

## Adult Pre Bronze Moves in the Field

The purpose of this test is to encourage beginning adult skaters to learn the fundamentals of ice skating. No great deal of technical ability, carriage or flow is expected. The candidate must show knowledge of the steps, fairly good edges and some evidence of good form.

Candidate's Name \_\_\_\_\_ USFSA # \_\_\_\_\_

Host Club \_\_\_\_\_ Date \_\_\_\_\_

OFFICIAL JUDGES				T R I A L	COMMENTS		
					Primary Focus: Power    Secondary Focus: Extension		
<b>Forward Perimeter Stroking</b> Four to eight straight strokes with crossovers around ends for one full lap of the arena, both clockwise and counter clockwise directions. Introductory steps optional.					Primary Focus: Edge Quality		
<b>Basic Consecutive Edges</b> Starting from a stand still position, four to six half circles, alternating feet, using an axis line.  Forward outside edges  Forward inside edges  Backward outside edges  Backward inside edges					Primary Focus: Power		
					Forward:		
					Backward:		
<b>Forward and Backward Crossovers</b>  Forward Crossovers: Four to eight per circle - two full figure eights are required. Backward Crossovers: Four to eight per circle - two full figure eights are required. May be done along width or length of arena. Introductory steps optional.					Primary Focus: Edge Quality		
					Outside:		
<b>Alternating Forward 3-Turns</b> Starting from a stand still position, alternating forward outside and forward inside 3's performed on width of the arena					Inside:		
<b>Result</b>					Pass	Retry	Judge-in-Charge overwrite Result in ink

Judge-in-Charge Signature \_\_\_\_\_ USFSA # \_\_\_\_\_

The entire test shall be marked on a "Pass" or "Retry" basis only, and individual marks are not awarded. The "Pass" or "Retry" shall be arrived at by consideration of the composite of each element in relation to the whole. At the end of these moves only one element may be retried, if necessary.

Trial Judge's Signature \_\_\_\_\_ USFSA# \_\_\_\_\_

Trial Judge's Club \_\_\_\_\_ Current Judging Status \_\_\_\_\_