

Do you have APPROVAL to use your meds???

Medication Approval Process & Checklist for: **Singles, Pairs and Dance Skaters in the International Selection Pool and SYNCHRO Skaters Competing at ISU International Events**

Updated 5 September 2009

For all beta-2 agonists:

(Examples: albuterol, formoterol, levalbuterol, pirbuterol, terbutaline / *Ventolin, Xopenex, Maxair, Advair Diskus, Symbicort*):

- ❖ **If skater is in ISU Registered Testing Pool...**
 - Send TUE application to USADA.
 - Skater must receive **ISU** Approval Certificate.

- ❖ **If skater is not in ISU Registered Testing Pool...**
 - Send a Declaration of Use form to USADA.
 - Send TUE application to USADA.
 - Declaration will be copied to ISU.
 - Skater must receive **USADA** Approval Certificate.*

For all inhaled glucocorticosteroids:

(Examples: beclomethasone, budesonide, fluticasone, mometasone, triamcinolone / *Qvar, Pulmicort, Flovent, Asmanex, Azmacort*):

- ❖ Everyone...
 - Send a Declaration of Use form to USADA.
 - Declaration will be copied to ISU.

For all other (non-asthma) prohibited substances:

(Examples: amphetamine, dextroamphetamine, methylphenidate / *Adderall, Ritalin*)

- ❖ Everyone...
 - Send TUE application to USADA.
 - Skater must receive **ISU** Approval Certificate.
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Always allow 3-6 weeks for processing of Approval Certificates.

Declaration of Use forms can be downloaded at:

<http://www.usfigureskating.org/content/ISU%20Declaration%20of%20Use%20Form.pdf>

***Note of Clarification:** Previously, *all* approval certificates had to be issued by the ISU. Recently, the ISU decided they will no longer process advance approval certificates for *asthma medications* for skaters who are *not in their registered testing pool*. Instead, they have declared USADA the authorizing party for this group of skaters. In the event of a positive sample, the ISU will draw upon the approval certificate issued by USADA, along with the application and material submitted by the non-RTP skater to USADA.

Check the status of medications and substances 24/7 at www.usada.org/dro