

Adult Skating Committee

5. **APPROVED** to change adult/masters competition requirements with regard to figure tests as shown:

Adult Bronze Free Skating – rule 3800

The adult bronze free skating test and no higher than the adult bronze free skating test, the standard preliminary free skating test or the ISI freestyle 4, or prior to Oct. 1, 1977, ~~the preliminary figure test~~ the 2nd figure test.

Adult Silver Free Skating – rule 3790

The adult silver free skating test and no higher than the adult silver free skating test, the standard juvenile free skating test or the ISI freestyle 5, or prior to Oct. 1, 1977, the 2nd figure test-

Adult Gold Free Skating – rule 3780

The adult gold free skating test and no higher than the standard juvenile free skating test or the ISI freestyle 6, or prior to Oct. 1, 1977, the 2nd figure test-

Championship Adult Gold Free Skating – rule 3780

The adult gold free skating test and no higher than the standard juvenile free skating test or the ISI freestyle 6, or prior to Oct. 1, 1977, the 2nd figure test-

Masters Novice Free Skating – 3770

The standard intermediate free skating test or, prior to Oct. 1, 1977, the 3rd figure test, and no higher than the standard novice free skating test or, prior to Oct. 1, 1977, the 5th figure test.

Masters Junior Free Skating – rule 3760

The standard novice free skating test or, prior to Oct. 1, 1977, the 4th figure test, and no higher than the standard junior free skating test or, prior to Oct. 1, 1977, the 7th figure test.

Masters Senior Free Skating – rule 3750

At least the standard junior free skating test or, prior to Oct. 1, 1977, the 6th figure test.

Championship Masters Free Skating- rule 3740

At least the standard intermediate free skating test or, prior to Oct. 1, 1977, the 3rd figure test.

6. **APPROVED** to modify the elements in the existing adult pre-bronze, adult bronze, adult silver and adult gold moves in the field (MIF) tests in order to create a more logical progression of tests for adult skaters. The modification also includes changes to the focus of "power" to "consistent flow and strength."

Following are the existing adult moves in the field tests and the proposed revisions.

Existing Adult PRE-BRONZE MIF

- Forward Perimeter Stroking (PPM Pattern 1)
- Basic Consecutive Edges (FO, FI, BO, BI) (PPM Pattern 2)

- Forward and Backward Crossovers (PM Pattern 1)
- Alternating Forward 3-Turns (PM Pattern 4)
- **Mark = PASS/RETRY**

Proposed Adult PRE-BRONZE MIF

- Forward Perimeter Stroking (PPM Pattern 1)
- Basic Consecutive Edges (FO, FI, BO, BI) (PPM Pattern 2)
- Forward and Backward Crossovers (PM Pattern 1)
- ~~Alternating Forward 3-Turns (PM Pattern 4)~~
- Waltz Eight (PPM Pattern 4) (replaces the Alternating 3-Turns)
- New Forward 3 Turn Pattern Rationale: This would teach the concept of the 3 turn within the adult skill level (download [diagram](#))
- **Mark = PASS/RETRY (same as pre-preliminary MIF)**

Existing Adult BRONZE MIF

- Forward Perimeter Crossover Stroking (PJM Pattern 1)
- Backward Perimeter Power Crossover Stroking (PJM Pattern 2)
- Forward Power 3-turns (PM Pattern 3)
- Alternating Backward Crossovers to Backward Outside Edges (PM Pattern 5)
- Five Step Mohawk Sequence (PJM Pattern 6)
- **Passing Average = 2.5; Passing Total 12.5**

Proposed Adult BRONZE MIF

- Forward Perimeter Power Crossover Stroking (PJM Pattern 1)
- Backward Perimeter Power Crossover Stroking (PJM Pattern 2)
- Forward Power 3-turns (PM Pattern 3)
- Alternating Backward Crossovers to Backward Outside Edges (PM Pattern 5)
- Five Step Mohawk Sequence (PJM Pattern 6)
- **Passing Average = 2.5; Passing Total 12.5 (same as Preliminary MIF)**
- **Change Primary Focus from “Power” to “Continuous flow and strength**

Existing Adult SILVER MIF

- Eight Step Mohawk Sequence (JM Pattern 1)
- Forward and Backward Free Skating Cross Strokes (JM Pattern 2)
- FO-BI 3-turns in the Field (PJM Pattern 3)
- FI-BO 3-turns in the Field (PJM Pattern 4)
- Forward Right and Left Foot Spirals (PPM Pattern 3)
- Inside Slide Chasse Pattern (IM Pattern 6)
- **Passing Average = 2.7; Passing Total 16.2**

Proposed Adult SILVER MIF

- Eight Step Mohawk Sequence (JM Pattern 1)
- Forward and Backward Free Skating Cross Strokes (JM Pattern 2)
- FO-BI 3-turns in the Field (PJM Pattern 3)
- FI-BO 3-turns in the Field (PJM Pattern 4)
- Forward Right and Left Foot Spirals (PPM Pattern 3)
- ~~Inside Slide Chasse Pattern (IM Pattern 6)~~
- Forward and Backward Power Change of Edge Pulls (PJM Pattern 5)
- **Passing Average = 2.7; Passing Total 16.2 (same as Pre Juvenile MIF)**
- **Change Primary/Secondary Focus from “Power” to “continuous flow and strength”**

Existing Adult GOLD MIF

- Stroking: Forward Power Circles (IM Pattern 1)
- Stroking: Backward Power Circles (IM Pattern 2)
- Forward Double 3-turns (JM Pattern 4)
- Backward Double 3-turns (IM Pattern 4)
- Backward Perimeter Power Stroking with Back Inside and Forward Inside 3-turns (NM Pattern 1)
- Brackets in the Field Sequence (IM Pattern 5)
- **Passing Average = 3.0; Passing Total 18.0**

Proposed Adult GOLD MIF

- Stroking: Forward Power Circles (IM Pattern 1)
- Stroking: Backward Power Circles (IM Pattern 2)
- Forward Double 3-turns (JM Pattern 4)
- Backward Double 3-turns (IM Pattern 4)
- ~~Backward Perimeter Power Stroking with Back Inside and Forward Inside 3-turns (NM Pattern 1)~~
- Inside Slide Chasse Pattern (IM Pattern 6) (moved here from Silver, replaces NM 1)
- Brackets in the Field Sequence (IM Pattern 5)
- **Passing Average = 3.0; Passing Total 18.0 (same as Juvenile MIF)**
- **Change Primary/Secondary Focus from "Power" to "Continuous flow and strength"**

7. **APPROVED** to clarify and document grandfathering and crossover rules between adult and standard track tests as outlined in the following three proposals:

Proposal A:

Create the allowance of crossing over from the standard track to the adult track for **MIF only**. If the skater passed the standard intermediate MIF, she/he would not be required to take the adult gold MIF before being allowed to take the adult gold FS or pair test; if he/she passed the standard juvenile MIF, he/she would not be required to take the adult silver MIF before the adult silver FS or pair test; if she/he passed the standard pre-juvenile MIF, she/he would not be required to take the adult bronze MIF before the adult bronze FS or pair test; and if he/she passed the standard preliminary MIF, he/she would not be required to take the adult pre-bronze MIF

before the adult pre-bronze FS test.

This will be allowed in one direction ONLY. That direction is from the standard-track MIF to the adult-track MIF tests. There will be no crossing over from the adult-track MIF to the standard-track MIF, except where currently already provided (adult gold MIF or FS to standard intermediate MIF).

This is a table to illustrate the proposed crossing over of MIF test levels.

Preliminary MIF (passing avg.: 2.5) →	Adult Pre-Bronze MIF (pass/retry)
Pre-Juvenile MIF (passing avg.: 2.7) →	Adult Bronze MIF (passing avg.: 2.5)
Juvenile MIF (passing avg.: 3.0) →	Adult Silver MIF (passing avg.: 2.7)
Intermediate MIF (passing avg.: 3.2) →	Adult Gold MIF (passing avg.: 3.0)

Proposal B:

Allow the passing of either the standard or adult MIF test prior to taking the adult FS or pair test.

This is a table to illustrate the levels of MIF tests proposed be taken prior to the adult FS or pair test.

Adult Pre-Bronze MIF or Preliminary MIF →	Adult Pre-Bronze FS
Adult Bronze MIF or Pre-Juvenile MIF →	Adult Bronze FS or Adult Bronze Pairs
Adult Silver MIF or Juvenile MIF →	Adult Silver FS or Adult Silver Pairs
Adult Gold MIF or Intermediate MIF →	Adult Gold FS or Adult Gold Pairs

Proposal C:

Allow an adult skater who has passed the standard FS test to cross over to the adult track in this manner:

Has passed the standard free skating test	Must then pass the appropriate MIF test	To be eligible to take adult FS or pair test:
Pre-Preliminary FS	Preliminary MIF or Adult Pre-Bronze MIF	Adult Pre-Bronze FS
Preliminary FS	Pre-Juvenile MIF or Adult Bronze MIF	Adult Bronze FS or Adult Bronze Pair
Pre-Juvenile FS	Juvenile MIF or Adult Silver MIF	Adult Silver FS or Adult Silver Pair
Juvenile FS	Intermediate MIF or Adult Gold MIF	Adult Gold FS or Adult Gold Pair

Competitions Committee

22. **APPROVED** to accept a new trophy for the centennial dance event at the U.S. Adult Figure Skating Championships. The trophy is to be named for and donated by Stanley and Sally Urban. The Urbans were World competitors in dance in the 1960s and returned to competitive dance in 2000 in championship adult dance.

303. APPROVED

Adult Skating Committee - Add new competitive free skating level requirements/description called adult pre-bronze free skating as a nonqualifying event as follows:

Adult Pre-Bronze Free Skating: Passed no higher than the adult pre-bronze free skating test, the pre-preliminary free skating test, or the ISI freestyle 3 test. Music not to exceed 1:40.

Well Balanced Program Rules:

Adult Pre-Bronze – A well-balanced adult pre-bronze free skate program must contain:

- A. Jumps: The number of half and single-revolution jumps is not limited. These jumps may be repeated as individual jumps and in jump combinations and sequences. No Lutz, Axel or double jumps are permitted.
- B. Jump combinations: Optional. No more than three jump combinations or sequences of jumps (number of jumps to be included is free) are allowed. No Lutz, Axel or double jumps are permitted.
- C. Spins: A minimum of two and no more than three spins. No flying spins are permitted. Spins must have a minimum of three (3) revolutions.
- D. Steps: Connecting steps throughout the program are required.

304. APPROVED

Adult Skating Committee - Rule 3216 (C) - Entries (page 77). To amend language of this rule to prohibit a competitor from entering both the standard-track qualifying events (regionals/sectionals/nationals) and the adult qualifying events (adult sectionals/adult nationals) in the same competitive season as follows:

May not enter an adult level at a qualifying competition (adult sectionals/adult nationals) and a standard level at a qualifying competition (regionals/sectionals/nationals) in same kind of event (i.e., free skating, dance) in the same competition season, and vice versa. For example, a skater may not enter novice men free skating on the standard track and masters free skating on the adult track in the same season, but may enter novice men free skating on the standard track and masters pairs on the adult track.

305. APPROVED

Adult Skating Committee - Rules 3740, 3750, 3760, and 3770 (pages 122-123) to amend by increasing the masters levels free skating times as follows:

Note: All adult singles and pairs events are "maximum time" durations, allowing skaters to have shorter programs without penalty.

Masters Novice Free Skating Duration:

Current: Maximum duration 2:40

Proposed: Maximum duration 3:10

(Current Novice Free Skating test time for ladies is 3:00, +/- 10 seconds.)

Masters Junior Free Skating Duration:

Current: Maximum duration 3:10

Proposed: Maximum duration 3:40

(Current Junior Free Skating test time for ladies is 3:30, +/- 10 seconds.)

Masters Senior Free Skating Duration:

Current: Maximum duration 3:40

Proposed: Maximum duration 4:10

(Current Senior Free Skating test time for ladies is 4:00, +/- 10 seconds.)

Championship Masters Free Skating Duration:

Current: Maximum duration 3:40

Proposed: Maximum duration 4:10

(Since this event comprises all three Masters levels, it allows for the maximum time of the highest masters level, with no penalty for shorter times. This allows skaters to enter both this event and their open masters events with the same-length program.)

316. APPROVED

Competitions Committee - Rule 3730 Adult Singles (page 122) to amend rule 3730 to permit adult events be open to competitors who are twenty-one (21) years of age or older at the close of entries.

317. APPROVED

Competitions Committee - Rules 4460, 4470, 4480, 4491, 4495, 4500, 4505 Adult Dance Events (pages 163-168) to amend to permit adult dance events be open to competitors who are twenty-one (21) years of age or older at the close of entries.

318. APPROVED

Competitions Committee

Rule 3292 Qualifying rounds – Adult (page 85) amend to define the age groupings as follows:

Class I 21 years through 28 years
Class II 29 years through 35 years
Class III 36 years through 45 years
Class IV 46 years through 55 years
Class V 56 years and over

323. APPROVED

Competitions Committee

Rule 4460, 4470, and 4480 Adult Dance Original Dance (pages 163 165) amend to permit an increase in the adult original dance time to ~~2:30 +/- 10~~ 2:40 seconds maximum from 2:15 seconds maximum.

505. APPROVED to amend the following rule as shown:

3240- Entires U.S. Adult Figure Skating Championships and Adult Sectionals.

3241 – The entry deadline for ~~both~~ the adult sectional is January 2 and the deadline for U.S. Adult Figure Skating Championships is January 15. When January 2 and/or 15 falls on a Sunday or a legal holiday, the entry deadline shall be the next business day.

506. APPROVED to amend TR 2.01(A) and all other rules pertaining to the age for taking adult tests as shown:

To qualify for any adult test, the candidate must be ~~twenty-five (25)~~ twenty-one (21) years of age or older and must have passed the preceding adult test within the classification unless otherwise specified within these rules.

507 – APPROVED to amend rule 4121 (A) [Adult Gold Pairs Well-Balanced Program] as shown:

- A. Two different lifts, but not more than three. At least one lift must be selected from Group 1 or 2 or pairs may perform a twist lift. The remaining lifts may include Group 1 or 2 lifts or a forward press lift, a two-handed star lift, or a platter lift. Variations of the lady's position, no-handed and one handed lifts and combination lifts are not permitted.

508 – APPROVED to amend rule 4123 (A) [Adult Silver Pairs Well-Balanced Program] as shown:

- A. One lift, but not more than two different lifts, one of which must be from Group 1 or pairs may perform a twist lift. The remaining lift may be either from Group 1 or 2.