



**REGIONAL FIGURE SKATING
CHAMPIONSHIPS
ANNOUNCEMENT**



*The Polar Ice House
Wake Forest, N.C.*

*Hosted by Triangle Figure Skating Club, Inc.
Oct. 15-19, 2010*

U.S. Figure Skating



2011 Qualifying Competition Season

TECHNICAL ANNOUNCEMENT

1. GENERAL

The 2011 U.S. Figure Skating qualifying competition season consists of a total of 14 events. These include 12 qualifying events (nine regional championships, three sectional championships), the 2011 U.S. Junior Figure Skating Championships (juvenile and intermediate) and the 2011 U.S. Figure Skating Championships (novice, junior and senior). All 14 events are sanctioned by U.S. Figure Skating and conducted according to the most current U.S. Figure Skating rulebook, 2011 edition, with changes and clarifications as posted on the U.S. Figure Skating web site and this announcement. Compliance with these rules as updated or amended is the responsibility of the participants. U.S. Figure Skating reserves the right to incorporate revisions to the international judging system (IJS) made by the ISU for junior and senior events and by U.S. Figure Skating to novice events and below.

The qualifying and national championship competitions are only open to competitors who (1) Are current members of U.S. Figure Skating (2) Meet the eligibility requirements according to U.S. Figure Skating Rule 3035 (3) Meet all age and test requirements pertaining to the event to be entered and (4) Meet the citizen and residency requirements as stated in Rules 3065-3072 (see below).

NEW RULES FOR NON-U.S. CITIZENS

Non-U.S. citizens who are members in good standing with U.S. Figure Skating and have *never* competed internationally for another national skating federation may enter U.S. Figure Skating qualifying competitions if qualified by test level.

Non-U.S. citizens who *have* competed internationally for another national skating federation must meet the requirements set forth in Rules 3067-3072 and complete form CC-01, found here: <http://www.usfigureskating.org/content/Non-U.S.%20Citizen%20Form%20CC-01.pdf>. If you have already submitted form CC-01 to the chair of the Competitions Committee and were accepted to compete in the U.S. Figure Skating qualifying system, you are eligible to register.

Important Notice for All Coaches (NEW)

NEW REQUIREMENT: To coach at a U.S. Figure Skating qualifying level competition, a professional coach or choreographer must be listed as Coaches Education Requirement (CER) Category A compliant, have completed the Coach Registration process and be a current member in both U.S. Figure Skating and the PSA. A chart of U.S. Figure Skating requirements for coaches can be found here:

<http://www.usfigureskating.org/Content/Coaches%20Requirement%20Chart.pdf>. Each local organizing committee (LOC) will be provided with a list of coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. Coaches who are NOT on the list will need to show proof of membership in both U.S. Figure Skating and the PSA, a Coaches Registration card, proof of Category A compliance in CER, and a photo ID at check in. **If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them.**

2011 South Atlantic Regional Figure Skating Championships

Important Notice for All Pairs and Dance Teams

All pairs and dance teams will begin their qualifying season at their respective sectional championships (unless they have been notified of a bye advancing them directly to the U.S. Championships). These events are no longer offered at the regional championships.

For the 2011 competition season, the 12 qualifying events are:

REGIONAL CHAMPIONSHIPS

South Atlantic Regional Championships

Triangle FSC; Wake Forest, N.C.; Oct. 15-19, 2010

North Atlantic Regional Championships

SC of Lake Placid; Lake Placid, N.Y.; Oct. 1-5, 2010

New England Regional Championships

Charter Oak FSC; Simsbury, Conn.; Oct. 8-12, 2010

Southwestern Regional Championships

Broadmoor SC; Colorado Springs, Colo.; Oct. 15-19, 2010

Eastern Great Lakes Regional Championships

Nashville FSC; Nashville, Tenn.; Oct. 8-12, 2010

Upper Great Lakes Regional Championships

Greater Green Bay FSC; Green Bay, Wis.; Oct. 1-5, 2010

Northwest Pacific Regional Championships

Boise FSC; Boise, Idaho; Oct. 1-5, 2010

Central Pacific Regional Championships

Capital City FSC; Roseville, Calif.; Oct. 15-19, 2010

Southwest Pacific Regional Championships

Los Angeles FSC; Burbank, Calif.; Oct. 8-12, 2010

SECTIONAL CHAMPIONSHIPS

Eastern Sectional Championships

IceWorks SC; Aston, Pa.; Nov. 9-13, 2010

Midwestern Sectional Championships

Ann Arbor FSC; Ann Arbor, Mich.; Nov. 9-13, 2010

Pacific Coast Sectional Championships

All Year FSC; Culver City, Calif.; Nov. 9-13, 2010

The national championships will be organized for all qualifiers in:

2011 U.S. Junior Figure Skating Championships

Dec. 13-18, 2010

Salt Lake City Sports Complex

Salt Lake City, Utah

2011 AT&T U.S. Figure Skating Championships

Jan. 22-30, 2011

Greensboro Coliseum

Greensboro, N.C.

2. REGISTRATION

A. METHOD

Online Electronic Registration (Required)

Online registration is the ONLY method available for entry into the 2011 U.S. Figure Skating qualifying competition season. Registration opens July 15, 2010.

To enter online into the 2011 qualifying competition season, proceed in the following manner:

- Log on to www.usfsaonline.org
- Input your username and password
 - Your username is your U.S. Figure Skating membership number.
 - If you do not already have a password, go to www.usfsaonline.org first and follow the online instructions.

If you are experiencing difficulty with online registration, please call the U.S. Figure Skating main number at 719.635.5200 or e-mail the U.S. Figure Skating Member Services Department at memberservices@usfigureskating.org.

B. DEADLINES

The entry deadline for the 2011 qualifying competition season is **11:59 p.m., Sept. 1, 2010**. The time zone of your primary residence/principle training center (juvenile, intermediate) or home club (novice, junior, senior) will determine the entry deadline of 11:59 p.m., Sept. 1, 2010.

NO EXCEPTIONS WILL BE MADE.

NO LATE REGISTRATIONS WILL BE ACCEPTED AFTER THIS DEADLINE.

Juvenile and Intermediate Singles Competitors ONLY:

During the online registration process, you will be given the option to input your principle training center if you wish to compete out of the region you train rather than the region in which your primary residence is listed. The following guidelines must be followed:

- You must train at your principle training center at least six (6) months and one (1) day during the calendar year to be eligible
- The region you select is binding (whether it is based on primary residence or principle training center) and cannot be changed.

Age requirements must be met by **Sept. 1, 2010**.

Test requirements must also be met by **Sept. 1, 2010**. Provisional entries based on passing a test after the closing date of entries will not be accepted. Please refer to U.S. Figure Skating Rules 3107, 3108 and 3109 for further testing information and guidelines.

C. BYES

No medical byes will be considered. Competitors awarded a bye to their sectional championships or the U.S. Championships will receive official notification in writing from U.S. Figure Skating. All competitors wishing to compete in the 2011 qualifying competition season, including those who receive a bye, must enter by the Sept. 1, 2010, deadline.

D. ENTRY FEES

All competitors entering the 2011 qualifying competition season must submit payment of the appropriate entry fee (amounts listed below) to U.S. Figure Skating. All competitors are required to pay both the entry fee into the qualifying competition season (for each event entered) and the administrative fee. All fees are nonrefundable.

2011 South Atlantic Regional Figure Skating Championships

2011 Qualifying Competition Season Entry Fees

Entry Fee	Level/Discipline
\$130	Juvenile/Intermediate/Novice/Junior/Senior Singles (First competition at regional championships)
\$150	Juvenile/Intermediate Pairs and Dance Teams (First competition at sectional championships)
\$150	Novice/Junior/Senior Pairs and Dance Teams (First competition at sectional championships)
\$10	Administrative Fee/Entry (All entries subject to payment of administrative fee)

Sectional Championships Qualifying Entry Fees

Those singles skaters advancing, regardless of method, from their regional championships to the sectional championships will incur an additional \$150 entry fee plus \$10 administrative fee. This total will automatically be charged to the credit card used to pay the initial entry fee.

ENTRY FEE BREAKDOWN for 2011 QUALIFYING COMPETITION SEASON

	Regional Championships	Sectional Championships	U.S. Junior Championships	U.S. Championships
Singles Skaters	\$130	\$150	N/A	N/A
Juvenile/Intermediate Pairs and Dance	N/A	\$150	N/A	N/A
Novice/Junior/Senior Pairs and Dance	N/A	\$150	N/A	N/A

Your registration is not considered valid until all appropriate entry and administrative fees are paid and all required forms (including the planned program content sheet) are completed online to U.S. Figure Skating.

E. PAYMENT

Online payment via credit card is the **ONLY** accepted form of payment.

For those competitors advancing to their respective sectional championships from their regional championships, the credit card used during the initial entry registration will be automatically charged the additional sectional entry fee. If an alternative card must be used for the payment of the sectional entry fee, contact Lindsay Mulvey, U.S. Figure Skating, at 719.635.5200.

Once entered, all withdrawals are considered final. A skater may not reenter even if the withdrawal occurs prior to the entry deadline on Sept. 1, 2010.

***If you need to withdraw, you must send an email to Pamela Crowley at pcrowley@usfigureskating.org, with your name, U.S. Figure Skating membership number and the competition from which you wish to withdraw.**

3. TECHNICAL DETAILS

A. CONDUCT OF EVENTS

For the 2011 season, all events and levels at all championship competitions (regional, sectional, U.S. Junior Championships, U.S. Championships) will be conducted in accordance with the international judging system (IJS).

2011 South Atlantic Regional Figure Skating Championships

B. AGE and TEST QUALIFICATIONS

All age and test requirements can be found in the U.S. Figure Skating Rulebook starting with Rule 3640 (senior singles) and on the U.S. Figure Skating web site at http://www.usfigureskating.org/New_Judging.asp.

C. TECHNICAL ELEMENTS

The well-balanced program charts for all levels and disciplines are posted on the U.S. Figure Skating web site at http://www.usfigureskating.org/New_Judging.asp?id=355. As referenced earlier in this announcement, U.S. Figure Skating will incorporate all changes made by the ISU with regard to well-balanced programs. Please refer to this web site often for continuous updates.

PLANNED PROGRAM CONTENT SHEET (Required component)

All competitors entering into the 2011 qualifying competition season are required as part of their online registration to submit a planned program content sheet (PPCS) detailing the elements in their program(s). You may update your PPCS at www.usfsaonline.org up to one week prior to the start of your competition. Failure to do so creates extra work for the officials working your competition. **You will not be allowed to receive your credential at registration until your PPCS is submitted.**

D. MUSIC

COMPETITION MUSIC INFORMATION (Required component of online registration)

U.S. Figure Skating requires all competitors to fully complete a competition music information form as part of the online registration process.

The following information is required for each piece of music used in the composition of the short program and free skate: composer, orchestra, duration of music, record label/number (optional but highly recommended if obtainable).

COMPACT DISCS (CDs)

For all qualifying events during the 2011 season, CDs are the only acceptable media. CDs must be:

- Clearly marked with name (last name, first name), event entered and the music time/length.
- **Each CD must have only ONE (1) track on it. In the case of a short program and free program, two (2) separate discs must be used.** Any disc with more than one (1) track will NOT be accepted!
- Lead in time (time before the music begins) on CDs may not exceed two (2) seconds.
- **Due to compatibility and reliability reasons, music may NOT be submitted on re-recordable "CD-RW" discs.**
- Each CD must be turned in - in a paper CD sleeve with a see through window (obtainable at any office supply store), also labeled with the skater's name and event. Standard hard plastic jewel cases or other CD holders are no longer acceptable. CDs that are not properly identified will NOT be accepted

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Competition music must be turned in at the registration desk at the time of registration. At the Championships, competitors will not receive their credentials at registration until they turn in their music. The originals used at the regional championships will be forwarded to the sectional championships and the U.S. Junior Championships for those advancing. Those qualifying from the sectional championships will have their original music forwarded on to the U.S. Junior Championships/U.S. Championships.

Skaters receiving byes to the U.S. Championships must mail their competition music on CD no later than one (1) month (Dec. 22, 2010) prior to the start of the U.S. Championships to the following address:

Pete Zurlinden
U.S. Championships Music Tech
2950 Los Olivos Lane
La Crescenta, CA 91214-2813

CD's are to be mailed in "CD Mailers", which can be obtained at the post office or any office supply store.

All competitors must have at least one (1) additional copy rinkside at practice sessions and during the actual competition event. The LOC will accept no responsibility for damage or loss. The LOC will accept no responsibility for damage or loss. CDs not picked up by the end of the competition are not the responsibility of the LOC and will be discarded.

E. OFFICIAL BULLETIN BOARD

The official bulletin board will contain any announcements or changes, and it is the responsibility of the competitors to check it often for official notices. Please refer to the local portion of the announcement for further information regarding the bulletin board.

4. ADVANCEMENT TO SECTIONAL CHAMPIONSHIPS/U.S. JUNIOR CHAMPIONSHIPS

A. QUALIFIERS

SINGLES COMPETITORS

All singles competitors advancing to the sectional championships or the U.S. Junior Championships will receive instructions for downloading the specific event announcement from www.usfsaonline.org for the competition to which they have advanced.

For every competitor, all information required to be sent to the sectional championships or U.S. Junior Figure Skating Championships local organizing committees (photos, practice ice requests, etc.) must be postmarked no later than the deadline on the respective form.

For those competitors receiving a bye to the sectional championships, you will receive either instructions for downloading the announcement or your announcement via email and must follow the deadlines set forth by the LOC.

B. ALTERNATES

Skaters placing in fifth and sixth place (unless there are fill-ins) at the regional championships in the novice, junior and senior singles events will be designated as first and second alternates. These competitors will be provided access to an event announcement as they may be selected to compete up to 48 hours before their competition event.

2011 South Atlantic Regional Figure Skating Championships

The succeeding two (2) placed skaters not advanced by the percentage system in juvenile and intermediate singles are the first and second alternates respectively and will be provided access to an announcement for the U.S. Junior Championships.

Alternates **DO NOT need to mail in any paperwork or required forms unless contacted by U.S. Figure Skating.**

5. INSURANCE/LIABILITY

A. LIABILITY

U.S. Figure Skating, the host club(s) and/or interclub association, the organizing committee, and the ice arenas being utilized for these events accept no responsibility for injury or damage sustained by any participant in these championships (U.S. Figure Skating Rule 3222).

5. ANTIDOPING

Anti-doping tests will be conducted at the 2011 AT&T U.S. Figure Skating Championships, held in Greensboro, N.C., Jan. 22-30, 2011. Senior-level competitors only are eligible to be tested. If selected, testing is mandatory.

6. CONTACTS

For further information, requests should be addressed to:

A. U.S. FIGURE SKATING

U.S. Figure Skating Competitions Coordinator

Pamela Crowley

pcrowley@usfigureskating.org

Chair, Competitions Committee

Lynn Goldman

lgoldman1@austin.rr.com

B. LOCAL ORGANIZING COMMITTEE

Please refer to the additional information located on the following pages for detailed contact information for the local organizing committee hosting your specific championships.

2011 South Atlantic Regional Figure Skating Championships

General Event Information

Venue

The South Atlantic Regional Championships will be held on Oct. 15 – 19, 2010, at the Polar Ice House at The Factory, 1839-200 S. Main Street, Wake Forest, NC 27587, and is hosted by The Triangle Figure Skating Club, Inc. Wake Forest is part of the Raleigh, N.C. metropolitan area. The Polar Ice House has two NHL size rinks. The surface is 200' x 85' with rounded corners. There are 8 locker rooms and seating in both rinks. A tentative schedule is included in this announcement. After the close of entries, a schedule of events will be available on the Triangle Figure Skating Club website: www.tfscnc.org. The skating order and group divisions (if applicable) for each event shall be announced and posted in accordance with U.S. Figure Skating.

Registration

A registration table will be inside the Factory Complex. Competitors are required to register to receive their credentials. Music must be turned in at the time of registration in order to receive a credential.

Admission / Credentials

Competitors will receive complimentary credentials for one chaperone and one designated coach. In accordance with U.S. Figure Skating rules, a photo I.D. is required and coaches must:

- Complete the U.S. Figure Skating coach registration process
- Be current members of U.S. Figure Skating
- Be current PSA members
- Be Category A CER compliant

Credentials are non transferable. You must have credentials to enter the Polar Ice House Complex. Additional spectator tickets can be pre-ordered on our website, www.tfscnc.org. Any lost credentials will be replaced at the registration desk for \$25.00. All credentials will be issued under the skater's name. Competitors will not receive a credential until their competition music is turned in to the registration desk.

Admission will be charged for all events. One-day tickets will be available for purchase at the door. Daily ticket prices:

- Adults: \$10.00
- Children (12 and under): \$8.00
- Children (5 and under): Free
- All-event Adult: \$25.00
- All –event Children 6-12: \$20.00

All-event tickets can be purchased online or at the door.

Tentative Schedule

Friday, Oct. 15, 2010

Official Practice Ice

Saturday, Oct. 16, 2010

Intermediate Ladies QR

Novice Ladies QR

Novice Men SP

2011 South Atlantic Regional Figure Skating Championships

Sunday, Oct. 17, 2010

Juvenile Girls QR
Juvenile Boys FS
Novice Ladies SP
Novice Men FS
Junior Ladies SP
Junior Men SP

Monday, Oct. 18, 2010

Juvenile Girls FS
Intermediate Ladies SP
Intermediate Men SP
Novice Ladies FS
Junior Ladies FS
Junior Men FS
Senior Ladies SP
Senior Men SP

Tuesday, Oct. 19, 2010

Intermediate Ladies FS
Intermediate Men FS
Senior Ladies FS
Senior Men FS

**Please note: this schedule is subject to change based on entry numbers*

Official Bulletin Board

Throughout the competition, the latest updates will be posted on the Official Bulletin Board in the lobby area of the Polar Ice House. This bulletin board will contain official information only. The Official Schedule of Events will be posted on the Official Bulletin Board and will supersede all other schedules.

Notices posted on the Official Bulletin Board are considered sufficient notice to all competitors. It is the responsibility of the skater, parent and coach to check this board upon arrival and regularly during the competition for any changes in the schedule or other important information. The skating orders will be posted at the start of the first official practice for the competition.

Awards/Photography/Video

Award photos will be taken as soon as possible following the posting of results. Group photos will be taken of each event and individual photos may be arranged with the photographer. All U.S. Figure Skating Championship Competitions (including the regional championships) will be professionally videotaped and photographed. Videotaping of the competition in any form is not permitted. Photographs are permitted for personal use only, but for the safety of the skaters, no flash photography is allowed. Any resale of photography is strictly prohibited. Thank you for your compliance with these policies.

Practice Ice

Practice Ice will be provided by Triangle Figure Skating Club and can be reserved online at www.tfscnc.org. Competitors will be emailed a username and PIN to access the online practice ice system. Competitors can request up to six (6) unofficial practice sessions and one official practice per program. Sessions are 30 minutes and music is played on official practice only. Practice ice fees will not be refunded unless a session is not assigned or the skater registered for practice ice after their scheduled event. Practice Ice Schedule will be available at www.tfscnc.org as soon as possible following the close of entries. Time permitting, additional practice ice may be purchased at the practice ice desk, located inside The Factory.

Practice Ice (30 minutes): \$15.00 in advance/\$17.00 at Practice Ice Desk

Official Practice Ice (minimum of 30 minutes, MUSIC PLAYED): \$20.00

2011 South Atlantic Regional Figure Skating Championships

Souvenir Program Book / Photos & Advertisements

The program photographs and forms must be emailed to the address listed on the Triangle Figure Skating Club webpage at: www.tfscnc.org no later than Sept. 1, 2010. Photos should be “yearbook style” head shot in JPEG or PNG format with a pixel resolution of at least 600 x 400 pixels. Detailed instructions can be found on the TFSC website. Questions can be directed to Beth Godwin at Jimgodwin1@mac.com.

You may pre-order souvenir program books and personalized ads on our website at www.tfscnc.org. All advertising and photos are due Sept. 1, 2010.

LOC Contact Information

Competition Chairperson: Scott Cudmore; scudmore@nc.rr.com

Practice Ice Chair: Valerie Knopp; valerie76@gmail.com

Registrar: Debbie Lang; debbielang56@gmail.com

Webmaster: Lena Webb; teamwebb2007@yahoo.com

Chief Referee: Sue Miller; sgmiller1@comcast.net

Travel and Accommodations

RALEIGH DURHAM INTERNATIONAL AIRPORT

Nine major airlines and 6 regional carriers offer service from RDU International Airport. The largest airlines are AirTran, Continental, Jet Blue, Southwest, US Airways, Air Canada, American Airlines, Delta and United. Ground Transportation is available via Raleigh/Durham Area Transit, Rental Car Agencies [Alamo, Hertz, Enterprise and many others]. Super Shuttle is also available to the Wake Forest destination. To book a reservation to RDU, please see each airlines website for details.

Driving from either the north or south on US Route 1 / Capital Blvd:

- Turn east on AIA / South Main Street
- The Factory is approximately 1.5 miles on the right.

The Official hotel of the 2011 South Atlantic Figure Skating Championships is:

The Holiday Inn Express
11400 Common Oaks Drive, Raleigh, NC 27614
Phone 919-570-5500
Rate: \$89.99

Mention figure skating when reserving your room

Other hotels in the area with rooms set aside in blocks for the 2011 South Atlantic Figure Skating Championships are:

Hampton Inn - Wake Forest

12318 Wake Union Church Road
Wake Forest, NC 27587
919-554-0222
Rate: \$99.99

Sleep Inn - Wake Forest

12401 Wake Union Church Road
Wake Forest, NC 27587
919-556-4007
Rate: \$84.99

Hilton Garden Inn - Triangle Towne Center

6412 Capital Blvd
Raleigh, NC 27616
919-876-5650
Rate: \$104.99

Hampton Inn - North Raleigh

3621 Spring Forest Rd
Raleigh, NC 27616
919-872-7111
Rate: \$99.99

SAMPLE FORM ONLY

***GO TO WWW.TFSCNC.ORG FOR PHOTO SUBMISSION INSTRUCTIONS,
TO PRE-ORDER PROGRAMS AND TO PURCHASE PROGRAM
ADVERTISING BY SEPT. 1, 2010**

Form C

**2011 SOUTH ATLANTIC REGIONAL CHAMPIONSHIPS
PHOTO SUBMISSION FORM &
SOUVENIR PROGRAM BOOK PRE-ORDER AND ADVERTISING**

PHOTO SUBMISSION

All competitors are asked to submit two (2) black & white 5 x 7 glossy photographs in a vertical pose, for inclusion in the souvenir program book. Pictures must be labeled with the full name of the skater, name of home club, and the event and level entered on the back of each photograph. A digital photo may replace one of the requested photographs

PRE - ORDERED SOUVENIR PROGRAM BOOKS

In order to guarantee a copy of the souvenir book, it is recommended to preorder. Souvenir program books may be preordered for \$12.00 each. Preordered program(s) will be at the registration desk for pick up.