height.</i>									
	<b>5. Five-Step Mohawk Sequence</b> <i>edge quality, extension</i> • Good ice coverage / Steps fairly equal on lobe (even beat) • Correct edges (incl. #4) with a nicely extended free leg • Mohawks should be placed at approx. the 1/3 point on the lobe  <i>Intro steps opt., alt. FI Mo in consecutive 1/2 circles, ea. series consists of a 5-step sequence for one length of the ice surface (4-5 lobes).</i>									
Only one element may be reskated at the end of the test, if necessary.	Circle Test Result	Retry -15 to -1	Pass 0 to +5	Honors +6 to +10	Distinction +11 to +15	Total				

JIC overwrite TJ result in ink.

TJ: Trial Judge's Signature \_\_\_\_\_ Name \_\_\_\_\_ Mbr# \_\_\_\_\_

Trial Judge's Club \_\_\_\_\_ Current Judging Status \_\_\_\_\_

JIC: Judge-in-Charge Signature \_\_\_\_\_ Name \_\_\_\_\_ Mbr# \_\_\_\_\_

J#2: Judge #2 Name \_\_\_\_\_ Mbr# \_\_\_\_\_

J#3: Judge #3 Name \_\_\_\_\_ Mbr# \_\_\_\_\_