

U.S. FIGURE SKATING FREE SKATE TEST JUDGING FORM ADULT BRONZE (BFR)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

Expectations for this test reflect a passing average that aligns with the preliminary free skate test. The purpose of this test is to continue the encouragement of beginning adult skaters to learn the fundamentals of free skating. The candidate must demonstrate knowledge of the elements and a sense of strength and continuous flow. A relationship with the music should be attempted in the program. As specified in rule 4590, the following elements are required:

REQUIRED ELEMENTS		EXECUTED	COMMENTS	
JUMP ELEMENTS	One single Salchow (must be performed as a solo jump, not in combination/sequence)			
	One single toe loop (must be performed as a solo jump, not in combination/sequence)			
	One single jump chosen from single loop, single flip, single Lutz or single Axel (must be performed as a solo jump, not in combination/sequence)			
	One jump combination consisting of a waltz jump and a single toe loop (no turn or change of foot between jumps)			
SPINS	One one-foot backspin, entry optional (minimum 3 revolutions in position)			
	One sit spin in recognizable sit position (minimum 3 revolutions in position)			
STEPS	Connecting moves and steps should be demonstrated throughout the program		MARK	
Duration: 1:50 maximum Passing Average: 2.5 Passing Total: 5.0 - Extra elements may be added without penalty. - Two different elements may be reskated, if necessary.			Technical Merit	
			Presentation	
			Total	
			PASS	RETRY

Judge's Signature _____ Member # _____

Judging Panel Required	Three-Judge Panel (test result determined by majority)	Single-Judge Panel
	Three bronze or higher rank singles test judges	One silver or higher rank singles test judge