



REGIONAL FIGURE SKATING
CHAMPIONSHIPS
ANNOUNCEMENT



*Olympic Center
Lake Placid, N.Y.*

*Hosted by ORDA and SC of Lake Placid
Oct. 1-5, 2010*

U.S. Figure Skating



OLYMPIC CENTER

Dear Competitors, Coaches and Parents,

Welcome to the 2011 North Atlantic Regional Figure Skating Championships! We are thrilled to once again be hosting this event.

The Adirondack Village of Lake Placid has played host to numerous figure skating events throughout the years most recently having hosted Skate America, a Junior Grand Prix event, U.S. Junior Championships and the U.S. Adult Championships. The North Atlantic Regional, however, holds a special place in our heart because it is a great opportunity for us to be able to showcase our hospitality to people right in our region.

When you aren't skating, we hope you will be able to experience our local flavor by shopping on Main Street, visiting our Olympic venues or just taking a walk around beautiful Mirror Lake.

Good luck with your preparations and please let us know if you need anything!

Sincerely,

R. Dennis Allen
General Manager, Olympic Center

Rosemary Gole
President, SC of Lake Placid

Mary-Elizabeth Wightman
Marketing Manager, Olympic Center





2011 Qualifying Competition Season

TECHNICAL ANNOUNCEMENT

1. GENERAL

The 2011 U.S. Figure Skating qualifying competition season consists of a total of 14 events. These include 12 qualifying events (nine regional championships, three sectional championships), the 2011 U.S. Junior Figure Skating Championships (juvenile and intermediate) and the 2011 U.S. Figure Skating Championships (novice, junior and senior). All 14 events are sanctioned by U.S. Figure Skating and conducted according to the most current U.S. Figure Skating rulebook, 2011 edition, with changes and clarifications as posted on the U.S. Figure Skating web site and this announcement. Compliance with these rules as updated or amended is the responsibility of the participants. U.S. Figure Skating reserves the right to incorporate revisions to the international judging system (IJS) made by the ISU for junior and senior events and by U.S. Figure Skating to novice events and below.

The qualifying and national championship competitions are only open to competitors who (1) Are current members of U.S. Figure Skating (2) Meet the eligibility requirements according to U.S. Figure Skating Rule 3035 (3) Meet all age and test requirements pertaining to the event to be entered and (4) Meet the citizen and residency requirements as stated in Rules 3065-3072 (see below).

NEW RULES FOR NON-U.S. CITIZENS

Non-U.S. citizens who are members in good standing with U.S. Figure Skating and have *never* competed internationally for another national skating federation may enter U.S. Figure Skating qualifying competitions if qualified by test level.

Non-U.S. citizens who *have* competed internationally for another national skating federation must meet the requirements set forth in Rules 3067-3072 and complete form CC-01, found here: <http://www.usfigureskating.org/content/Non-U.S.%20Citizen%20Form%20CC-01.pdf>. If you have already submitted form CC-01 to the chair of the Competitions Committee and were accepted to compete in the U.S. Figure Skating qualifying system, you are eligible to register.

Important Notice for All Coaches (NEW)

NEW REQUIREMENT: To coach at a U.S. Figure Skating qualifying level competition, a professional coach or choreographer must be listed as Coaches Education Requirement (CER) Category A compliant, have completed the Coach Registration process and be a current member in both U.S. Figure Skating and the PSA. A chart of U.S. Figure Skating requirements for coaches can be found here:

<http://www.usfigureskating.org/Content/Coaches%20Requirement%20Chart.pdf>. Each local organizing committee (LOC) will be provided with a list of coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. Coaches who are NOT on the list

2011 North Atlantic Regional Figure Skating Championships

will need to show proof of membership in both U.S. Figure Skating and the PSA, a Coaches Registration card, proof of Category A compliance in CER, and a photo I.D. at check in. **If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them.**

Important Notice for All Pairs and Dance Teams

All pairs and dance teams will begin their qualifying season at their respective sectional championships (unless they have been notified of a bye advancing them directly to the U.S. Championships). These events are no longer offered at the regional championships.

For the 2011 competition season, the 12 qualifying events are:

REGIONAL CHAMPIONSHIPS

South Atlantic Regional Championships

Triangle FSC; Wake Forest, N.C.; Oct. 15-19, 2010

North Atlantic Regional Championships

SC of Lake Placid; Lake Placid, N.Y.; Oct. 1-5, 2010

New England Regional Championships

Charter Oak FSC; Simsbury, Conn.; Oct. 8-12, 2010

Southwestern Regional Championships

Broadmoor SC; Colorado Springs, Colo.; Oct. 15-19, 2010

Eastern Great Lakes Regional Championships

Nashville FSC; Nashville, Tenn.; Oct. 8-12, 2010

Upper Great Lakes Regional Championships

Greater Green Bay FSC; Green Bay, Wis.; Oct. 1-5, 2010

Northwest Pacific Regional Championships

Boise FSC; Boise, Idaho; Oct. 1-5, 2010

Central Pacific Regional Championships

Capital City FSC; Roseville, Calif.; Oct. 15-19, 2010

Southwest Pacific Regional Championships

Los Angeles FSC; Burbank, Calif.; Oct. 8-12, 2010

SECTIONAL CHAMPIONSHIPS

Eastern Sectional Championships

IceWorks SC; Aston, Pa.; Nov. 9-13, 2010

Midwestern Sectional Championships

Ann Arbor FSC; Ann Arbor, Mich.; Nov. 9-13, 2010

Pacific Coast Sectional Championships

All Year FSC; Culver City, Calif.; Nov. 9-13, 2010

2011 North Atlantic Regional Figure Skating Championships

The national championships will be organized for all qualifiers in:

2011 U.S. Junior Figure Skating Championships

Dec. 13–18, 2010

Salt Lake City Sports Complex

Salt Lake City, Utah

2011 AT&T U.S. Figure Skating Championships

Jan. 22-30, 2011

Greensboro Coliseum

Greensboro, N.C.

2. REGISTRATION

A. METHOD

Online Electronic Registration (Required)

Online registration is the ONLY method available for entry into the 2011 U.S. Figure Skating qualifying competition season. Registration opens July 15, 2010.

To enter online into the 2011 qualifying competition season, proceed in the following manner:

- Log on to www.usfsaonline.org
- Input your username and password
 - Your username is your U.S. Figure Skating membership number.
 - If you do not already have a password, go to www.usfsaonline.org first and follow the online instructions.

If you are experiencing difficulty with online registration, please call the U.S. Figure Skating main number at 719.635.5200 or e-mail the U.S. Figure Skating Member Services Department at memberservices@usfigureskating.org.

B. DEADLINES

The entry deadline for the 2011 qualifying competition season is **11:59 p.m., Sept. 1, 2010**. The time zone of your primary residence/principle training center (juvenile, intermediate) or home club (novice, junior, senior) will determine the entry deadline of 11:59 p.m., Sept. 1, 2010.

NO EXCEPTIONS WILL BE MADE.

NO LATE REGISTRATIONS WILL BE ACCEPTED AFTER THIS DEADLINE.

Juvenile and Intermediate Singles Competitors ONLY:

During the online registration process, you will be given the option to input your principle training center if you wish to compete out of the region you train rather than the region in which your primary residence is listed. The following guidelines must be followed:

- You must train at your principle training center at least six (6) months and one (1) day during the calendar year to be eligible
- The region you select is binding (whether it is based on primary residence or principle training center) and cannot be changed.

2011 North Atlantic Regional Figure Skating Championships

Age requirements must be met by **Sept. 1, 2010**.

Test requirements must also be met by **Sept. 1, 2010**. Provisional entries based on passing a test after the closing date of entries will not be accepted. Please refer to U.S. Figure Skating Rules 3107, 3108 and 3109 for further testing information and guidelines.

C. BYES

No medical byes will be considered. Competitors awarded a bye to their sectional championships or the U.S. Championships will receive official notification in writing from U.S. Figure Skating. All competitors wishing to compete in the 2011 qualifying competition season, including those who receive a bye, must enter by the Sept. 1, 2010, deadline.

D. ENTRY FEES

All competitors entering the 2011 qualifying competition season must submit payment of the appropriate entry fee (amounts listed below) to U.S. Figure Skating. All competitors are required to pay both the entry fee into the qualifying competition season (for each event entered) and the administrative fee. All fees are nonrefundable.

2011 Qualifying Competition Season Entry Fees

Entry Fee	Level/Discipline
\$130	Juvenile/Intermediate/Novice/Junior/Senior Singles (First competition at regional championships)
\$150	Juvenile/Intermediate Pairs and Dance Teams (First competition at sectional championships)
\$150	Novice/Junior/Senior Pairs and Dance Teams (First competition at sectional championships)
\$10	Administrative Fee/Entry (All entries subject to payment of administrative fee)

Sectional Championships Qualifying Entry Fees

Those singles skaters advancing, regardless of method, from their regional championships to the sectional championships will incur an additional \$150 entry fee plus \$10 administrative fee. This total will automatically be charged to the credit card used to pay the initial entry fee.

ENTRY FEE BREAKDOWN for 2011 QUALIFYING COMPETITION SEASON

	Regional Championships	Sectional Championships	U.S. Junior Championships	U.S. Championships
Singles Skaters	\$130	\$150	N/A	N/A
Juvenile/Intermediate Pairs and Dance	N/A	\$150	N/A	N/A
Novice/Junior/Senior Pairs and Dance	N/A	\$150	N/A	N/A

Your registration is not considered valid until all appropriate entry and administrative fees are paid and all required forms (including the planned program content sheet) are completed online to U.S. Figure Skating.

2011 North Atlantic Regional Figure Skating Championships

E. PAYMENT

Online payment via credit card is the **ONLY** accepted form of payment.

For those competitors advancing to their respective sectional championships from their regional championships, the credit card used during the initial entry registration will be automatically charged the additional sectional entry fee. If an alternative card must be used for the payment of the sectional entry fee, contact Lindsay Mulvey, U.S. Figure Skating, at 719.635.5200.

Once entered, all withdrawals are considered final. A skater may not reenter even if the withdrawal occurs prior to the entry deadline on Sept. 1, 2010.

***If you need to withdraw, you must send an email to Pamela Crowley at pcrowley@usfigureskating.org, with your name, U.S. Figure Skating membership number and the competition from which you wish to withdraw.**

3. TECHNICAL DETAILS

A. CONDUCT OF EVENTS

For the 2011 season, all events and levels at all championship competitions (regional, sectional, U.S. Junior Championships, U.S. Championships) will be conducted in accordance with the international judging system (IJS).

B. AGE and TEST QUALIFICATIONS

All age and test requirements can be found in the U.S. Figure Skating Rulebook starting with Rule 3640 (senior singles) and on the U.S. Figure Skating web site at http://www.usfigureskating.org/New_Judging.asp.

C. TECHNICAL ELEMENTS

The well-balanced program charts for all levels and disciplines are posted on the U.S. Figure Skating web site at http://www.usfigureskating.org/New_Judging.asp?id=355. As referenced earlier in this announcement, U.S. Figure Skating will incorporate all changes made by the ISU with regard to well-balanced programs. Please refer to this web site often for continuous updates.

PLANNED PROGRAM CONTENT SHEET (Required component)

All competitors entering into the 2011 qualifying competition season are required as part of their online registration to submit a planned program content sheet (PPCS) detailing the elements in their program(s). You may update your PPCS at www.usfsaonline.org up to one week prior to the start of your competition. Failure to do so creates extra work for the officials working your competition. **You will not be allowed to receive your credential at registration until your PPCS is submitted.**

D. MUSIC

COMPETITION MUSIC INFORMATION (Required component of online registration)

U.S. Figure Skating requires all competitors to fully complete a competition music information form as part of the online registration process.

2011 North Atlantic Regional Figure Skating Championships

The following information is required for each piece of music used in the composition of the short program and free skate: composer, orchestra, duration of music, record label/number (optional but highly recommended if obtainable).

COMPACT DISCS (CDs)

For all qualifying events during the 2011 season, CDs are the only acceptable media. CDs must be:

- Clearly marked with name (last name, first name), event entered and the music time/length.
- **Each CD must have only ONE (1) track on it. In the case of a short program and free program, two (2) separate discs must be used.** Any disc with more than one (1) track will NOT be accepted!
- Lead in time (time before the music begins) on CDs may not exceed two (2) seconds.
- **Due to compatibility and reliability reasons, music may NOT be submitted on re-recordable "CD-RW" discs.**
- Each CD must be turned in - in a paper CD sleeve with a see through window (obtainable at any office supply store), also labeled with the skater's name and event. Standard hard plastic jewel cases or other CD holders are no longer acceptable. CDs that are not properly identified will NOT be accepted

Competition music must be turned in at the registration desk at the time of registration. At the Championships, competitors will not receive their credentials at registration until they turn in their music. The originals used at the regional championships will be forwarded to the sectional championships and the U.S. Junior Championships for those advancing. Those qualifying from the sectional championships will have their original music forwarded on to the U.S. Junior Championships/U.S. Championships.

Skaters receiving byes to the U.S. Championships must mail their competition music on CD no later than one (1) month (Dec. 22, 2010) prior to the start of the U.S. Championships to the following address:

Pete Zurlinden
U.S. Championships Music Tech
2950 Los Olivos Lane
La Crescenta, CA 91214-2813

CD's are to be mailed in "CD Mailers", which can be obtained at the post office or any office supply store.

All competitors must have at least one (1) additional copy rinkside at practice sessions and during the actual competition event. The LOC will accept no responsibility for damage or loss. CDs not picked up by the end of the competition are not the responsibility of the LOC and will be discarded.

E. OFFICIAL BULLETIN BOARD

The official bulletin board will contain any announcements or changes, and it is the responsibility of the competitors to check it often for official notices. Please refer to the local portion of the announcement for further information regarding the bulletin board.

4. ADVANCEMENT TO SECTIONAL CHAMPIONSHIPS/U.S. JUNIOR CHAMPIONSHIPS

A. QUALIFIERS

SINGLES COMPETITORS

All singles competitors advancing to the sectional championships or the U.S. Junior Championships will receive instructions for downloading the specific event announcement from www.usfsonline.org for the competition to which they have advanced.

For every competitor, all information required to be sent to the sectional championships or U.S. Junior Figure Skating Championships local organizing committees (photos, practice ice requests, etc.) must be postmarked no later than the deadline on the respective form.

For those competitors receiving a bye to the sectional championships, you will receive either instructions for downloading the announcement or your announcement via email and must follow the deadlines set forth by the LOC.

B. ALTERNATES

Skaters placing in fifth and sixth place (unless there are fill-ins) at the regional championships in the novice, junior and senior singles events will be designated as first and second alternates. These competitors will be provided access to an event announcement as they may be selected to compete up to 48 hours before their competition event.

The succeeding two (2) placed skaters not advanced by the percentage system in juvenile and intermediate singles are the first and second alternates respectively and will be provided access to an announcement for the U.S. Junior Championships.

Alternates **DO NOT need to mail in any paperwork or required forms unless contacted by U.S. Figure Skating.**

5. INSURANCE/LIABILITY

A. LIABILITY

U.S. Figure Skating, the host club(s) and/or interclub association, the organizing committee, and the ice arenas being utilized for these events accept no responsibility for injury or damage sustained by any participant in these championships (U.S. Figure Skating Rule 3222).

5. ANTIDOPING

2011 North Atlantic Regional Figure Skating Championships

Anti-doping tests will be conducted at the 2011 AT&T U.S. Figure Skating Championships, held in Greensboro, N.C., Jan. 22-30, 2011. Senior-level competitors only are eligible to be tested. If selected, testing is mandatory.

6. CONTACTS

For further information, requests should be addressed to:

A. U.S. FIGURE SKATING

U.S. Figure Skating Competitions Coordinator

Pamela Crowley

pcrowley@usfigureskating.org

Chair, Competitions Committee

Lynn Goldman

lgoldman1@austin.rr.com

B. LOCAL ORGANIZING COMMITTEE

Please refer to the additional information located on the following pages for detailed contact information for the local organizing committee hosting your specific championships.

LOC Contact

Mary-Elizabeth Wightman

marye@orda.org

518.523.1655 x295 (Monday-Friday, 9am-5pm)

Chief Referee

Heather Nemier

hmnemier@comcast.net

2011 North Atlantic Regional Figure Skating Championships

Arenas

All rinks are located at the Olympic Center – 2634 Main Street, Lake Placid, NY 12946.

<i>1980 Rink – Herb Brooks Arena</i>	100' x 200'	Competition & Practice
<i>1932 Rink – Jack Shea Arena</i>	100' x 200'	Competition & Practice
<i>USA Rink</i>	85' x 200'	Practice

Registration Desk

The registration desk will be located across from the Arena Office on the main level of the Olympic Center just outside the main doors to the 1980 Rink. Registration will be open one hour before the first official practice until the end of official practice on the first day of official practice. After that, it will be open one hour before the start of competition through the end of competition for that day.

Competitors will not be able to pick up their credentials until their music is turned into the registration desk. Coaches will not receive a credential unless they provide a government issued photo I.D. and:

- Are a current U.S. Figure Skating member
- Are a current PSA member
- Have completed Coach Registration
- Are Category A CER compliant

Please contact Mary-Elizabeth Wightman if you have any questions regarding registration at marye@orda.org or 518-523-1655 x295.

Official Bulletin Boards

All announcements will be posted on the official bulletin board located at the registration desk.

Awards

Time and location of awards ceremonies will be available following the release of the official schedule. Competitors receiving an award should plan to be in costume and at the ceremony for official photographs.

Admission Prices

Daily Admission: \$10 Adults
\$7 Juniors/Seniors (age 7-12; 65+)

All Event Tickets: \$45 Adults
\$30 Juniors/Seniors (age 7-12; 65+)

Credentials

Chaperone Credentials

Each competitor is entitled to ONE chaperone credential. You may buy an additional credential for \$35. Only parents, legal guardians or family members may receive chaperone credential(s). Chaperone credentials provide entry to all appropriate arena facilities, seating areas and all designated chaperone areas.

2011 North Atlantic Regional Figure Skating Championships

Coach Credentials

Rule 3032 in the U.S. Figure Skating Rulebook states:

Any coach being credentialed for a U.S. Figure Skating competition, either qualifying or nonqualifying must:

- A. be a member of U.S. Figure Skating
- B. successfully complete the coach's registration required under MR 5.11
- C. complete the continuing education requirements specified in MR 5.12
- D. for qualifying competitions only, be a member of the Professional Skaters Association (PSA)

Each single's skater may designate a maximum of two coaches for rinkside credentials. One complementary coach credential is included in the skater's entry fee. Additional coaches' credentials may be purchased for \$35.

LOST CREDENTIALS WILL BE REPLACED WITH A \$35 FEE.

Practice Ice

Following the close of entries skaters will be sent login information for the North Atlantic Regional page of www.lakeplacidskating.com. Practice ice will be available in 30 minute increments on that site at a cost of \$15 per session. A practice ice schedule will be available following the release of the official competition schedule.

Official Practice Ice

You may reserve official practice ice through www.lakeplacidskating.com and will be assigned times. Practice ice will be available for ALL skaters advancing to the final rounds at the registration desk following the completion of that level's qualifying rounds.

Unofficial Practice Ice

Unofficial practice ice will be available online through www.lakeplacidskating.com beginning Sept. 20 and ending Sept. 28. After that, you may purchase any additional unofficial practice ice at the registration desk.

Videotaping and Photography Policies

The Regional Figure Skating Championships will be professionally videotaped. Due to copyright law, videotaping of the competition in any form is not permitted. Photographs are permitted for personal use only, but for the safety of the skaters, no flash photography is allowed. Any resale of photography is strictly prohibited. Thank you for your compliance with these policies.

Driving Directions

From New York City, New Jersey and points South

Take the New York State Thruway (I-87) north to Exit 24 (Albany).

Take I-87 north (Adirondack Northway) to Exit 30.

Pick up Route 9 north and follow it for two miles to Route 73.

Continue on Route 73 for 28 Miles to Lake Placid.

Drive time from New York City - 5 hours; Albany - 2 1/2 hours

From Albany

Follow I-87 north (Adirondack Northway) to Exit 30.

Pick up Route 9 north and follow it for two miles to Route 73.

Continue on Route 73 for 28 Miles to Lake Placid.

2011 North Atlantic Regional Figure Skating Championships

From Buffalo, Rochester, Syracuse and points West

Take I-90 (New York State Thruway) east to Exit 36 (Syracuse).

Pick up I-81 north and follow to Watertown.

Take Route 3 and follow it east to Saranac Lake

Follow Route 86 east to Lake Placid.

Drive time from Buffalo - 5 1/2 hours

Rochester - 4 1/2 hours

Syracuse - 3 1/2 hours

Accommodations

Hotel reservations can be made through our official hotel site beginning July 10th by going to the following website:

<http://lakeplacid.com/lpecvb/z-reservation.cfm?conferenceID=36>

Area Attractions

There are many different restaurants in many price ranges located within walking distance of the arena. Please visit www.lakeplacid.com to discover the different recreational opportunities available in October.

LOC Contact Information

Mary-Elizabeth Wightman

marye@orda.org

518.523.1655 x295 (Monday-Friday, 9am-5pm)

Chief Referee

Heather Nemier

hmnemier@comcast.net

Program Photos

Each skater is asked to submit a photo by e-mail to skating@orda.org to be included in the official program. Deadline for submission is Sept. 8, 2010.

Event Merchandise

Event merchandise will be available for pre-order by logging in to your account on the North Atlantic Regional page of www.lakeplacidskating.com. A LIMITED amount of merchandise will also be available for sale at the event. It is HIGHLY RECOMMENDED that you pre-purchase merchandise.

2011 North Atlantic Regional Figure Skating Championships

Program Good Luck Ads

Good Luck ads in the program are a way to wish your skater good luck in the official event program. Each good luck ad costs \$25 and includes a copy of the official event program.

Skater's Name _____

Choose from the following pictures (circle):



Message (20 word limit)

Please send full payment payable to ORDA by September 8, 2010 to:
Olympic Center
2011 North Atlantics
2634 Main Street
Lake Placid, NY 12946

2011 North Atlantic Regional Figure Skating Championships

Credential Request Form

Please complete the following form to request credentials. All skaters will receive one (1) each of the following: skater's credential, chaperone credential, coach's credential. Additional credentials are available for a fee of \$35.

Skater's Name _____

Skater's Event/Level _____

Names for Credentials:

Competitor's Credential: _____

Coach/Choreographer Credential: _____

Chaperone Credential: _____

Additional Credentials:

Chaperone \$35

Second Chaperone's Name: _____

Coach/Choreographer \$35

Second Coach/Choreographer's Name: _____

****ALL Coaches/Choreographers MUST check in at the event registration desk and show a valid photo ID. Coaches must be current members of U.S. Figure Skating, the PSA, have a current Coaches Registration Card and be Category A CER compliant. Coaches/choreographers are strongly urged to carry proof of each requirement.****

Please make checks for the full amount payable to: ORDA.
Deadline for postmark is no later than Sept. 10, 2010.

Mail to:
Olympic Center
2011 North Atlantics
2634 Main Street
Lake Placid, NY 12946