

Continuing Education Requirement Categories

Category	Competition Requirement	CER Requirements
A	<p>Qualifying competitions for singles/dance/pairs:</p> <ul style="list-style-type: none"> ➤ Regional Championships <ul style="list-style-type: none"> ○ New England ○ North Atlantic ○ South Atlantic ○ Eastern Great Lakes ○ Upper Great Lakes ○ Southwestern ○ Southwest Pacific ○ Northwest Pacific ○ Central Pacific ➤ Sectional Championships <ul style="list-style-type: none"> ○ Eastern ○ Midwestern ○ Pacific Coast ➤ Adult Sectional Championships <ul style="list-style-type: none"> ○ Eastern ○ Midwestern ○ Pacific Coast ➤ Junior Nationals Championships ➤ National Championships ➤ U.S. Adult Figure Skating Championships <p>Qualifying competitions for synchronized skating:</p> <ul style="list-style-type: none"> ➤ Synchronized Skating Sectional Championships <ul style="list-style-type: none"> ○ Eastern ○ Midwestern ○ Pacific Coast ➤ World Junior Synchronized Skating Qualifying Competition ➤ Synchronized Skating National Championships 	<p>Required Four Courses:</p> <ol style="list-style-type: none"> 1. Ethics 2. Sport Safety 3. U.S. Figure Skating Rules 4. IJS Rules
B	<p>Non-qualifying competitions or events:</p> <ul style="list-style-type: none"> ➤ Any competition with Invitational, Open, Challenge, Series, Trophy or Cup in the name ➤ Theatre on ice ➤ Intercollegiate skating ➤ High school competitions ➤ National Showcase ➤ State Games ➤ Test Track ➤ Adult non-championships ➤ Additional events at non-qualifying competitions: spins, jumps, artistic, compulsory, musical interpretation <p>Non-qualifying events at qualifying competitions:</p> <ul style="list-style-type: none"> ➤ Preliminary, pre-juvenile, open juvenile, open collegiate, and open adult synchronized skating teams at Synchronized Skating Sectional Championships <p>U.S Figure Skating Test Sessions</p>	<p>Required Three Courses:</p> <ol style="list-style-type: none"> 1. Ethics 2. Sport Safety 3. U.S. Figure Skating Rules
C	<p>Basic Skills Instructors, class assistants, volunteers</p> <p>Note: Programs/Clubs mandate the policy for their group instructors.</p>	<p>Not mandatory but recommended:</p> <ol style="list-style-type: none"> 1. Class Organization and Management 2. Basic Skating Skills and Evaluation 3. Growth and Retention of Members

D	Professional sport science support service provider ➤ Ex. Sport psychologist, PT, trainer, etc.	Coach must present proof of professional credentials in their field.
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